

GOOD LIFE *peninsula style*



37



INSIDE THIS ISSUE . . . WHAT'S ON, HEALTH & BEAUTY, VILLAGE LIFE, FASHION, WEDDINGS, EDUCATION, DINING OUT, LOCALS AT LEISURE, PENINSULA WINE COUNTRY, ARTS & GALLERIES, HOUSE & GARDEN.

Visitor
PUBLICATIONS

Harvey Norman®

Adjustable Beds



\$2499

'MK6 Fremantle' King Single Adjustable Ensemble.

Ideal if you have breathing, heart, back or leg problems, poor circulation or painful arthritis. Features electric head and foot lift with quiet operation, European stretch knit cover and deluxe innerspring mattress. Also available with optional massage action to help improve circulation. 5 year guarantee.

\$6499

Silentnight 'Royal Luxury Buckingham' King Mattress.

The ultimate in sleeping comfort. Hand crafted utilising luxurious comfort layers of cashmere and Performa foam plus a unique 'Pocket Spring on Pocket Spring' design. Minimises partner disturbance. 10 year guarantee.



Silentnight
BY BEARD SINCE 1899



Harvey Norman
THE BEDDING SPECIALIST

www.harveynorman.com.au

Product offers end 27/06/10.

Harvey Norman stores are operated by independent franchisees.

Accessories shown are not included.

**FRANKSTON
POWER CENTRE**
87 Cranbourne Rd 8796 0600

185291_FRA

30 years of quattro®



3% finance offer

Ends June 30

Celebrate the anniversary of Audi inventing quattro® permanent all-wheel drive with this landmark End of Financial Year finance offer.

- ▶ 3% p.a.* for 12 months.
- ▶ No deposit.
- ▶ Across the entire Audi range.

Don't miss out, this historic offer ends June 30.

Contact Audi Centre or call (03) 5975 5455 today.



Audi Mornington | 117 – Mornington-Tyabb Rd, Mornington.

Tel. 03 5975 5455 | www.audimornington.com.au



LMCT 10395

*Available to approved Business Applicants of Audi Finance** for New and Demonstrator Audi vehicles on a Hire Purchase over a 36, 48 or 60 month term with no deposit. Interest rate is 3% p.a. for the first 12 months and will be at market rate thereafter until the end of the contract. Offer starts on 14th May 2010 and ends on 30th June 2010, while stock lasts, and only available on vehicles ordered and delivered within this period. Full conditions are available on application. Fleet, government and rental buyers are excluded. Standard fees and charges apply. **Audi Finance is a trading name of Volkswagen Financial Services Australia Pty Ltd. DLXXX



4 LIVING THE GOODLIFE - PENINSULA PEOPLE
PAGE 8&9 PENINSULA SEEN, DIARY DATES 10&11 THE MITCHELLS AND THE CLARKS

12 WHAT'S ON WHAT'S NEW

16 KIDS ON THE PENINSULA

18 PENINSULA FASHION
WITH ANNETTE SANFILIPPO - DESTINATION SHOPPING, FLINDERS, MORNINGTON AND SORRENTO

24 VILLAGE LIFE - MT ELIZA

31 EDUCATION - LIFE SKILLS

36 WOMEN'S BUSINESS
38 CLUTTERBUSTING WITH KAREN

39 FOCUS ON FRANKSTON
39 FRANKSTON BUSINESS CHAMBER, PAGE 42 FRANKSTON DINING

42 DINING AND ENTERTAINMENT
50-51 AROUND THE RESTAURANTS
52 -54 GOURMET AND GARDEN

55 PENINSULA WINE COUNTRY
58 WWW QUEENS BIRTHDAY CELLAR DOOR INFORMATION

68 ARTS AND GALLERIES

70 HOUSE AND GARDEN

77 LOCALS AT LEISURE

80 HEALTH AND BEAUTY
88 CLARE MAXFIELD AND "WHO ARE YOU REALLY"

91 PENINSULA WEDDINGS

OUR COVER

Montalto
Fiona's of Mornington
Verde Bar & Bistro
Stillwater at Crittendens

PHOTOGRAPHS ABOVE

Merricks Estate
Amica Hair
Rose M Photography
LaMonicas

VISITOR
PUBLICATIONS

The Good Life Peninsula Style inc Peninsula Living is published by M & A Parsons of Visitor Publications, publishers of The Mornington Peninsula Visitor's Guide & Peninsula Wine Country

EDITOR Mary Parsons ADVERTISING CO-ORDINATOR Melissa Grigg
REGULAR CONTRIBUTORS Dianne Baxter, Karen Tatman, Clare Maxfield,
Jayne D'Arcy, Tim Bracher, Helen Jones, Annette Sanfilippo.

PRODUCTION Centreforce Pty Ltd Material in this publication is copyright & may not be published or reproduced in any form without the express permission from the publishers.

REGD OFFICE 33 Bruarong Crescent, Frankston CORRESPONDENCE PO Box 596, Mt Eliza 3930

SALES T 9787 9633 F 9787 8169 E goodlife@visitor.com.au



MONTALTO

VINEYARD & OLIVE GROVE



'5 Star Winery'
Halliday Wine
Companion
2010



'Chefs Hat'
The Age Good
Food Guide
2010



Best Australian Winery Restaurant
- The Australian



Abundance at Montalto **Olive Festival** **17 & 18 July 2010**

Restaurant: lunch daily, dinner Friday & Saturday

Cellar Door: daily 11-5pm

Piazza Café: weekends **Picnics:** November to April

33 Shoreham Rd, Red Hill South. Victoria. Mel Ref: 256 B2

tel: 03 5989 8412 **www.montalto.com.au**



Dear Readers

I am writing this on the lovely Greek island of Samos. And before you groan let me tell you that it is raining, the power is down on our side of the village and the hot water is off. I'm not just saying it so you will forgive me for deserting our shores over winter (mind you a lot of people do). Arthur and I have noted that the rain follows us. Pity it didn't work like that this year at home for my - and probably your - garden.

In this edition we have advice on landscaping and after last summer I am thinking of starting afresh but either way replenishing the empty spaces is on the top of my 'to do' list and we have some great garden centres to choose from including AustPlant and Diaco's.

In our **House and Garden** section you will also find helpful "Eco" advice on how to keep out the cold and save water. Our **Health and Beauty** emphasis is on prevention too - anti-aging, avoiding weight gain and early diagnosis and **Clare Maxfield** asks us who we really are, so we can escape those fashion disappointments and present ourselves in a balanced way.

Karen Tatman regales us with her 40 things she now knows. See how many ring bells for you. In **Fashion** Annette SanFilippo is at it again - urging us to splurge a little on the 'essentials'. She does make a good argument. **Education** has a teacher focus and we could all learn a lot from Trish Hill's Financial tips in "Women's Business"

We have 7 pages on **Weddings** including great bridal hair tips from Lorna Evans. If you or yours are contemplating nuptials then its never too soon to start planning and early booking is essential for many Peninsula venues as they are recognised far and wide for their beautiful settings, charming ambience and professionalism. And I didn't even get to the food & wine.

Of course in **Dining and Entertainment** we have a 'feast of options' for you - many of our restaurants have nominated their star dishes this season. As for the **Wine Country**, even if you can't make it on the QB Wine Weekend reward yourself with a visit to some of our award winning wineries over winter where the welcome is always warm and the wine - just wonderful. For a little inspiration start on page 55 and for even more pick up the Visitors Guide or log on to www.visitor.com.au

And finally **Dianne Baxter** has come up with a great new idea - the daycation. Catch her wise words on page 6 and start enjoying the Goodlife

Mary and Arthur and our "holding the fort heroes,"
Melissa, Amy and the puppies.

OUR PENINSULA *people*

Melissa Grigg

I have been working at the GoodLife for three years, and love living the GOOD LIFE... I also enjoying running with the love of my life, my dog Kenya. Other favourite pastimes are catching up with friend for a vino and vodkas, watching movies with my boyfriend and seeing my family. Best season of the year has to be Summer and there is no place better than McCrae beach on a 28+ degree day.



Amy Neil

A series of twist, turns and strange coincidences over the past 16 months lead Amy to Goodlife and the time she spent travelling gave her the fresh outlook and open minded approach to life which we so enjoy. Now she is home on the Peninsula and knows where she is heading, Amy is investing her energy, passion, drive, curiosity and creativity in all the right directions. Her life is...photography, design and enjoying the company of her treasured friends/family. Amy looks forward to sharing her experiences and love for life with the GoodLife readers.



Helen Jones

Helen Jones is best described as 'a full time mum who does the occasional spot of writing'. Born in the UK, she also lived in Canada before coming to Australia 15 years ago. With a background in advertising, a passion for the written word and a love of vintage clothing, she enjoys being part of the Peninsula community.



Annette Sanfilippo - a passion for fashion

Majoring in fine art and dance our lovely local fashion editor soon developed a strong creative passion for color, texture, design and fashion. After nearly twenty years in various aspects of the fashion arena Annette developed a love for millinery and accessories, launching her first collection during the 2002 L'Oreal Fashion Festival. Annette is at her quaint French style studio and bridal boutique at the Packing House Antique Craft Village.



Clare Maxfield writes both locally and internationally on all topics relating to image. Growing up on the Peninsula has meant that the Peninsula is always close to Clare's heart. Clare is the author of 5 books and the internationally best selling Getting Gorgeous. As an Image Consultant Clare's passion is to make looking good simple and attainable for everyone and in this issue she asks the question- Who are you, really?



Karen Tatman.

Lives: Red Hill. Age: rhymes with naughty.
Family: Long-suffering husband Chris, divine daughter Beth super spunky son Hugh and, according to the aforementioned long-suffering husband, far too many furry friends.



Dianne Baxter

Dianne lives on a small property with Ron - her partner of 21 years, two dogs - Miss Brodie and Georgia, two cats - Dudley and Beau, an Echidna that strolls through from time to time and countless varieties of birds that 'knock' on the backdoor for food!

When not working at her event and tourism agency (Trinity Marketing), Dianne loves to: lose herself in a good book, listen to an eclectic mix of music, travel (anywhere!), taste the temptations created by local chefs, dash to the cinema, and write down creative ideas as they spill over! Dianne's philosophy is to "look for something special in every day and laugh a lot". This issue Dianne explores the idea of a "Daycation."



Lorna Evans - been hairdressing for 25 years and been a salon owner for the past 19. Currently owns 3 successful salons on the Mornington Peninsula called Zumay Salon and Insalon. Winning her first IHS award in 1986 and many more after. Lorna has been hair educating all over Australia for the past 9 years for the L'Oreal group, Lorna is also a hair director for Sydney & Melbourne Fashion week and in 2009 Marie Claire voted her look to be the best in hair fashion. Lorna's photography work has been published in over 30 hair magazines both national and international. See our Wedding Section for her top tips for the bridal party.



55,000 WELL READ COPIES PER EDITION

The GoodLife delivered to 50,000 homes & postal boxes from Langwarrin to Portsea.

5,000 bulk dropped & venue copies to high traffic areas

DON'T MISS OUR NEXT ISSUE

Material DEADLINE 10th July
Book early for best positions.



PHONE 9787 9633 FOR ALL ADVERTISING ENQUIRIES OR
EMAIL goodlife@visitor.com.au

Mornington BMW

Sales
Service
Finance
Parts



The Ultimate
Driving Machine



JOY IS A LIFE FULL OF POSSIBILITIES.

Introducing a new Sports Activity Vehicle that uniquely combines agility with elegance, giving you the flexibility to lead a more spontaneous lifestyle. We are confident that its dynamic design, powerful engines, impressive fuel economy, reassuring safety features, excellent workmanship and cutting-edge technology will make it worth a drive.

Experience X1 for yourself. Contact Chris, Aaron or Adam at Mornington today.

JOY IS THE NEW BMW X1.

BMW EfficientDynamics 
Less consumption. More driving pleasure.

Mornington BMW

181 Mornington Tyabb Rd Mornington, Ph: 5970 5970
www.morningtonbmw.com.au LMCT 7674



Balnarring Village Shopping Centre
3050 Frankston Flinders Rd
Balnarring VIC 3926
Mel Ref: 193 D5



For all your shopping needs!

Free parking at Balnarring Village



Free 2hr parking at Dromana Hub

Your one stop shop!



Now ...that's convenient!



Dromana Hub Shopping Centre
217 & 251 Pt Nepean Rd
Dromana VIC 3936
Mel Ref: 159 H6

www.thatconvenient.com.au



LIVING *the Goodlife* with Dianne Baxter



Have you noticed the number of new words slipping into our everyday vocabulary?

Skype. Staycation. Twitter. Rough Luxe. Blog. Some are a form of expression that we believe necessary to communicate daily about what is happening in our lives. Others are new jargon about our vacationing habits. At the risk of English teachers of old breaking chalk at their blackboards, I am going to add a new one – for the purpose of this column: daycation!

What does daycation mean?

It is taking the time to 'smell the roses' for a whole day when life's pressures do not allow for more 'time out'. The months of May, June and July are times when a daycation is just what the mind, body and soul need!

With the beginning of Winter a small footstep away, why not look to enjoy the beauty and warmth of this season?

Marvellous May

Although Mother's Day has been and gone, this month is truly dedicated to those women who guide us in the right direction, who gave us a kiss and a hug to "make it better" when we scraped some part of our small body probably doing something we weren't meant to be doing, who has a tear in her eye when we perform a task that makes her proud, who taught us our times tables, who unconditionally loves us even when we test her patience – sometimes to the limit!

To all Mums – each and every day – we love you and say "thank you for all that you have done and continue to do throughout the years".

Daycation time with Mum could include: taking a stroll along the boardwalk at Boneo Maze and Wetlands (Fingal), enjoying the challenge of Ten Pin Bowling or mini golf at Top Fun, browsing at Sussex and Surrey, Mornington, having a mother-daughter photograph taken by Rose M Photography or Studio Max (Mornington), visiting Sunny Ridge Strawberry Farm (Main Ridge) and indulging in a delicious Devonshire Tea, thrilling to the pure pleasure of clothes shopping! Where? Mt Eliza, Mornington, Sorrento, Rye, Flinders and in between! Or perhaps a cut, colour and conversation at the Zumay Salon?

May could also be the time to create your own history.

When we look back on our life's journey: where we have been, where we wish to go and where we are right at this given moment – Mums (and Dads) are such an important part of who we are and what role in our lives they have played. A special way to show them 'your version of your journey' is to compile a scrapbook of not only photographs, old and new, but lines about moments of happiness created by their presence, cards and certificates you have kept, of your secret likes and dislikes as children and other stories relevant to your life with them. Such gift does not have to be given on a special day.



Old Favourites and the Unusual

**2117 Point Nepean Rd Rye
(opposite the Rye Yacht Club)**

5985 4154

FLINDERS 2010
ART SHOW 43rd Annual

Flinders Art Show extends a warm invitation to view our

43rd Art Show

at the Flinders Community Hall,
Cook Street, Flinders
Melway Ref: Map 261 J8



Queens Birthday Weekend
June 12, 13 & 14 -2010
Sat 10-5 | Sun 10-5 | Mon 10-3

This present will create a special day for those receiving it. Unsure of how to start this 'living' history? Paper2 in Mornington is a great place to visit and where all of your questions will be answered.

Cheers for June!

June opens up many options – apart from being a great month to be born!

The Winter Wine Weekend during the Queen's Birthday holiday period (June 12 to 14) is known throughout the region as one of the icon events of the year. Definitely a wine lover's occasion not to be missed! The launch event will be held on Saturday, June 12 at the Red Hill Showgrounds from 11am to 4pm, which will include tutored mini tasting seminars, wine tastings and fresh produce. The sheds will be transformed into a sea of colour, character, chat and no spillages!

Throughout the weekend, over 50 wineries will open their doors – all for great wine tastings – and some are offering a special wine and food experience. From hot goulash soup to lamb or duck pies; emu sausages to tapas lunches and much more. More information see our wine country pages from page 55.

June is also a great month to undertake a daycation culinary journey or two! Mind you, I prefer to call them 'destinations of delight'. We have some of the best restaurants in Victoria right here in our own 'backyard'.

Stillwater at Crittenden is in Dromana and presents tranquil lake and vine views whilst you sit back indulging in some of the tastiest food on the Peninsula. This dining experience should not be rushed! Stillwater is also offering special degustation dining on Saturday evening, June 12.



La Petanque Restaurant (pictured) in Main Ridge offers South of France cuisine. A short stroll down a straight pathway to a building tucked away from the road leads you into an intimate venue and delicious food. Take your time to taste, enjoy and linger.

Jump for July!

With all that 'daycation dashing', perhaps a time for wellness should be part of your Winter agenda. I find that Winter is the season for some of my favourite foods, but unhappily they are foods that often 'put on the pounds' (now kilos!). At the beginning of the year I did start a daily 'what goes in the mouth' file, which was a great way to keep up with some of the foods I should be limiting or exiting from my health regime. Sadly, however, this file seems to have um, shall we say, collapsed!

One way to keep healthy – and it is free – is to walk. There are some great pathways throughout the Peninsula: some shared, some for walking only. Stroll from Mornington to Mount Martha along winding tracks along the cliff tops and stop for a breather while taking in spectacular views at lookout points. Maybe just rug up, click the lead onto your dog's collar and both of you will enjoy time keeping fit together. Gardening. Another enjoyable way to keep nimble. Or simply buy a skipping rope and keep up the fitness routine.

Once some of the hard work has been done, relax and benefit from a Balance package 'daycation' experience at Peninsula Life Medispa, Mornington – a foot bath, a facial and a body massage are just some of the components included in this package to stimulate the senses.

Although the English language may never be what it was when I went to school, maybe there are some positive outcomes to new words!
Until the next edition!



Cheers for now - Dianne
P.S. As my husband was reading over my shoulder, he asked: "what were your likes and dislikes as a child"? I responded – I loathed brussel sprouts (still do!) and as I ventured down life's path, I fell in love with Robert Redford in the movie "The Way We Were". Or was it simply a case of young lust?



Decor, giftware, homeware

Villeroy & Boch | Burleighware - Blue Calico
T.G Green & Co. Cornish Blue | Fairmont & Main
MOR Cosmetics



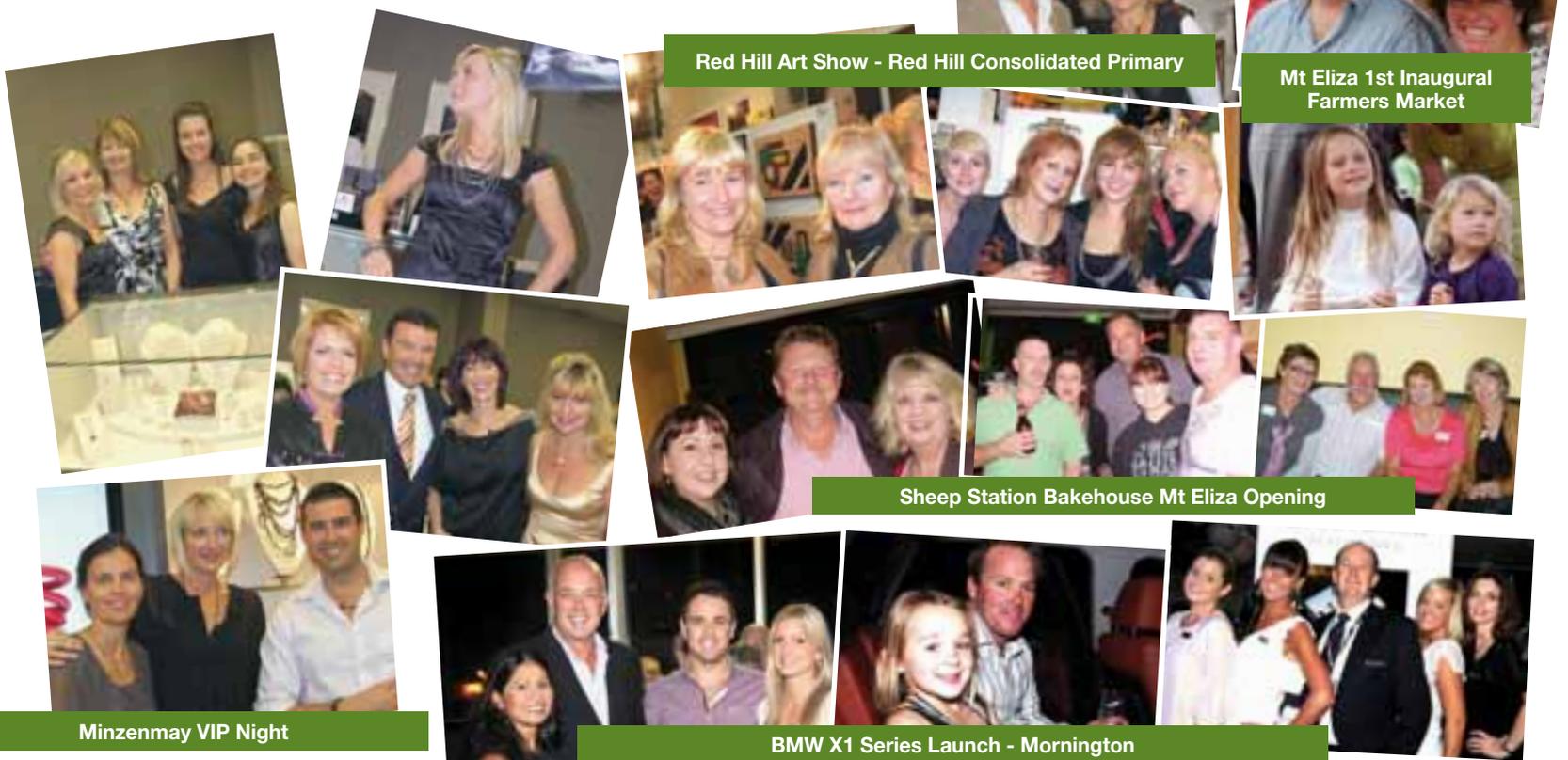
Shop 11 The Mall 78- 96
Main Street Mornington
Ph: 5976 4504



Shop 1/10 Blamey Place
Mornington 3931
P: 5976 3218
M: 0408 311 911
E: rose@rosemphotography.com
www.rosemphotography.com



PENINSULA *seen*



Red Hill Art Show - Red Hill Consolidated Primary

Mt Eliza 1st Inaugural Farmers Market

Sheep Station Bakehouse Mt Eliza Opening

Minzenmay VIP Night

BMW X1 Series Launch - Mornington



Jacobs & Lowe-Bennetts Property Management Team - Mornington

Offering a premium service to all investment property owners, along with the highest possible return on your rental income.

- Dedicated leasing department available 6 days per week.
- 5 Property Managers available 6 days per week including Saturdays.
- 24 hour, 7 days per week emergency after hours phone.
- All calls and emails returned promptly by your dedicated Property Manager.
- Rental funds transferred to your account promptly.
- Transfer of management from existing agent – free of charge.
- Rent reviews extensively researched to maximise your income.

Call Sue Blaikie on **(03) 5976 5968** or email sueb@jlbre.com.au

220 Main Street, Mornington (03) 5976 5900 www.jlbre.com.au

JACOBS & LOWE-BENNETTS

ESTATE AGENTS SINCE 1905

DIARY DATES

June

6th-11th June

Taste Of Sorrento

See page 10 for details

Womens Loved It Market

See page 17 for details

June 7th & 10th

Life Solutions

See page 36 for details

11th June 7pm

Flinders Art Show Opening

See page 14 for more details

12th June

Winter Wine Festival

Showcasing wines from the

Mornington Peninsula

See page 58 for details

13th June

Morning Star Estate

presents Raw Silk Jazz- pg 43

12th June - 11th July

Whitehill Gallery Presents

Malcolm Beattie

See page 68 for details

15th June - 11th July

Sorrento On Sale

See page 20 for details

June 17th - 20th

Plos Performance

See page 68 for details

23th of June

Morning Star Estate

presents The Rat Pack- pg 43

July

July 9th

Veraison Restaurant

See page 59 for more details

17-18th July

Montalto Olive Festival

Celebrating all things olive

Shoreham Road Red Hill Sth

July 23rd - 25th

Derinya Art Exhibition

Overport Road ph: 9787 3633

See page 14 for details

July 25th

Mornington Fun Run Or Walk

8am at Mornington Park

Profits to Peter McCullum Cancer

ph: 5975 4255

mornington-commerce.com.au

August

15th Of August

Loved It Baby Market- pg 17



Pretty In Pink Fashion Parade at Mornington Wedding and Convention Centre



Red Hill Long Lunch

Cool Climate Wine Show at MRC

MORNING STAR ESTATE

PRESENTS

EXPERIENCE CREATIVE WINTER CUISINE

22 acres of exquisite gardens, vineyards and sweeping views
of Port Phillip Bay from your table

\$35 two course weekday special

• Wednesday - Thursday - Friday •

Includes a glass of house wine.

See our website for Winter Events and Live Shows :

www.morningstarestate.com.au

REGISTER ONLINE

to be advised of special offers and events

AND WIN A \$35

weekday lunch voucher to be used in the estate restaurant



Morning Star Estate. 1 Sunnyside Road, Mt. Eliza 3930 Telephone 9787 7760
www.morningstarestate.com.au

VINEYARD RESTAURANT BOUTIQUE HOTEL CELLAR DOOR WEDDINGS FUNCTIONS



TASTE OF SORRENTO JUNE 6-11, 2010

Sorrento has so much to offer food, wine and coffee lovers that they thought it was about time to celebrate it. There's no better time to relax and indulge with great food, award winning wine, winter warming coffee, or to take some time out to learn about culinary delights, than in Winter - when being outside is not always an option. Taste of Sorrento is a new food & wine event that celebrates all that the Peninsula has to offer, and puts a new spin on a food and wine festival. With events spread over the week prior to the June long weekend, there's plenty of time to visit more than once or stay for a few days. There



are masterclasses, cooking demonstrations & tastings, chef authors, degustations, Jazz & Shiraz, gourmet menus, food films & art, winter warming ice creams, chocolate, coffee & more, all set in a spectacular historic seaside village. Sorrento is the perfect place to indulge the senses.

Events will include:

- Rosa Mitchell from The Journal Canteen restaurant in Flinders Lane, Melbourne will deliver a talk on her new book "My Cousin Rosa" coupled with a 3 course dinner prepared from her book by the chefs at Joey's Place
- Hotel Sorrento will launch its new beer "Shark Draught" with a special "Shark Bite" menu
- The Koonya Hotel will host a "Fish Market Luncheon" where you select your fish and have it freshly cooked and more...

To find out more visit www.tasteofsorrento.com.au, or SMS follow taste@SPCC to 0427 800 800 to be kept informed and for special offers. Bookings essential.



Full event program available at:
www.tasteofsorrento.com.au

Brought to you by:



PENINSULA PEOPLE

Second

The Mitchells - Montalto Vineyard & Olive Grove, Red Hill

Getting their own work-life balance right at Montalto Vineyard and Restaurant is perhaps the biggest challenge for the Mitchell family. During the past decade the business has quickly grown from a successful local wine venue into an iconic Peninsula food, wine and cultural attraction.

"Because of our high quality and committed staff, we should - in theory be able to take off a couple of months to travel, but we're continually evolving and improving", says John Mitchell "... and, anyway, Wendy would fret if she's not around to seed the tomatoes in her kitchen garden"

Wendy Mitchell's popularity as the Peninsula's 'celebrity' kitchen gardener has provided her with a profile that she never imagined, nor particularly wanted. People come from far afield to her Montalto garden, often bringing rare and unusual seeds to swap with her.

Apart from the tomatoes, there's little chance of the Mitchell family sailing into a Tahitian sunset or settling into a Tuscan villa in the near future. They recently brought the winemaking in-house, after years of it being produced at Scotchman's Hill on the Bellarine Peninsula. The large factory and coolrooms in Tubbarubba Road will eventually also provide contract winemaking for other local vineyards. Montalto already provides contract vineyard maintenance for 50 Peninsula properties.

For daughter Heidi (Williams), her days in the legal industry are long behind her, especially as she now has two young boys - Lewis and Sonny - as well as the family business to fill her every waking hour. Husband, Neil Williams, is also involved as the graphic design consultant for Montalto and as the curator of the now well established annual Montalto Sculpture Prize.

This year's sculpture competition attracted 100 entrants from around Australia, from which 26 were selected for exhibition. Each year the Mitchells purchase one or two items for the Montalto collection, so the 19 permanent pieces scattered about the Westernport hillside property makes it a year-round cultural attraction in its own right.

Throw-in the Mitchells' hosting of the Peninsula Summer Music's opening and closing night performances, an annual Shakespearean lunch in February, the two day mid winter Olive Fest and their involvement with the Foundation 59 Peninsula youth organization, and you start to appreciate what an integral role the business plays in local life.

In between, John still manages to squeeze in some time to race his Couta boat with Flinders Yacht Club and to sit on the board of Tourism Victoria.

It becomes very clear that their extended 'family' includes the 20 full time staff, many of whom have been with them for between five and ten years. Some have relocated from city jobs to be part of the Montalto team, but most are local people who have grown up with the business. Some staff have left to try other things and places, but several have returned to the family bosom.

The Mitchells have even introduced a program of 'staff rows' in the vineyard, which enables staff members to tend the vines throughout the growing year, then to enjoy the fruits of their labour through a few dozen bottles.



"It is a form of training in one sense", says John, "but it also helps to reinforce to the restaurant staff that we are principally a vineyard".

"We're a business and a business has to be viable and sustainable, but the nice thing about not having to answer to a board of directors is that we can instil a value system which revolves around a belief in our staff and making them feel comfortable, but never complacent".

And what's the Mitchell's advice for surviving in business together:

John: "Make sure you get the business into perspective and never put family at risk. At the same time, don't sweep things under the carpet that need to be discussed with each other".

Heidi: "A family business needs to be carefully nurtured and, despite the relationships between family members, you need to treat it as a workplace, so that you can develop and grow professionally".

**Montalto Vineyard and Olive Grove
33 Shoreham Rd, Red Hill
Tel. 5989 8412 www.montalto.com.au**

Generation Peninsula Tourism

The Clarks - Lindenderry, Red Hill

It's 15 years since Lindenderry Country House Hotel appeared in the Peninsula hinterland. It heralded the transformation of the region from summer sun and sand to a year-round mix of quality food, wine and accommodation.

The original directors, Jan and Peter Clark, are still behind the scenes, but these days the helm of the operation is very much in the hands of their son, Julian.

As C.E.O. of the Lancemore Group, his management portfolio includes the original property, Lancemore Hill in Lancefield, Lindenwarrah at Milawa and Red Hill's Lindenderry. As if life is not already busy enough, from June this year he also adds The Mansion Hotel at

Werribee Park to the company's collection of boutique hotels. However, you get the impression that nothing would rattle Julian Clark, especially given his international career in financial services. The fact that he comes from a very close family, who are still there to support him when required, must also make the job much easier.

Chairman of the Lancemore Group, Peter Clark, ran one of the country's biggest management and training consultancies, while Jan started her career as a clothing designer, before moving into youth work, counselling and then consulting. Her ability and love of art, design and architecture has always been what sets Lindenderry apart from other country retreats. They still pop down to Red Hill regularly, but confidently leave the overall management to Julian.

Melbourne born and educated, Julian completed Arts/ Commerce at Melbourne University, before heading overseas for post-graduate studies. Stints in London, then Sydney, saw him providing

corporate strategic advice to some of the country's large banks and insurance companies.

"I owe those companies a lot for what they taught me, but banking is very task orientated, whereas I love this role because it is very relationship focused: with staff, clients, suppliers and the community.

"So much of the success of our company is due to the staff, many of whom have been with us for up to 20 years. Jan has always impressed upon me that it's important to get to know them as individuals."

There was never pressure on the four Clark children to join the family business, though their three daughters and Julian were often involved during school holidays. However, growing up in such an energetic and creative family meant that it was hard not to absorb the excitement of running some of Victoria's premier conferencing and accommodation properties.

In 2001 the Clark family's reputation in running high quality country hotels resulted in them being invited by Brown Brothers of Milawa to establish Lindenwarrah on a section of the historic grape growing property.

Their Red Hill property has always been surrounded by vines, and the Lindenderry wines made by Lindsay Mc Call have been steadily gaining attention. This year the cellar door facility and adjacent alfresco dining area will be expanded and revamped. A large wood-fired oven among the trees is a sign of the more casual style of eating to be offered while visitors gaze over the vine-clad slopes.

Inside Lindenderry, the open and airy interiors, with their views across and into the bushland,



looks as fresh as they did 15 years ago. This year will also see a refurbishment of the beautiful Linden Tree Restaurant and a new accomplished kitchen team is already in place. The Clarks want to refocus the wine and food components of Lindenderry as a destination for the local community; a place to drop in for just some casual food and a glass of wine, through to a memorable meal or special function.

What's the Clark secret to working together?

Julian: Respecting what each other brings to the table and to make sure that you never lose track that, above everything else, you are first and foremost 'family'.

It's a privilege to work with the knowledge and support of them both and knowing that they're in your corner every day of the week.

Jan: Our business and family life has always been based on a very strong set of values and we know that Julian carries them as well. It's a relationship based on mutual respect as well as love.

Lindenderry at Red Hill
142 Arthurs Seat Rd. Tel 5989 2933
www.lindenderry.com.au



Join Executive Chef, Bob Coley, straight from the Press Club, on Thursday nights for locals' night and bring your favorite bottle of wine.

Linden Tree Restaurant at Lindenderry

Opening Hours
Dinner Thursday – Saturday
Lunch on Weekends

Cellar Door offering Wood Fired Pizza and light lunches on Saturday and Sunday

142 Arthurs Seat Rd, Red Hill
Telephone 03 5989 2933
www.lindenderry.com.au
info@lindenderry.com.au



LINDEN TREE
AT LINDENDERRY

Wellness programs – a Springs hit

Peninsula Hot Springs has developed innovative wellness programs over the past six months which incorporate many of the new pools in the Bath House area, opened in December last year.

While some programs are self-guided, an immediate hit has been the instructor-lead 'YoDa' course – a combination of yoga and dance.

Amanda Ransom, who recently moved from Melbourne to live on the Mornington Peninsula, is the creator of this new form of movement which integrates the practices of dance and yoga for optimum core strength.

At Peninsula Hot Springs, YoDa will be conducted in and around the thermal pools providing a water-based extension to this emerging fitness evolution – Aqua YoDa.

Other health and wellness programs involve the deeper hydrotherapy pool, ideal for walking exercises and also practising watsu on a friend. Watsu, or water shiatsu, is a form of aqua massage and water therapy treatment where the therapist (or your friend) gently rocks and cradles the client within rejuvenating waters. Watsu uses a combination of massage, acupressure, and yoga techniques.

The Peninsula Hot Springs reflexology walk is unique in Australia. This pool has 10 different varieties of stones set in the base of this hot spring water course. The shape and roughness of each type of stone provides a different pressure and stimulation to the base of your feet.

The benefits of reflexology are said to include: relaxation of the body and mind; relieving stress and tension; improvement of the circulation of blood and lymphatic systems, and; improvement of nervous system functioning.



Aqua YoDa Session Times: Sun 8am – 9am, Mon 7:15am – 8:15am, Fri 6:15pm – 7:15pm
Private sessions can be arranged by appointment. Casual rates are \$15 for the class and \$15 for the bathing and you can stay on to bathe at Peninsula Hot Springs after your class.
Booking is essential since class sizes are small – please phone Amanda on 0421 856 453 or email dancetemple@gmail.com



Top 5 gift ideas from the private Spa Dreaming Centre

1 Massage and Bathe for One

Enjoy a relaxing soak in the thermal pools and a one hour Kodo body massage. \$160 per person

2 Bliss

Arrive an hour before your treatment commences for a fresh juice and leisurely dip in the thermal pools. Then enjoy a private aromatherapy bath with your selection of our aromatic oils. Afterwards enjoy lunch and a glass of wine or juice in the café. Then begin the Dreaming treatment which includes a hand and foot treatment, full body massage, mud wrap, facial and scalp treatment. Allow 5.5 hours. \$500/person, \$990/couple



3 Appetite Package for Two

Enjoy a relaxing soak in the thermal pools and a one hour full body massage of your choice. Includes breakfast or lunch before or after your massage. 3.5 hours: \$370 per couple

4 Yinga Massage

Our new Peninsula Hot Springs signature treatment starts with a thermal mineral foot bath and proceeds with a full body massage. Created by our experienced therapists, this invigorating and dynamic treatment will relax and provide a sense of total balance. 60 mins: \$130 per person

GIFT CERTIFICATE  ONLINE

5 Dine and Bathe (Friday & Saturday evenings)

Bathing access to all thermal mineral pools 6pm-10pm, dinner and glass of wine, towel and robe hire and tea or coffee. \$70 per person



Peninsula Hot Springs

The peninsula's thermal wonderland



Experience the magic of natural thermal mineral waters flowing from deep underground ...



Winter's warm indulgence

- Natural hot mineral spring pools
- Private massage day spa retreat
- Group bookings welcome
- Family-friendly new Bath House
- Breakfast & lunch daily, dinner Tue, Fri, Sat
- Pasta & Bathe Tuesday evenings

Open 7 Days
7.30am to 10pm
Springs Lane, Rye
Melway: 169, A11
Ph: 03 5950 8777

www.peninsulahotspings.com

Celebrating 35 Years

The 2010 Derinya Art & Craft Exhibition - DACE - is a spectacular event show casing the talents of emerging and established Victorian and local artists.

This year's exhibition, celebrating its 35th year, will continue to feature a diverse range of artwork. It will include over 400 works of traditional styles to contemporary paintings; An array of Craft: sculpture, glassware, photography, ceramics, furniture and textiles - All works are for sale at the event.

Guest Artist, **Gerry Knight** will feature up to twelve of her figurative paintings and unique linocut prints.

Craft Artist **Andrew Kasper's Sculptures** will feature in the new and spacious Craft Gallery along side an array of exquisite craft pieces.

Glass maker and Jewellery designer, **Marlene Kasper**, will have some fine pieces on show, at reasonable prices.

The opening night on **Friday is a Gala Evening. Hours are from 7.30pm to 11pm. Tickets are available to purchase at the door for \$25.00, or may be pre-purchased by calling 9787 3633 or booking on-line.**

Pre-purchased ticket prices are \$22.50 or \$20 per person for groups of 10 or more. Your ticket will cover entry as well as wine, beer and gourmet finger food. The entry fee over the weekend is \$5.00 with opening hours on the Saturday -10am to 5pm and Sunday -10am to 4pm. Children's entry is free over the weekend.

The café will be open over the weekend selling hot and cold beverages, soup, toasted sandwiches and delicious cakes.

The Exhibition will be hosted by the Derinya Primary School, Overport Road, Frankston South from Friday, 23rd July 2010 to Sunday 25th July 2010

This event is definitely worth marking on your calendar. For further information: www.derinyaartexhibition.com or phone 9787 3633.

WHATS ON | *What's New*

Flinders Art Show – June Long Weekend

The Flinders Art Show, now in its 43rd year, promises to be another successful fund-raising event as well as a great expose for local artists. Last year's show resulted in the sale of a record 80 of the total exhibition of 469 paintings, enabling \$27,000 to be distributed to charitable and self-help groups on the Mornington Peninsula.

The mission of the Flinders Art Show is two-fold:

To give opportunities to artists to market their works and, with the revenue generated.

To give financial assistance to sustain community needs on the Mornington Peninsula.

This year's show will get off to a good start with an opening function from 7:00 to 10 pm on Friday,

June 11 (entrance fee of \$25). Many award categories will be represented, judged this year by Judith Chew. Once again there will be a Youth Encouragement Award for persons 18 years and under. Art demonstrations will be conducted by Catherine Hamilton on Saturday at 2:00 p.m. and Brian Kewley on Sunday at 2:00 p.m.

The Flinders Art Show extends a warm invitation to view this year's show at The Flinders Community Hall, Cook Street, Flinders. Melway Ref: Map 261 J8. (See advertisement page 6 for opening times.)



La Pétanque in Flinders!

La Pétanque Living has moved to the heart of Flinders, right in the middle of the Main Street. Previously situated adjacent to the fabulous La Pétanque Restaurant in Main Ridge, the cottage atmosphere remains in the old green house with its inviting veranda filled with baskets and French shopping bags. Take a look inside and you will find a new and exciting mix of French Provencal and the ultra modern.

Selling furniture, lighting, clocks, gifts, books, stationery, contemporary designer jewellery and L'Occitane Skincare, there is something for everyone. Designers from Europe and Australia are well represented, with a beautiful range of Australian designed Fink and Co. jugs and platters. Along with the jugs, some of the plates and glasses used in the restaurant can also be purchased in the boutique. A La Pétanque gift voucher makes the perfect gift as they can be redeemed in the restaurant or in the boutique.

NEW.....Loved It BABY Market...

For those shoppers who love to find a bargain..... visit the Mornington Peninsula's own Loved It BABY Market and Loved It WOMENS Market.

They have over 65 indoor stalls selling quality pre-loved clothing and accessories.

Loved It BABY Market is an ideal shopping experience for parents who are looking at saving money setting up their nursery or buying pre-loved clothes and toys in great condition...come along and find current baby and childrens fashion, bargain toys, books or prams!

If you have toys and clothes your children no longer use, or for those women who have a wardrobe bursting with clothes you no longer wear...then book

a stall, make some extra cash and have a fun day. Be quick as stalls fully book before every event.

Ask us about their fundraising stalls that support community organisations.

Join them for a day of bargains.

Loved It BABY Market next event..... August 15th & November 28th 2010

Loved It WOMENS Market next event.. June 6th & October 17th 2010

Mornington Racecourse Dining Room, Gate 2, Racecourse Rd, Mornington 9.30am – 1.30pm \$3 entry and free parking. Stall enquiries: 0417 138 125 or loveditmarket@yahoo.com.au

COMPETITION:

Win a night of fun, food and fine arts for you and 3 friends at the Opening Night Gala.

Simply go to www.derinyaartexhibition.com or www.derinyaartexhibition.com/> and enter online.

Competition will be drawn on July 7th **Winners will be notified by phone.**

derinya Art & Craft exhibition celebrating 35 years



JULY 23rd–25th

Opening Night Gala

Friday, 23rd July 2010 at 7.30pm

\$22.50 prepaid* • \$25 at the door
(*Group discounts available for 10 or more)
Includes drinks & gourmet finger food

SATURDAY: 10am–5pm • SUNDAY: 10am–4pm

Special Guests:
Gerry Knight (Art)
Andrew Kasper (Sculpture)
Marlene Kasper (Jewellery)

All works are original and available for purchase



Art Gallery • Craft Gallery • Jewellery Boutique • Café
Cnr Overport Rd & Derinya Dv • Frankston South 3199 • www.derinyaartexhibition.com • p: (03) 9787 3633



Happy Birthday to Audi

Audi in Mornington are celebrating their first birthday on the Peninsula and what a year it has been.

They have thrown themselves into the region with a very high level of community engagement and participation across a range of interests. We saw them at the Winter Wine Weekend supporting our wine industry and tourism; they sponsored the fabulous Portsea Golf Classic and the RACV Cape Schanck Golf Day. In Mt Eliza they chauffeured Santa at the Christmas Fair (and much more) and their assistance was much appreciated at Frankston's amazing Annual Christmas Festival. The Gala Ball at Toorak College, of course the marvelous Mornington Cup, but also the charity lunches with Red Silks and Hats n Hooves benefitted from their active assistance and generous support.

Audi Mornington officially opened May 8th 2009 and locals have embraced the brand. Branch manager John Stafford who has been pleased with the positive feedback, leads a small but knowledgeable team who provide a premium Audi experience on the Peninsula. They offer a complete range of services - sales (new and used), service, parts, accessories and finance.

And what does the Audi team love about the Peninsula? Lunch at the Rocks, the relaxed lifestyle and the friendly people

Audi have certainly made an impression this year and we wish them many successful years to come on the Peninsula.

Mornington Peninsula Winter Wine Weekend

12-14 June 2010

The vignerons of the Mornington Peninsula celebrate the June Queen's Birthday long weekend with Winter Wine Weekend, a calendar 'must' since its inception in 1988. Many well known producers come together and launch the Weekend at one venue, all undercover - rarely will anyone find over 50 Mornington Peninsula producers in one spot at any one time!

All Weekend

This year over 50 Peninsula wineries are throwing open cellar doors and pulling bungs on barrels to showcase the diversity of this renowned wine region, right on Melbourne's doorstep, just an hour's drive away. A three-day immersion in fine wines from a unique cool maritime wine region. Visit Mornington Peninsula's first winery, Main Ridge Estate with 'chardonnay to die for...Pinot Noir to fight for', lamb or duck pies with tastings at Stonier Winery, blend your own sparkling wine at Foxeys, participate in a five year vertical tasting of Chardonnay at Eldridge Estate, enjoy pies, pinots & puddings at Barmah Park, hot goulash soup at Northway Downs, emu snags at Elan, or the new tapas lunch menu at The Cups Estate - plus much more. Join in tutored

tastings with matched food and degustation menus or simply warm up your body and satisfy your soul throughout the long weekend with fine Mornington Peninsula wine.

The full festivities at the participating individual wineries are detailed at www.mpva.com.au.

Saturday 12 June

The launch event is the Winter Wine Fest (Saturday 12 June, 11am - 4pm Red Hill Showgrounds, Mel Ref 190 J3) which traditionally marks the beginning of the Winter Wine Weekend program.

More serious wine lovers can enrol in one (or all) of the tutored mini tasting seminars that will be held throughout the Winter Wine Fest day. It's a great way to learn more about the Peninsula's benchmark wine varieties, growing techniques and their impact on flavour and wine styles. Tutored Tastings with key winemakers will be offered during the day. The inaugural Winter Wine Fest Soup Kitchen and select restaurants and food providers will provide hearty food. Live music will create a day to remember!

For further information on any of the Winter Wine Weekend events please phone Cheryl Lee (03) 5989 2377 or check the MPVA website: www.mpva.com.au & see pg 58.

Abundance at Montalto - A Celebration of The Olive

The eighth annual Montalto Vineyard and Olive Grove Abundance Festival, on 17 & 18 July 2010, is the celebration of this year's olive harvest. See, smell, touch and taste your way through the ABUNDANCE market stalls, new season olive oils fresh from the press, estate cured and marinated olives, cooking demonstrations and top up at our martini bar. Relax with an olive oil massage, MONTALTO'S estate wine tastings followed by lunch in the piazza with live entertainment. Learn about the history of olive cultivation and find the best variety for your garden at our olive tree nursery.

Take on old friends in a bocce battle and win over new friends in our olive pit spitting competition. ABUNDANCE is a family event so bring the kids for a visit to our farmyard petting zoo, have their faces painted and take a ride on the olive express, stopping all groves!

Celebrate Abundance in the Chef's Hat Montalto Restaurant on Saturday and Sunday with our famous shared table

lunch. A festive day awaits you, with olive martinis or chilled flutes of our delicious sparkling wine on arrival. The dining room will be transformed into an olive grove as chef Barry Davis showcases the flavours of the Mediterranean and versatility

of our estate grown olives and seasonal oils. Challenge for the mantle of Olive pit spitting champion and wear the championship crown!

ABUNDANCE is an all-weather event and entry is free.

The Abundance long lunch is \$90 per person including a welcome martini or bubbly and three course set menu. Bookings essential.



Tiare Black Pearl

Pearl Jewellers

June is the month for pearls
Enjoy 20% off all Jewellery for all of June

www.tiareblackpearl.com

29 Main St. Mornington Ph: 5975 1128
Shop 4, Olinda Ter. Olinda Ph: 9751 0189



Chipp's

CHILDRENS' BOUTIQUE

Chino Kids - Winter Range
Now in Store



44 Main St Mornington
5975 9388

15/89 Mt Eliza Way
Mt Eliza
9787 9722
(Opp IGA)

KIDS

on the Peninsula

We're a well-dressed bunch here on the Peninsula – not surprising, really, when you consider the fabulous fashion and accessories available at boutiques all over the area.

Our kids are no exception – there are wonderful children's clothing stores to be found from Frankston to Portsea, catering to all budgets and tastes with clothing from the practical to the extravagant. The Enchanted Child in Flinders is one such gem, where beautiful clothes sit side by side with dress-ups and cute accessories

– they even have an online store for added convenience. Babies still in utero can strut their stuff swathed in stylish yummy mummy maternity gear from the extensive range at Glow, where you can also hire formal maternity wear for that one-off event.

We are fortunate here on the Peninsula – not only do we have fresh air, great beaches, fun attractions and loads to do with kids, we also have wonderful kids fashion available right here on our doorstep.

-Helen Jones

New Labels at Chipp's

Chipp's Mornington celebrated it's 1st birthday in April and Mt Eliza and Mornington stores are now full of an exciting range of winter stock.

Chipp's has introduced some new labels selected from around the world. These include 3 Pomme, Catimini and Alphabet from France, Fixoni and Minymo from Denmark, Laranjinha from Portugal. Don't forget their favourite Australian labels which showcase fantastically - Fred Bare, Big and Fiona by Fiona Scanlon, Run Scotty Run,



Bebe, Rusty and many more. Chipp's carry a good range for sizes 8 to 14 for both boys and girls.

STOP PRESS!! Eeni Meeni Mini Moh is once again available on the Mornington Peninsula. Eeni Meeni is available from Newborn to 5 years. For the older children

they have now introduced a new label E3M which will be available upto size 12. This still has the same style we love from Eeni Meeni

Quality Alternatives for Pre-Kinder and Kinder

Jannah Young is the proud local owner of Padua Kindergarten.

Padua Kindergarten offers Peninsula parents an alternative to the large businesses which have taken over much of the early childhood industry. Many of the Padua families make up other locally owned business on the Peninsula.

Padua embraces a natural, play-based philosophy which encourages respect for the environment, while developing a positive sense of self in the children.

Padua Kindergarten offers an extended hours registered and funded Kindergarten program for 3 and 4 year olds run by Marissa Prudden.

A school readiness program for 4 years ensures Padua children are ready for the next part of their

journey to primary. Padua Kindergarten works closely with local schools to ensure a smooth transition.

Padua provides Pre Kinder for the under three years age group and toddler aged care.

Rather than competing, Padua offers a quality alternative and ensure all parents believe in Padua philosophies and what they have to offer to their child on a daily basis. As Padua believes parents to be as much a part of Padua's journey as their children, Padua has a policy to interview all new families seeking enrolment.

Padua Kindergarten is now taking enrolments for Kindergarten 2011.

Please call Padua Kindergarten and ask for Jannah or Marissa for more information or to make an appointment.

GLOW
MATERNITY & NEWBORN

Maternity Formal Wear For Hire

Fashionable and Affordable Maternity Wear

Jeans, Work Wear Formal Wear

Baby wear from Prem to Size 4

Friendly experienced staff to help you during this special time.

Autumn Winter now arriving

197 MAIN ST, MORNINGTON PH-FAX 5973 5655
www.glowmaternitywear.com.au

Mornington
BABY GOODS WAREHOUSE

Huge Range of Quality Baby Products with Friendly, Personalised Service.

- ✦ Nursery Furniture
- ✦ Car Seats
- ✦ Monitors
- ✦ Nappies
- ✦ Accessories
- ✦ Cots
- ✦ Boosters
- ✦ Porta Cots
- ✦ Baths
- ✦ Prams
- ✦ Bassinets
- ✦ High Chairs
- ✦ Change Table
- ✦ Strollers
- ✦ Manchester
- ✦ Sterilisers
- ✦ Slings

Stockists of Childcare, Phil&Steds, Baby Jogger, Safe-n-Sound & many more quality brands • Lay-by Available

Open Monday to Saturday 9.30 - 5pm
Ph. 5977 0966 127 Mornington Tyabb Rd, Mornington. (near cnr. Progress St)

www.babygoodswarehouse.com.au

Kids Online

Enchanted Child is all about stylish, original and affordable designer clothing which is now conveniently available online. With all kinds of clothing for new borns to size 8 you will be able to find the cutest piece for your little girl or boy or the perfect present for a little loved one all from the convenience of your home. Whether you take a trip to Flinders and see in store or check out online at www.enchantedchild.com.au the magic of colour and design will leave you *enchanted*.

Special Good Life Magazine Offer: Save \$10 when you spend \$40 or more. In store when you bring the ad. Online use coupon GL10





Book a stall & make some cash

loved it baby market

Baby & kids pre loved clothing & accessories
65+ indoor stalls

MORNINGTON RACECOURSE
Gate 2 Racecourse Rd
15th August 2010
9.30am-1.30pm

0417 138 125 | loveditmarket@yahoo.com.au

What will Children 'B' Wearing this Winter?

Fiona's from BKids in Mornington has this forecast for Children's Fashion:

"Children just want to be like Mummy and Daddy." Already proving to be a big hit, this Winter season we will see our little ones in leather and faux leather jackets. Faux jean leggings, funky leggings with bows and diamantes will also be a hit layered with skirts and long tops.

BKids have an array of infant and childrens wear newborn to size 16, a great selection of hoodies, shoes, dresses, pyjamas, licensed sunglasses and accessories. We support such brands as Designer Kidz, Kaboosh, Humphreys corner, Little Treasures Miss Who, Funky Babe, Get Dirty, Off The Wall, Disney, Ben 10, Dora, GoldBug, Walnut Shoes and plenty of other quality licensed brands.

As well as catering for kids we have a little something special for mum, pyjamas and a great range of cocktail/after 5pm dresses from sizes 8-16."

Something a little different all year round
Mention this Ad for a 10% discount

**childrens wear
newborn
to size 16**



P.J's
Dresses
Accessories
Shoes
Fairy Outfits
Hoodies

03 5975 4350

**Shop 11, Bentons Square Shopping Centre
210 Dunns Road, Mornington 3931**

Padua Kindergarten & Childcare Centre

"A natural approach to early learning"

ENROL NOW FOR 3 & 4 YR OLD KINDERGARTEN 2011

5976 1022
72 Exford Drive Mornington
padua.kindergarten@bigpond.com

www.paduakindergarten.com.au

"One of the few all day Kindergartens on the Peninsula"



The Enchanted Child

Children's boutique for kids with style

Welcome winter with color!

Beautiful things for babies and kids up to size 8
3/48 Cook Street, Flinders ♦ tel: 0419 115 872

Or shop online: www.enchantedchild.com.au

Low flat rate postage and **FREE** for orders over \$150

Special Good Life Magazine Offer:
Save \$10 when you spend \$40 or more
In store (bring this ad) | Online use coupon GL10

DO MORE THAN
SAY YOU LOVE HER,
CHARM HER.



Choose your magic
from Ole Lynggaard,
Pandora and more...

OLE LYNGGAARD
COPENHAGEN

NOW YOU HAVE 2 WAYS
TO MINZENMAY



MINZENMAY
Est. 1911

152 Main Street Mornington P 5975 2439



MINZENMAY
M O D A

9 Thompson Street Frankston P 9781 4516



www.minzenmay.com.au

PENINSULA

fashion

Winter Wonderful...

The one thing I love about winter approaching is the thought of buying a new pair of boots or pulling out my favorite fashion pieces and starting up a new look for the season ahead.

Somehow a good boot can make any winter style look fabulous.

This season I picked up some super trends that will inspire you all to get very creative with mix 'n' match.

Four key trends that seem to have dominated the international runways will set you in good stead 'til spring approaches once again.

My favorite and most anticipated is the **Classic French Chic** and its all about stripes, contrast fabrics and colour combinations. Red, white and blue, (mostly navy), black and white and the ultimate combination, black and cream/nude take the stage with this trend. Sailor inspired tops, jackets and accessories cap off a style that will lend itself to any occasion from the office to the night club. It seems to have a little of the 40's pin-up glamour adding a strong feminine flair.

Full flowing and fabulous dresses and coats will be a must have combination ahead. Teamed with opaque tights, great heels, and pretty scarves it is very London inspired allowing you play with so many patterns and great textured fabrics.

The one 'can't do without' piece you will have a hard time choosing is a **great trench coat.**

This season they are everywhere from bright colors to classic tones and some so detailed

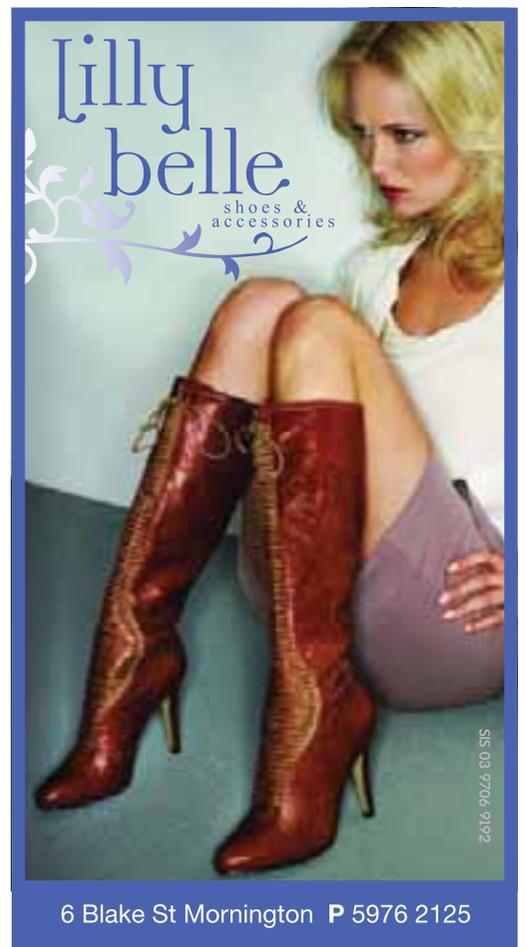
that you may want to show off the lining! With the prediction of a really cold winter ahead you will need to layer up and the fabulous designs mixed with warm stretch comfortable fabrics, you can do so without bulking up as well.

Once you have peeled back the layers you can expose all the elements of a sweet and eclectic trend reminiscent of the bohemian style that has been referred to as the **"off duty models roar"**. Obviously unbounded and unruly we will see elements teamed from knee high boots, faux fur, leopard prints, sexy tops and frilled long lined vests over feminine shirts. You can definitely add your personality to this style with distinctive original accessories, bangles, hair combs and my favorite this winter, a stand out handbag!

The easiest way to dress this style up is to top it with a ripped-in masculine style



12 Blake St Mornington
P 5976 3066



6 Blake St Mornington P 5976 2125

dinner jacket and if your game find one that has been embellished on the shoulders or has some bejeweled 'bling' on it somewhere.

If after six is your favorite dress up time then you are in for a treat and it will be hard time to stop at just one dress. Disco glam shimmers throughout the cold months and it will be a bit 'glare to be different'. Both retro and edgy be prepared for a more fitted slinky dress shape covered or adorned with sequins, studs and metallic beads. Your little dinner jacket or fluffy faux fur jacket teamed up with magic heels or boots is all you need!



Berets, trilbies and headbands will cap the heads of many on the streets as feminine euro chic style commands attention to detail to add your individual flavor to the look. Most can wear at least one these and be game, not only are they warm but they add a touch of flair to your unique style.

There is however, a common thread linking our winter look together and it seems to have a

strong mademoiselle aura that won't be too hard to achieve as designers are making it easier with more and more detail in our garments. Whether you choose bold strong colors, soft hues and pastel tones or a mix of both with is quite acceptable, start collecting your staple pieces as this movement will definitely roll on through to spring/summer 2010/2011.



YoKo

Fabrics are coming through more trans-seasonal now as they refine wools and previously weighted fabrics so you can even mix and match your outfits in readiness for any event in the upcoming seasons.

All our local boutiques carry everything you need to hit new heights with these statement making movements and I will enjoy bumping in to you on your future shopping travels.

Please feel free to email me if you are looking for anything in particular and I will gladly source it for you on annette@annettesanfilippo.com.

*Have a great time and stay warm.
Cheers - Annette x*



Fiona's of Mornington

Geoff Bade
AUSTRALIA



Winter sale commencing in July.
Shop 5/59 Barkly St, Mornington ph. 5975 7756
www.geoffbade.com.au



Peninsula Fashionistas got to 'pink it up' to aid the Burnet Institute and Breast Cancer Research as local stylist Annette Sanfilippo called on local businesses to rally and present a Fashion Parade luncheon in celebration of all things pink on May 4th at Brooklands of Mornington. Some of the fashions are pictured above and left.

Thank you to all who attended and supported this worthy day of fun!!

Whats New at Lillybelle!

Lilly belle would like to introduce you to the latest addition to the family - little Evie Margaret Davis, born on March 28th. Mum Naomi and Evie are both well. We miss Naomi and look forward to her return.

In the meantime Lillybelle has introduced a new label of clothing by the name of "barometer." This label hails from Sydney and is a creation of Barbara Romanowski.



All the garments are made in Australia. Lilly belle has this label exclusively on the Peninsula. The label compliments the shoes, handbags, scarves and the Peter Lang and Samantha Wills jewellery in store at Lilly belle.

A website is being created and should be up and running shortly lillybelleshoes.com.au

Lilly belle is situated 6 Blake Street - Mornington and is open seven days a week. 5976 2125

Fiona's
OF MORNINGTON

INCLUDING

- Lisa Ho • Catalyst
- Trelise Cooper
- Obi • Thurley • Nougat
- G2 • Lisa Barron
- Harry Who
- Very Very • Katherine
- Ruth Taryvdas
- Day Birger & Mikkelsen
- I Blues • Hoss Intropia
- Ming
- Ginger & Smart

Stockists of over 40 designer labels from Australia, New Zealand and Europe

46 MAIN ST MORNINGTON • PHONE 5976 2524

Sorrento on Sale

June 25 - July 11

Deals, Promotions,
Competitions and more.
Over 40 Participating Outlets

www.virtualsorrento.com.au/sorrento
or SMS 'follow sos@spcc' to 0427 800 800 for more info.

Merino Possum Knitwear

The touch. The feel. The softness.
The warmth. Experience this beautiful blend of
finest merino wool and softest possum fur.



big bang 9708 8222

62 Hartnett Dve, Seaford (Mel Ref: 99 H7)

Ph: 9786 1113 Mon to Thurs 10 - 5, Fri 10 - 3

Open Saturdays in May, June, July 9 - 1

www.sweaterworks.com.au



sweaterworks



**A Shopping expedition to your
near neighbours can provide
some wonderful inspiration and
great finds.**

In Mornington...

Curl up in one of the many coffee shops and sipping a latte or hot chocolate with marshmallows and home made chocolates.

Sit by an open fire whilst drinking a local wine and eating a delicious lunch at one of the historic hotels or gorgeous sidewalk cafes and restaurants.

Spend a day being pampered in one of our spas or updating your look in Main Street.

Why not visit a gallery or have some of your pictures reframed or obtain some redecorating ideas at one of the fabulous interior design houses in Mornington.

Winter is a great time to read so grab a book at the Main Street bookshops and curl up by an open fire.

Maybe it is time to update your wardrobe with the cold weather approaching. Main Street has many fashion shops to choose from. On show are great coats, woollens and boots.

On a cold blistery day it is a perfect time to sit in a picture theatre and watch the latest movie. Mornington has a quaint theatre at the beach end of Main Street. Well worth a visit!!

If you have business to attend to Mornington has

the four major banks, post office, accountants, lawyers, doctors, dentists and pharmacies all situated in Main Street.

Winter is a great time to visit the Wednesday market from 8am to 3pm. It is one of the very few mid week markets and it has been going for 30 years.

Mornington is once again hosting the Mornington Bay run. The date is Sunday 25th July at Mornington Park with an 8am start. There is a 3.7km walk and run or an 8km run.

Phone the Mornington Chamber of Commerce on 5975 4522. Email mcc@satlink.com.au. Download an entry form at:

www.mornington-commerce.asn.au. All profits go to Peter Mc Callum Cancer research.

**What a great way to spend a winter's day.
Mornington - "where the shops meet the sea".**

Keep Warm This Winter

If you're looking for high quality Australian made knitwear, then go to Sweater Works in Seaford. Styles include jumpers, jackets, wraps, scarves, beanies, socks and gloves in a great range of colours.

Sweater Works specialises in Merino/Possum knitwear for ladies and men under the Merino Snug label. The Merino/Possum yarn is made from a blend of Australian merino wool and New Zealand possum fur creating a garment which is softer, lighter and warmer than wool.

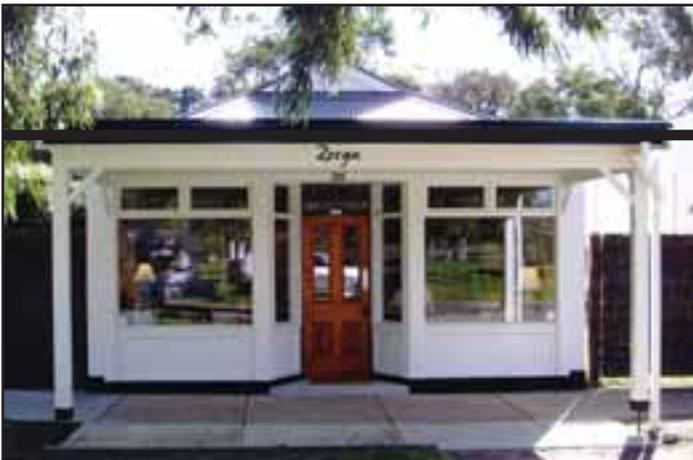
You'll find it the warmest fibre you've ever worn with the most luxurious feel.

New styles for 2010 are now in store.

Sweaterworks is right at the factory so you can watch the knitting process through a large viewing window while you shop.

Garments are made on highly specialized machinery which knit the garments totally in one piece - a totally revolutionary method giving seamless styling and superior fit.

So keep warm this winter in a Merino Snug garment - they make perfect gifts to send to friends and relatives overseas as they are totally Australian made. They also stock pure wool thermal knits and ugg boots to keep you really cosy.



Zeega Clothing Furniture Gifts

Handmade clothing from all natural fibres, jewellery, handbags, home wares, soft furnishings, gift items and antique furniture.

Hours: Open 7 days 10am to 4pm (if you are making a special trip please call us first to ensure we will not be out visiting clients)

Phone: 03 5989 0570

Website: www.zeega.com.au

Zeega, 62 Cook Street, Flinders

In Flinders...

You can fill an afternoon strolling the streets of this lovely town which provides such a diverse range of shops to visit. You'll find the eclectic mix of homewares, gifts and clothing at Zeega, and the range of childrens wear at Enchanted child is wonderful.

Visit Ab Fab for its unique style of jewellery, handbags and furniture and Deuxieme Souffle for a range of clothing from Australia and beyond.

If you don't have time to drive, all the shops have extensive websites.

In Sorrento...

Sorrento on Sale, from June 25 to July 11 is the first event of its kind for Sorrento. Hosted during the June/July school holidays, many of Sorrento's retailers, accommodation venues and eateries will be offering some sort of deal, promotion, competition or discount for the 2 week sale period.

Not only is Sorrento a beautiful, historic beachside village, but now offers over 60 retail stores. It offers a fabulous mix of boutique and chain store fashion, unique giftware, coastal interiors, gourmet food & wine, original art, jewellery and furniture, antiques, plus all the basic shops and services you'd expect from a shopping strip. There are also over 15 places to eat or grab a coffee, and many accommodation

venues are within walking distance to Ocean Beach Rd. Natalie Garner from the Sorrento Portsea Chamber of Commerce says, "If you haven't visited Sorrento for a while, you won't realise the array of both boutique and chain retailers available".

Visit Sorrento during the 2 week sale event and go in the draw to win a Sorrento gift voucher. For more information on this and other offers SMS 'follow sos@spcc' to 0427 800 800. Entry forms in participating outlets.

Why battle the crowds and fight for a car parking space when you can find all that you need in a relaxed environment. Come to Sorrento on Sale during this June/July break. www.virtualsorrento.com.au/sorrento.



abfab

Menswear, Gifts and Furniture

- Gant
- Coast
- Manzoni
- Leathergoods
- Najo Silver Jewellery
- Furniture
- Homewares

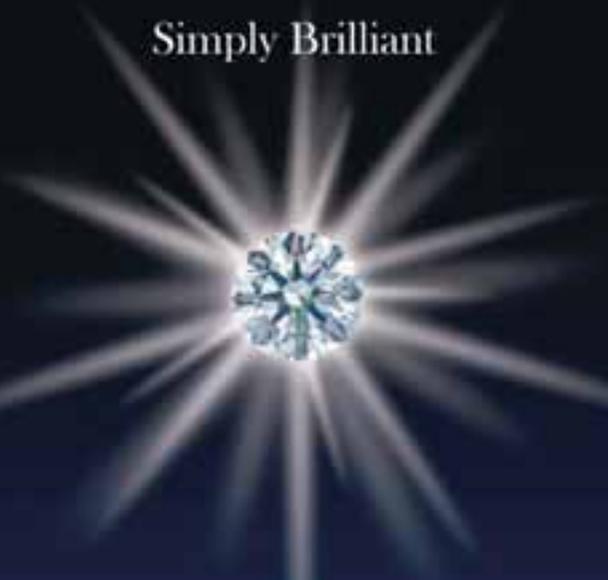
Open 7 days
10.30 - 4.30

5989 0033

1/46 COOK ST
FLINDERS

www.abfabofflinders.com.au

Simply Brilliant



The Best Cut Diamond Simulants

Visit www.diamondlite.com.au



DIAMONDLITE
INTERNATIONAL



Deuxième Souffle

DESIGNER BOUTIQUE

Featuring American Designer Labels accented by the best from Australia and beyond

- belldini
- nic + zoe
- Iconoclast
- Levi's
- Comfy USA
- Fumblin' Foe
- Boo Radley
- MacJay's / Hyper
- Elena Lurie

CLOSED TUESDAYS

Deuxième Souffle Designer Boutique

9 / 33 Cook Street, Flinders
Ph: **(03) 5989 1164**
Email: shop@dsflinders.com.au
Web: www.dsflinders.com.au

Fashion and Accessories...

Bring some colour and style into your life at Ruby Road!



Ruby Road

Shop 2, 230 Main Street Mornington,
Ground Floor Dove House
Phone: 03 5975 6116

invogue

footwear & accessories

Your brands include:

Zensu, Bon Bons, RMK,
Django & Julliette, I love Billy, Gamins,
Martini Marco, Neo, Magnini, Hush
Puppies, Valeria Grossi, EOS, Effegie,
Boston Babe, Kubo, Dr Martens,
Skechers, Merrell, Hinako, Keen,
Wolverine, Florsheim...



Main St, Mornington
5975 3669

Find What you Love at Ruby Road

Twin sisters Sarah and Rebecca have followed in their family foot steps in the fashion industry and have opened a shop of their own - Ruby Road. From a young age the twins have always been into fashion and have dreamt of opening their own clothes shop.

Sarah and Rebecca believe that it is very important for women to feel beautiful and confident in their lives and having a new outfit is a great first step! "It's amazing how something new can make you feel so good and it's even better when you get it at a low price" said the twins. The idea of Ruby Road is to offer affordable prices with new styles arriving weekly - a winning combination that has clients coming back for more.

Keeping up to date with the new fashion styles for each season is of the utmost importance to Rebecca & Sarah. With new clothes arriving each week, there is hardly a dull moment and you are bound to find something you love. Whether you need a new jacket for the winter months, cardigans or tops to team up with a great pair of jeans, a new dress to hit the town with, or maybe something

new for the office - everything is covered at Ruby Road.

The girls love fashion, however think that comfort is just as important, "in order to look good you need to feel comfortable". With different styles there is something for all body shapes and sizes. The twins love what they do and say "it's a highlight when a woman walks out looking and feeling good about herself."

Ruby Road stock a great range of labels including Sunny Girl, Wakee, Christopher Ari, Lily Whyte and Striking. Also accessories: Marconi Design Fascinators, Mimi Jewellery, Bags and Cosmetics.

Come down and see the girls who love what they do and get some colour & style into your life, you're bound to find something you love @ Ruby Road!

- Melissa G



Finally Boots that Fit!

The mission this winter at Invogue Footwear is to bring together a beautiful and diverse range of boots, from classic and casual styles to this years hottest trends.

For those of you who find it hard to fit the slimmer leg or the more curvier athletic calf, look no further. Their boots cater for all sizes. This year they have introduced plus size boots. They understand that every woman wants to feel beautiful, look sexy & be comfortable no matter what your size is. They endeavour to work really hard to ensure our levels of service are second to none. At Invogue they have a strong passion for all things beautiful. Especially shoes.

A new pair of shoes or boots can freshen and lift an every day outfit to something really special.

Passion for Eyewear.

At Main Street Eyewear they take delight in finding the right pair of spectacles for you. Their motto is 'eyewear an individual as you are.' As the first thing someone notices when you make eye contact, your frame needs to convey exactly what you want to say about yourself. Kay Tyrie and her staff will help you achieve that special look, providing caring personalised service, quality product and reassurance that we are always here for you after your purchase to maintain your spectacles and help with any questions.

It is important to take good care of your eyes, and regular eye tests are a way of making sure that you have healthy vision and healthy eyes. Their optometrists Melissa, Michael and Louise test Tuesdays, Thursdays, Fridays and Saturdays.

They also stock a large range of European sunglasses, including Serengeti and Sass & Bide, to protect your eyes from sun glare whilst you look good too.

New for the season are luxurious innovative frames from Linda Farrow, Barton Perreira and Australian designer Jono Hennessy. These exciting designs combine cutting edge style with retro appeal.

They also specialise in Bridal eyewear, providing elegant frames and sunglasses for that very special day.

So call in today to speak to Kay, Matt, Elodie and Lynn for advice on your next eyewear purchase.



Eyewear as individual as you are

MainStreet EyeCare
57 Main St, Mornington • 5975 3235

Clare Maxfield presents -

Lettes, Laughter and Lipstick

Finding Joy workshops
Be transformed and revitalised

Commencing June in Mt Eliza

For more information

Call Clare on 0414 339 113

**Transform Yourself With Colour.
Turn The World Into Your
Runway. Explore Hair Looks That
Share Your Sense Of Style.**

I love this quote! I read it on the Redken website. It's all about personalising hair colour to your needs. At Zúmay, we are dedicated in educating both our team and our clients that a person's hair colour should reflect their personality. You choose your clothes to match your personality, so why not do the same with your hair? Let the colour and style you choose talk about you – without you having to say a word! You don't just want colour – you want amazing colour with depth, dimension, shine and style.

So what's hot this season?

The fringe remains popular: sweeping and sexy, or short and rounded – all are in fashion! Adding peek-a-boo colour from one side creates an amazing change in look. You don't have to make extreme changes to feel fresh: frequent subtle changes will keep your look continuously evolving.

Hair colour can change a person's character, mood and confidence, and also has positive psychological effects.

So why should you choose Zúmay to colour your hair?

Our stylists are continually attending Redken colour seminars, so they are up-to-date on all the latest colour recipes. When they are excited about the mix you know it will look amazing.

Why do we choose Redken colours?

Redken offers a complete range of NYC-inspired hair colour options that are simply amazing! From high-fashion shades to ultra-shiny glosses, each one is scientifically developed and salon-proven. Their formulations ensure perfect, long-lasting colour results with exceptional condition and shine.

NEW Cover Fusion combines the signature natural reflect of Redken Colour with enhanced white coverage. Cover Fusion is designed to cover hair that is 50% or more white, and has been specifically formulated to look after key concerns of white hair: lack of strength, shine and condition.

At Zúmay we offer a 100% guarantee on all our products and services within 7 days: If you are not over the moon about your hair or home-care products, we will either re-do your hair or refund your money.

And our New Guarantee:

If your stylist doesn't show you how to do your hair at home – it's FREE!

Zúmay Team Update

As always, we have been busy keeping up with our exciting industry...

I am happy to announce that Victoria WON the Runway Reinvention 2010 Redken Styling Contest!

Victoria had to take one of the Spring/Summer 2010 top international runway hair trends and use it as inspiration to create a wearable look for her clients. I personally loved her entry and would like to thank The Portrait Place (Myer Frankston) for the photograph, and Inglot (Bayside) for their makeup. They were a great team – local model Sam look hot! Victoria's prize is worth more than \$2400, including a full back-stage access pass to Sydney's Rosemount Fashion Week 2010.

L'Oreal Melbourne Fashion Week

It was a busy week at LMFV in March. As one of the hair directors, I looked after all the shows in the Malvern Town Hall. First, I was given a brief on what the designers were looking for, and then I had to put together the looks. We usually had only 1½ hours to do from 12 to 20 models. For the Mini Me show, we were given 1½ hours to make 35 kids look great. Our designers here in Melbourne are something to be proud of! It was a privilege to work back stage with the best in the fashion industry.

SALON MELBOURNE

More than 13 000 hairdressers and beauticians came to see the latest in hair and beauty at Salon Melbourne, at the Exhibition Building in April. I was lucky enough to be a part of it, putting together three fashion shows on the Saturday and Sunday. It was great fun. And a huge thanks to Amanda from our Mornington salon for all her help on the Sunday.

What's coming up next for the Zúmay team...

- Bernadette is off to London in June for a 10-day Vidal Sassoon cutting course.
- I am off to NYC in May for a 4-day Platform Artist course with Redken.
- All our apprentices, as well as Melisa and Victoria from our Myer salon, are entering into the HBIA Victorian competitions in June.
- Nine of our stylists are off to Hair Expo in Sydney over the June long weekend.

Next issue I will update you on the results of all of those. In the meantime, keep an eye out for the styling pages in the May editions of Madison, Grazia and Harpers Bazaar. It was a fantastic experience to be a part of the shoot.

- Take care,
Lorna xx

If you have never tried Zúmay,
now is your chance...

REDKEN RUNWAY COLOUR PACKAGE

\$302 worth of
gorgeous hair services for

ONLY \$159

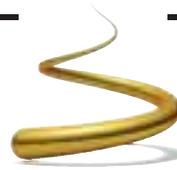
Get your hair looking hot
with this amazing Introductory Offer:

- professional consultation
- any colour service of your choice
- Redken Chemistry Conditioning Treatment
- relaxing scalp massage
- stunning style cut
- blow dry and style finish
- home hair-care styling lesson
- \$20 Gift Card for your next visit
- free membership to our Rewards Club

*Not available with Bernadette or Madeleine

zúmay
SALON

zúmay - mornington
ph. 5977 0711



MYER

zúmay - myer
ph. 9781 6304

Follow us on facebook: [zumay.facebook@bigpond.com](https://www.facebook.com/zumay.facebook@bigpond.com)

www.zumay.com.au

Mt Eliza's bustling village atmosphere, boutiques and friendly service makes it a popular destination for locals from across the Peninsula. Eating out is a real pleasure too, especially in the village which is endowed with so much choice. Here, top of the list must be CB's and Verdes but the terrace at Morning Star Estate is a lovely escape to the countryside of Mt Eliza.

Morning Star Estate
Photographer Paoli Smith Designers



It's a Beautiful Thing

Belle Cose (Beautiful Things) is a fabulous new boutique recently opened in the heart of Mt. Eliza Village.

Belinda Morrison invites and welcomes you to explore her exciting range of local and international designer clothing, accessories and jewellery.

You will find an extensive array of fabulous local (Mt Eliza) labels, plus many others from Australian and New Zealand along side imported labels from France and Italy.

Local designers 'Lisa Taranto' (pictured) and 'Coquette Red' are strongly represented in-store. Belinda recognizes and supports our wonderful local talent in their design and production. Her belief is that we have some wonderfully talented designers on our Peninsula, and we should embrace and support their creativity.

Her love of New Zealand Designers is represented in-store with an extensive range of brands, including 'Verge', 'Vertice' and 'Scarlett'.

Ever popular 'Gabriella Fratini' and 'VSSP' also have a strong presence in-store, as does 'Seven Sisters' and her imported range of

French Canadian Jeans – 'FDG -French Dressing'. Superior quality denim with the perfect cut to follow and flatter your curves! Girls...you'll love them!

Her love of Pilgrim Danish Design Jewellery is showcased in the front window cabinets. Having previously been Pilgrim's Australian County Manager, her belief in the quality of design is evidenced by her on-going commitment to the brand.

'High Tea with Mrs. Woo' is another fabulous Sydney label, which boasts an individual style dedicated to textured fabrics and rich linens and cottons. Highest quality natural fabrics are used to create their everlasting and unique designs, many of which are reversible.

You will find Belle Cose at 3/84 Mt Eliza Way – formerly the 'home' of Elle of Mt Eliza.

The response to this new boutique in the Village has been amazing and already has people talking, so make sure you pop in the see what all the fuss is about!



Belle Cose

(BEAUTIFUL THINGS)

LISA TARANTO | VERGE | GABRIELLA FRATINI | VSSP | VERS | VERTICE SCARLETT | HIGH TEA WITH MRS WOO ALAIN MURATI | COQUETTE RED CATHERINE MANUELL DESIGN | SEVEN SISTERS | COP. COPINE | TOKO'S PARIS BUT DIFFERENT



{SHOP 3 84 Mount Eliza Way, Mt Eliza
{PHONE 9787.2259

New to Mt Eliza

New treats every week!



Truffle
JUSTICE

D. 9787 5019
58 Mt Eliza Way Mt Eliza

D. 9596 9288
381 Bay St Brighton

Elegance BOUTIQUE

44 RANELAGH DVE MT ELIZA

PH. 9787 3077



RANGE OF WINTER STOCK ARRIVING NOW

and featuring unique Jewellery & Accessories

The Clothing Company

Fields

Elena Lurie

Lisa Campione

Running Bare



Now at Euro

A selection of the fabulously stylish and comfortable Brax trousers are now available Euro Collections. This label owes its popularity to clever design and fit that provides not only comfort but also a great look in several different styles including the "Hunting" collection themes dominated by gentle natural colours.

Individually made garments are a specialty with exclusive made to measure in luxurious imported fabrics. Euro boasts 4 stores including Mornington, Armadale and Bendigo and has ranges to set you up in style from top to toe. Hats and accessories are the extras you will find to complement some of the best labels imaginable and their shoes are too die for.

Innovative Skincare at BLUSH

Jo and the team at Blush have introduced a new range of treatments from the highly recommended brand Innovative skincare.

As well as their usual procedures, facials, tanning and waxing they have added Permanent Hair reduction, Acne Management, Teeth Whitening and Microdermabrasion procedures just to name a few.

For more information on their new service give the friendly staff at Blush a call on 9775 2122.



INNOVATIVE
SKINCARE



BLUSH

50 Mt Eliza Way, Mt Eliza
Ph: 9775 2122

- Permanent Hair reduction
- Skin rejuvenation
- Acne Management
- Lip enhancement
- Anti Wrinkle Injection
- Teeth Whitening
- Permanent Make Up
- AHA Peels
- Microdermabrasion



FASHIONS, SHOES & ACCESSORIES

BRAX
FEEL GOOD

ANNARITA N TUZZI *Blanc* DUSK *CapFerrati*
 PIANURASTUDIO BLACK DAVIDPOND LAURETT
 ASHLEY FOGEL BANDOLERA *Gerry Shaw* VIDAL

Monday - Saturday 9-6pm and Sunday 1-5pm

- 72-74 Mt Eliza Way, Mt Eliza 9775 4022
- 93 Main Street, Mornington 5976 1633
 - 1180 High Street, Armadale 9509 0633
 - 75 Mitchell Street, Bendigo 5442 1560

SKINCARE - What's New - USA

It is very inspiring to work in the "skin" industry which is constantly evolving and growing.

The non-invasive cosmetics field is relatively new (10 years) and it is exciting to see such rapid growth over the past few years. Keeping abreast of progress in the industry is obviously important and building on your skills through continuous training and research is paramount.

The beauty industry has moved away from "fluffy" or simply "feel good" treatments designed purely to hydrate the skin and relax the client. What we now have is a much more educated client, demanding greater results through the use of cosmeceuticals and technology such as IPL facial rejuvenation, microdermabrasion and peels. The

use of injectables for facial rejuvenation is now common practice, not only for clients who do not want cosmetic surgery, but in some cases, to support cosmetic surgery procedures, or health issues such as excessive underarm sweating, teeth grinding and headaches. On a recent conference in the USA I noted the major move forward is combining your modalities.

Collagen Induction Therapy (CIT) using, in my case, Dermaroller tm for the treatment of scar reduction, collagen and elastin induction, uneven texture, deep tissue rejuvenation and stimulation of circulation to improve nutrient delivery is leading the way. At Mt. Eliza Beauty we have been performing CIT for over four years, combined with other modalities and it has now recognised worldwide for its effective results. We must remember, CIT alone will not address all your concerns.

IPL photofacials to remove unwanted pigment, together with chemical peels giving your skin the overall result you are looking for.

For Rosacea and superficial keratosis, together with skin conditioning, **ALA intense peels** give tremendous results. There is a down side with ALA - five - seven days of peeling.

More information next issue. Also I will discuss infusion using the latest technology. Serums with growth factors, stem cell therapy, and peptides are currently "huge" overseas, but we here in Australia have been using these serums for a number of years, and added to your normal skin routine will enhance your skin condition.



Obviously retails products which are medically endorsed and supported by doctors complement your treatments.

Skin ranges backed by science including Vitamin C and Retinol are fully recognised and by the way they give results. To enable our clients to continue treatments whilst still wearing makeup we also stock Glo Minerals which are safe to use after any non-invasive cosmetic procedure and can be used to camouflage imperfections. Formulated specifically for skin care professionals, it contains pharmaceutical grade ingredients, including anti-inflammatory factors for the skin.

Our newest addition to our treatment modalities is the "Wish Facial" from a Dermatology Centre in the US. Designed the increase hydration, firming and an instant improvement, this is a luxury treatment combined with paramedical science. In the next issue I will advise you on the use of Light Emitted Diode Therapy commonly known as LED which is sweeping the world at the moment. Keep in mind, we have been using LED Therapy at Mt. Eliza Beauty Therapy for over eight years now, it is not new, but a new trend, and results are very exciting.

- Sue, Mt Eliza Beauty Therapy

Phone 9787 7574 - Mt. Eliza Beauty Therapy for an appointment.



lisa taranto

**New studio
open now**

Open Wed-Sat 10-5pm
187 Mt Eliza Way, Mt Eliza

www.lisataranto.com.au



Mt Eliza Beauty Therapy & ADVANCED LASER & IPL CLINIC



- Medical clinic -
 - anti-wrinkle injection -
 - fillers -
 - volumizers -
 - b-tx etc -
- Medical practitioner with 10 years experience

5 Old Mornington Road,
ph 9787 7475
For appointment

SPECIALISING IN SKIN REJUVENATION

- IPL - Rejuvenation sundamage - Freckles - vascular areas - rosacea - collagen stimulation
- IPL - Hair Removal - legs, arms, bikini, brazillian, face, backs...
- Collagen Induction therapy (CIT), Facials - light - medium Deep peels, Waxing, Microdermabrasion, electrolysis, LED, eyelash extensions...

Mt Eliza Beauty Therapy

32a Mt Eliza Way, Mt Eliza 9787 7475
Thalgo • Dermalogica • Environ • Cosmedix

'The fallen'... Winter 10

A great success at the L'Oreal Melbourne Fashion Festival in March, Lisa Taranto is swiftly making her mark on the Australian fashion scene.

The label is grounded in attention to detail, thoughtful patternmaking, unique shapes and a relentless consideration for the fit of a garment on the body.

Winter 2010, 'the fallen' is a collection inspired by the life and spirit of Talitha Getty- she had an underlying darkness that ultimately possessed her but a

lightness and beauty that overwhelmed many. It is this contradiction which the designer found intriguing.

The simple idea of light vs.

dark shaped the collection - Romantic versus edgy. 'the fallen' explores weight and contrast with the use of fabric, with sharp tailoring to constrain the body, with voluminous shapes and the use of silhouettes which instinctively restructure the female form.

The collection is defined by fitted jackets with lantern sleeves, asymmetrical vests which layer over billowing skirts and draped dresses. It has voluminous silhouettes and sharp lines alongside ruffles and pleating and an unforgiving attention to detail in every piece.

It is inspired by the spirit of a woman with more than one thought, more than one side, more than one reflection. You, me, her.

All pieces are proudly made in Australia, supporting the industry here as well as ensuring greater quality control.

Lisa Taranto's garments are available in several boutiques across the Peninsula including Belle Cose and she has recently opened her own studio in Mt Eliza Way.



Amica Hair Update

In March 2009, Francesca went to Paris with Australian Hairdresser of the Year's Caterina Di Biase to assist Caterina with L'Oréal's Professional's Rock'n'Folk Autumn/Winter collection 2010. Inspired by a "glam rock" theme Francesca assisted with the photo shoot which was shot on a rock stage amongst Europe's top photographers, models and make up artists.



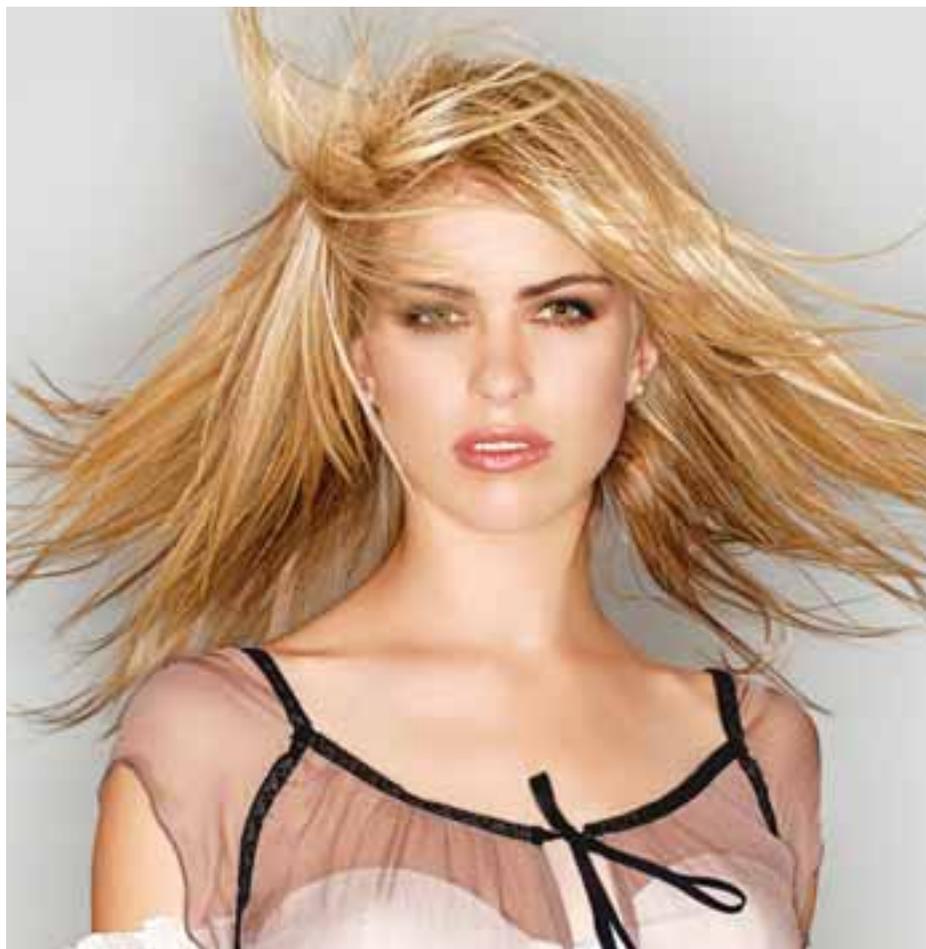
Francesca represented herself and Amica Hair backstage at this year's Melbourne Fashion week in March. She worked alongside Sydney's Brad Ngata and Melbourne's Caterina Di Biase both whom have won the prestigious Australian Hairdresser of the year title twice. Working amongst the elite was an exhilarating experience for Francesca and gave her a rare opportunity to learn another aspect of the hairdressing industry.

"The organization and uniformity we see on the runway is a far cry to the chaos of a hairspray filled backstage with bobby pins flying in every direction, hot tongs and straighteners raising the temperature to a perspiring level and hairdresser's voices competing over the noise of blow-dryers. It's an adrenalin rush that gets everyone working at an alarming pace and everyone is talking and working over the top of each other to get the job done and to get the models out on time. This year's hair was a mish mash of styles; collapsed quiffs, knots, soft 50's glam or sleek & structured. These complimented the varied textures in fabric, cuts and patterns that were in this year's fashion".

Hair Expo in Sydney is coming up again in June. It is an amazing chance to get some education with the world's leaders in the industry and inspiration to bring back to clients in the salon. Last year was a jam packed couple of days which saw Francesca and her staff attending American Crew men's cutting and Sharon Blain upstyle seminars, a Business Clinic, Runway Galas and the odd party. This year Francesca is flying to Sydney to assist with the Saturday night opening Gala. The Gala is a huge production of lighting, music, performers, fashion and...hair. The hair is always big, inspiring and amazing. It showcases our best hairdressers and the world's best hairdressers and their interpretation of hair for 2010 inspired by current world events, fashion, music and celebrities. They are excited to have one of our own involved in this event.

Amica Hair is proud to play a part in leading the industry in the revolution in hair colour with the arrival of L'Oréal's new permanent color range, INOA. Their experienced staff have undergone training with L'Oréal Professional and are passionate about the new direction in which INOA is taking colour. The new INOA color range: is 100% ammonia free, covers 100% grey, provides optimal scalp comfort, is odourless, respects the hairs natural essential amino acid and lipid balance, comes in 50 luminous shades.

If you would like to make a booking for a free consultation please call the friendly staff at Amica on 03 9787 1050



Amica Hair is proud to play a part in leading the industry in the revolution in hair color with the arrival of L'Oréal's new permanent color range, INOA.

INOA is..

- 100% ammonia free
- covers 100% grey
- provides optimal scalp comfort
- is odourless
- respects the hairs natural essential amino acid and lipid balance
- comes in 50 luminous shades

If you would like to make a booking for a free consultation please call our friendly staff at Amica on 03 9787 1050



48 MT ELIZA WAY, MT ELIZA • PH 9787 1050



- Wall Hangings (Silk and Wool)
- Women's Stools
- Women's Silk Suits
- Felt Bags and purses
- Tapestries
- Cushion Covers
- Authentic Pashminas
- Silk Scarves
- Woolen Hats & Gloves
- Jewellery
- Jumpers
- Ponchos
- Bed Covers
- Mandala (Thankas)

Shop 6 /73-75 - Canadian Bay Road
 Mount Eliza 3930
 -
 P +61 03 9775 4884

New Location, New Name, Same Good Old Service...

After 22 years of serving the community as Shepards Bakehouse, Tony and his wife Andrea have relocated their bakery to 110 Mt Eliza way and renamed it Sheepstation Bakehouse.

With the new location, they have made some new additions. Now serving freshly squeezed juices, you can design your own or choose from the menu.

A coffee machine has also been introduced, so you can enjoy a latte, cappuccino or a long black with your cake. There is a woodfired pizza oven with a range of different styles of delicious fresh pizzas to choose from for lunch or dinner.



With all the changes that have been made to the bakery, one thing remains the same... the quality and freshness of their foods and the friendly service they pride themselves on. Breads, cakes, pasties, pies and quiches are all made, either at the Mt Eliza or Mt Martha premises, making it the freshest in town. And with a number of cakes available, you will never be at a loss to provide a great dessert at your next dinner party.

So flock into the new look Sheepstation Bakehouse, grab a loaf or two, enjoy a hot pie or pizza in their seated area, or take home and indulge in one of their decadent cakes or pastries.

Himalayan Touch for Your Home

A most unique shop has opened in Mt Eliza specialising in high quality hand made products from the Himalayas. RK Gifts is the first of its kind in this specialist market however there will be more stores to come and in the meantime Peninsula shoppers have wonderful access to a fantastic range of beautiful 'one of a kind' pieces - each item with its own story and representing hours, days and sometimes even months of work. Because of their timeless appeal and

enduring qualities silk and wool wall hangings, tapestries, cushion covers and bedspreads all would make beautiful gifts for significant occasions - weddings, anniversaries etc. These are really 'specialty' products and would make a memorable gift for any occasion. The silk scarves and women's suits, jewellery, felt bags and purses, woollen hats and gloves plus authentic pashminas are even more reason to pay them a visit - you never know what will you find!!!





REOPENED at
 110 Mt Eliza Way
 9787 9565





SheepStation Bakehouse has been serving the Community for over 20 years...

Bread, Cakes, Quiches, Pies Baked Daily Woodfired Pizza

**Coffee
 Juice Bar
 Gelati made on the premises**

Also On The Esplanade, Mt Martha. Ph 5974 3544



Food Matters @ 49

Slow cooked casseroles, hearty soups, traditional favourites and modern classics are all on the menu at Forty9 fine food & catering.

Robyn & the team pride themselves on preparing the best available produce with care and passion to provide their customers with delicious memories.

Food matters, whether sharing a casual meal with family or celebrating a major event, the food is an integral part of the experience.

Call in or phone to discuss your individual needs and a menu can be created to suit the occasion and budget or simply choose something from the ever changing selection for a hearty and healthy lunch or a quick and easy dinner.

Dining, Functions & Fun at CBs

Situated in the heart of the Mt Eliza Village, Canadian Bay Hotel offers a truly unique dining experience.

We have two main areas of the hotel to cater for all your casual dining needs - a bistro section and a bar area - both areas providing excellent food with an extensive wine list. We also have a newly renovated function room which can cater for all your special occasions & a small private function room downstairs which could cater for an intimate dinner party or a business meeting.

At Canadian Bay Hotel our most important aim is to provide the best in customer service, combined with the utmost quality in food and wine.

We aim to not only meet your expectations but to exceed them.

The team at CBs

For more information or to make a booking, call (03) 9775 2331

Verde Raises the Bar...

Following extensive renovations, Mt Eliza's popular restaurant, Verde, recently opened its new Wine and Tapas Lounge Bar to the delight of the locals who have been awaiting its opening with great anticipation. The opening of the bar is a realization of a long held goal by owner Cameron Taylor, to provide Mt Eliza with a relaxed, yet sophisticated "wine bar" where locals can come and order quality wines by the glass without having to "go out for dinner".

"The local ladies have embraced the lounge atmosphere where they can nibble on tapas and sip on quality wines while catching up with friends" says Cameron. "Our regulars are also enjoying the opportunity to enjoy a pre-dinner drink or stopping for a "night cap".

The bar provides a relaxing "lounge" atmosphere where patrons can enjoy a fine selection of local and imported wines by the glass as well as Spanish style Tapas. Delicacies on offer can include fresh oysters with mouth watering toppings, Liguarian Olives with Chorizo, Warmed Brushcetta with Chevre and their ever popular Scallop tasting spoons to name just a few. The Tapas menu changes weekly following seasonal trends.

Open daily, the bar is a perfect spot for a glass of wine on the way home, a quick catch up with friends or a place for pre-dinner and post-dinner drinks in a relaxed, friendly atmosphere.

Forty9
fine food & catering

Menu changes daily - Catering available
49 Mt Eliza Way, Mt Eliza t:9787 3356

Verde Bar
We have raised the bar...

OPEN DAILY FROM 5pm

wine & tapas

www.verde.com.au
Lunch | Dinner | Drinks | Fully Licensed | 7 Days
34 Mt Eliza Way Mt Eliza Phone 03 9787 0200

CB
bistro, bar & lounge

Winter Menu Now Available
80 wines by the glass

Function Room
Early bookings recommended

Boutique Cellar Function Room
For private & intimate dinner parties

Foxtel available in Jacks Bar
Showcasing all major sporting events

www.canadianbay.com.au

open 7 days lunch and dinner
canadian bay hotel

35 Ranelagh Drive, Mt Eliza p. 9775 2331
f. 9787 9911 e. info@canadianbay.com.au



Ask the DENTIST?

Q.

For years, I've been embarrassed of my smile . . . but I'm so overwhelmed and I don't know where to start?

A.

Firstly, you're not alone! We take the time and patience to create the right solution that's unique to you.

If you are thinking about transforming your smile, visit Dental Care Mt Eliza for an initial consult, during which, my team and I will guide you through the process and the best solution for you.

It is important you ask lots of questions, understand the process, have an estimate of the cost – and a clear vision of the final outcome. You never know - your treatment may be simpler (and not as scary!) as you think.

Your vision may involve whitening, bonding, veneers, crowns, orthodontic treatment, dentures, implants and/or gum work. An outstanding result is always achieved, using the most up-to-date methods, of course!

Smiles that look great, have to function well too.

No matter what your budget or limitations, we promise the final result will give you something to smile about!

Dr. Scott Robertson

DCME - HEALTH DENTISTRY PROBLEM SOLVERS

DO YOU HAVE A QUESTION FOR DR. ROBERTSON?

Email Us: enq@dentalcaremteliza.com.au (Ask the Dentist as subject)

Write Us: Ask the Dentist, 126 Mt Eliza Way, Mt Eliza 3930



Dr Scott Robertson

Dental Care Mt Eliza
HEALTH DENTISTRY

CALL. 9787 4439

VISIT. 126 Mount Eliza Way, Mount Eliza

WEB. www.dentalcaremteliza.com.au

CARING FOR OUR COMMUNITY FOR OVER 20 YEARS

What is Health Dentistry?

Dental Care Mt Eliza strongly believes in a holistic approach to dental care. Health dentistry is about considering the affects of dental and jaw health on the whole body – and on patients general health.

Teeth are a part of the body, so as dentists it's important to assess them with the view of a patients overall health. This is essential to maximise the effectiveness of dental treatment.

The obvious issue is dental infections turning the body septic; this used to be a major cause of death – septicaemia from dental infections. This is still an issue today, but with modern healthcare and oral hygiene it is also much rarer. Patients are still occasionally hospitalised due to dental infections and if admitted, the average stay is usually 5 days.

Screening for Sleep Apnoea.

This is a new area in medicine. Poor sleep quality affects long term health, implicated in diabetes, high blood pressure, heart disease and strokes in addition to affecting "quality of life" due to associated tiredness, listlessness, grumpiness and snoring. These issues not only affect the sleep quality of patients, but also their partners.



Health Dentistry Problem Solvers
... another perfect smile.

If you or your partner are at risk – Dental Care Mt Eliza can help advise and on confirmation of a diagnosis, can co-ordinate with a sleep physician to determine the best solution for you, to achieve quality sound sleep.

Your Dental Health Professionals at Dental Care Mt Eliza.

Dr Scott Robertson Our Practice Principal - caring for your community for over 20 years. He has a passion for ensuring optimum dental health for his patients.

Dr Jane Snell A member of the team for 10 years. We are proud to welcome her back from maternity leave, now available 2 days a week.

Dr Daniel Kaufman

Is in attendance for patients needing Dental Implant placements. Lily Alonge Our hygienist is keen to educate our patients on how to achieve and maintain excellence in oral health care.

WARREN RITCHIE'S PHARMACY



OPEN

Mon - Fri 9am - 6pm

Sat 9am - 5pm

Sun 10am - 1pm

Unto
50% Off
Genuine Designer
Fragrances

THE STRAND VILLAGE CENTRE MT ELIZA

PHONE : 9787 7988

EDUCATION

life skills

Mt. Eliza Secondary College

Celebrates an Excellent Sporting Year

Over the last 12 months, Mount Eliza Secondary College has continued a strong tradition of excellence on the sporting field.

The Year 8 boys Hockey team won the Victorian Secondary School's Sport Association (VSSSA) State Final. The team successfully defended the title they won as a Year 7 Hockey Team, giving the College two consecutive state titles in the sport.

The Under 17 Boys Volleyball team won the Division 1 All Schools State Title. Other teams also qualified for State Finals including the Senior Girls Basketball team. The Under 15 Boys Cross Country Team were Runner's Up in the VSSSA State Finals.

The swimming team won the 2010 local district competition for the 20th time in 23 years. The team then went on to win 9 gold medals, 7 silver and 1 Bronze medal at the Southern Zone swimming finals. Two students produced outstanding results at these

finals: **Sarah Sestanovich** (pictured above) winning 5 gold and 2 silver medals (qualifying for 7 events at the



State Finals) and **Stephen Latocha** (pictured left) winning 2 gold and 4 silver medals (qualifying for 6 events at the State Finals).

Jack Heriot Mulholland (pictured below) won a silver medal in the State Diving Finals, after winning the

Southern Zone Finals. Jack has been selected in the Victorian team to compete at the Nationals later this school term in Brisbane.

Lachlan Freestone was awarded a Southern Metropolitan Region Sports Award for his performance in Athletics. Lachlan was second in the Hammer Throw at the National All Schools Competition in December 2009.

He won this event at the National Youth Championships in March 2010, and was fifth in Discus, Shotput and Javelin. **Dylan Fisher** was presented with a similar award for his performance in Lawn Bowls. Dylan won the Queensland Open Triples and the Junior Golden Nugget in July 2009.

He also was selected in the Australian Under 25 team that defeated New Zealand 2 tests to 1, in February 2010.



Shine the Spotlight on Inspirational Teachers

Nominations are now open for the NEITA 2010 ASG Inspirational Teaching Awards – Australia's only national, independent community-centred teaching awards program that gives Australian secondary students, parents, early childhood and school communities the opportunity to formally thank their hard-working, inspirational teachers, principals and directors.

NEITA – the National Excellence in Teaching Awards – is a pioneer in teaching award that has worked in partnership with communities across Australia to help raise the profile and recognition of teaching. This year the NEITA program recognises the range of leadership qualities that inspirational teachers bring both to their roles and the teaching profession with the theme, 'Great Teachers Lead The Way'.

NEITA's chairman, Mr Terry O'Connell says leadership qualities are vitally important in the makeup of an inspiring and excellent teacher.

Who can be nominated?

Early childhood and school teachers from the spectrum of education settings, and leaders – principals, deputy principals, early childhood centre directors, team leaders, and department heads can be nominated for a NEITA award in the leadership and development, innovation or community engagement categories. Nominate online or download a nomination form from the NEITA website – www.neita.com.au Alternatively, contact NEITA on free call 1800 624 487 or email neita@asg.com.au

Nominations close 30 July 2010

MOUNT ELIZA SECONDARY COLLEGE

Celebrating 35 Years of Commitment to Individual Excellence on the Mornington Peninsula.

Mount Eliza Secondary College is a school where students thrive in an environment of high expectations and are supported and nurtured to achieve a positive future. We offer a challenging and engaging curriculum that ensures that your child reaches their full potential.



SPECIAL FEATURES OF OUR SCHOOL

- Opportunities for Accelerated Learning
- Thriving Creative Arts program
- Outstanding Music program in both traditional and contemporary fields culminating in VET and VCE Music in the Senior School
- Strong sporting program in a wide range of sports, including 2008 & 2009 State Champions in Hockey
- A safe, caring environment
- Extensive Camping and Outdoor Education program
- Vibrant Student Leadership Program with strong community links
- ICT rich classrooms delivering 21st century global learning
- International Student Program
- Outstanding teachers who are committed to life long learning

For further information and personalised tours please contact the College on **9787 6288**
We look forward to meeting you and sharing our exceptional school



Southern Cross Cultural Exchange (SCCE) is Australia's own international educational exchange organisation incorporated in 1983 with our National Office located in Mt Eliza Village on the Mornington Peninsula.

LOCAL PEOPLE REPRESENTING THE WORLD

We rolled out our first programs from a farmlet in Pearcedale and have not looked back since. Thousands of students – both Australian and international – have taken the opportunity-of-a-lifetime to experience a different culture and lifestyle overseas. Our local families and those around the country have also had the wonderful experience of welcoming a foreign student-son or daughter into their home for a unique cross-cultural relationship and experience.

Many of our 7000 returned exchange students visit our Mt Eliza National Office to express their immense gratitude and recount their memorable stay overseas. We take pride in our thorough organisational support for all students and their families. All VIC parents attend an interview at our National Office during our selection process.

Why not drop by for a chat to find out more about our programs?

Southern Cross Cultural Exchange
14 Ranelagh Drive, Mt. Eliza, Victoria 3930 - Australia

Tel: 1800 500 501 www.scce.com.au



Diverse Learning Programs

Dromana Secondary College's purpose is to provide effective student learning for all students, ensuring children of all abilities are well positioned to reach their full potential. Every student is recognised as an individual with talents and abilities to be nurtured.

Our teachers and learning coaches are well versed in the latest approaches to teaching and learning, if individual assistance is required to challenge or help students, teachers are well skilled to recognise where acceleration or remedial programs may benefit the individual. Consequently Dromana Secondary College offers one of the most diverse learning programs of any school. Ensuring that whatever it is that your daughter or son wants to pursue there will be many opportunities.

A wide range of music, performing arts, creative arts, sport and traditional academic subjects are available. Dromana Secondary College is well recognised by universities and tertiary institutions, we are particularly proud to acknowledge our participation in the Schools Access Monash (SAM) Program, which provides a range of activities for a select group of schools to increase students' awareness of universities courses available to support students in reaching their academic potential.

Alan Marr - Principal

Civics and Citizenship Awards to St Leonards

Recently staff and students from St Leonard's College at Patterson River had the pleasure of attending the Australian National Gallery in Melbourne to accept an award on behalf of the Cornish Campus at Patterson River for excellence in Civics and Citizenship Education.

This award was presented to the College by her Excellency Ms Quentin Bryce the Governor General of Australia. The Cornish Campus was awarded this honour as part of the Constitutional Educational Foundations (CEFA) National award ceremony. In 2008 the Cornish Campus received a state award for excellence in Civics and Citizenship which was presented by his Excellency Professor David De Kretser, Governor of Victoria.

The Cornish Campus received these awards in recognition of their contribution to CEFA's civic education program. In 2007 the Cornish Campus became the Victorian pilot school for a national civics initiative known as the Parliamentary Club. As part of the initiative our year 9 students each year established a student parliament. Last year Nancye Banks, year 9 and 10 Team Leader, had the opportunity to be involved in a training workshop for other Victorian teachers and was able to present some of the work they have been involved in at the Cornish Campus. She shared her conviction that experiential learning where students take an inquiry based approach to their studies is the most effective form of learning.

Representing the students from the Cornish Campus, Hugh Piercy and Michelle Johanson attended the award ceremony. Hugh Piercy had the honour this year of being the speaker for the student parliament while Michelle Johanson held the role of Minister for Education in 2008.

The following is the speech which Michelle gave when she officially accepted the award on behalf of the Cornish campus:



"Your Excellency Ms Quentin Bryce and Mr Michael Bryce, members of the official party and special guests, I am very proud to accept this award on behalf of the Cornish campus of St Leonard's College

At the Cornish Campus all year 9 students are involved in the Parliamentary Club. The experiential and authentic nature of this learning fits perfectly with the educational philosophy of our school.

At the Cornish Campus our curriculum is focused on the need for a sustainable society. As students, we are encouraged to see the need for all citizens of the 21st century to think sustainably. This involves not just environmental sustainability but also personal, urban, technological and socio-cultural sustainability.

We are encouraged to make a difference by having the necessary skills to act in a global world and to have the inclination to act.

As a year 10 student my final assessment is based on a study of some of the major drivers for change which affect the sustainability of our world. Through this study it has become abundantly clear to me and my fellow students that active citizenship is essential for our future.

On behalf of the Cornish Campus of St Leonard's College I would like to say thank you for this award"



Small school, big school, great school!

St Leonard's College provides an education and environment to suit all students. From our smaller campus at Patterson River to our larger Brighton Campus that caters to students up to year 12 and offers both the VCE and the International Baccalaureate.

Come and visit St Leonard's.....

Brighton Campus 163 South Rd, Brighton East

Middle and Upper School tours (year 5 to 12) on

Monday 17 May at 9.30am at our Brighton Campus. RSVP essential via our website www.stleonards.vic.edu.au

Cornish Campus at Patterson River 65 Riverend Rd, Bangholme

School tour on **Thursday 10 June at 10.00am.** Be guided by our students around the campus, followed by a talk with staff.

Saturday 29 May Information session at 10.00am followed by tours of the College.

For more details contact the Community Relations Office on **9909 9300** or email enrolment@stleonards.vic.edu.au



St Leonard's College
Leaders in coeducation

Cornish Campus Patterson River Brighton Campus Brighton East

stleonards.vic.edu.au

Woodleigh School and Round Square

We are delighted to announce that in February, Woodleigh's application for Regional membership of Round Square was unanimously accepted. We are particularly excited as the Round Square association will provide numerous unique opportunities for our students.

The key rationale for our interest in Round Square is that we share the same fundamental philosophies. It is thus an opportunity for our students to interact with students in other schools around the world who share similar values and aspirations.

What is Round Square?

Round Square is a worldwide association of over seventy schools which share a commitment, beyond academic excellence, to personal development and responsibility, service, challenge, adventure, and international understanding. The organisation thus has a very broad view of what constitutes a good education and in particular emphasises the concept of developing students' sense of personal responsibility – it thus aligns with our values well.

In particular, membership of Round Square provides opportunities for students to:

- Travel as exchange students to other schools in Australia and overseas (two weeks – six months).
- Participate in regional and international service projects initiated between member schools.
- Attend annual Australian junior & senior conferences as well as the annual international conference.

Conferences are gatherings of likeminded students from member schools who debate, learn and apply the six ideals of Round Square to a program which engages and challenges delegates. They are held annually at a different school location each year.

Why Woodleigh School?

Many areas of the School already align well with the values of the Round Square organisation. For example, we already have a long tradition of involvement in environmental initiatives, adventure education (especially Year 9 Outward Bound and Year 10 Hattah camps), and community service. Involvement in the Round Square has the potential to further strengthen these areas and to bring an international perspective to much that we already do.

As we live in a beautiful, safe, yet relatively remote part of the world, this global perspective has

great potential for us, and the opportunity for our students to share ideas around the six main areas of focus of Round Square in international forums and conferences is an exciting concept. We also like the strong emphasis on student-focused conferences & student-based decision making. Involvement with the Round Square organisation also fits neatly with our 'Broadening Horizons' agenda in recent years.

The Principal, Mr Paul Turner, visited six Round Square schools around the world while on study leave in 2007, and was impressed with the philosophical match with Woodleigh's values, and in 2009 he also attended their annual World Conference in India as a guest.

Regional (Australasian/South Asia) membership is the first stage of applying for full membership, which will take several more years. We will of course carefully evaluate our experiences over time before taking the next step.

Information on the Round Square organisation can be found on its website at www.roundsquare.org. The next world conference is in Thailand in October, & there are regional conferences in Singapore & Brisbane in June.

(Please note: that while involvement with the Round Square will enhance international exchange opportunities for our students, we also remain committed to our French and Indian exchange programs.)



Dromana Secondary College offers first class design studios which allow all students to develop their creativity and design abilities. We are proud of the outstanding achievements of our students who have chosen to accept placements in a variety of design and fine arts related courses including Architecture and Interior Design.

SCHOOL TOURS: For further information and personalised tours please contact the college.

'EMPOWERING YOUNG PEOPLE TO MAKE A DIFFERENCE'



RESPONSIBILITY | RESPECT | INTEGRITY | PERSONAL BEST

2011 SCHOLARSHIP PROGRAM Academic and General Excellence Scholarships for students commencing Year 7 in 2011 **Further information available on our website**

Phone : 5987 2805 | Address : 110 Harrison's Road - Dromana | Website : www.dsc.vic.edu.au

Readers' Retreat, Book Trailers, Maths Study Skills and Exam Preparation, Aviation - Basic Aeronautical Knowledge, Study Skills, Exam Revision and Private Study, Da Vinci Decathlon, Foreign Film Festival, Capturing the Art of Photography, Production Set Production, Mixed Media, Adventures in Art, Dance Movies, Advance Your Dance, Alternative Journals, It's A Health and Aquatic Centre Reference for Boys, Tennis, Bowling Academy - Become an Indoor Climbing, Rope Team Preparation, Indoc

Learning by doing

Fly a plane, sew a dress, do a dance or conquer a rock wall!

Woodleigh School's activity program is dedicated to real learning – providing students with a range of experiences to engage and inspire, and empowering them from a young age by giving them the right to choose and follow their own interests or passions.

To learn more about Woodleigh School and the opportunities it offers your child, visit the School's website woodleigh.vic.edu.au or call the Director of Enrolments Bruce McCallum on 5971 6100.

A school of independent thought

woodleigh.vic.edu.au

www.gdlife.com.au | 33

Showcasing Sport at Mornington Secondary College

Mornington Secondary College is becoming the 2010 sporting school of the Peninsula.

The college recently sent its largest ever swimming squad to the state finals at the Melbourne Sports and Aquatic Centre following outstanding successes in the southern zone schools competition. The team of divers and swimmers represented the college with distinction and excellent sportsmanship, posting some great times and dives, lifting the ranking of the school to 16th in the state, an amazing achievement over previous years.

The first two terms have seen increased college participation in a wide range of sporting events. For the first time in many years, an equestrian team has been established, with students moving up to

the next level of competition at Tintern in May. The house athletics carnival, at Ballam Park was a perfect start to the College's athletics program with events and activities for all skill levels. Students are preparing for busy carnivals in cross country, aerobics and triathlon hoping to build on their successes of last year, where a number of teams successfully made it to State level with state champions in gymnastics, and rugby.

The college is fortunate in having first class sporting facilities, extensive playing grounds, a 25m indoor/heated swimming pool and a state of the art 3-court basketball stadium. A recent addition to school facilities is a fully equipped gym, the Fit Club, which is open to all students, staff & their families.



Drama Students Prepare for Showcase Event

Students from the Helen O'Grady Drama Academy on the Mornington Peninsula are preparing to take part in their end of term Parent's Day.

Parent Days are show-cases for the skills developed and honed in classes. Students put their vocal and acting talents into practice by demonstrating a piece of Verbal Dynamics, as well as taking part in scripted and improvised plays, and dynamic movement pieces.

The Academy's aim is to help children and young people develop the skills needed in today's competitive world with a programme that develops social and communication skills in children and gives them confidence.

Principal Ros Williams said: "In these days of high tech

communications, the Academy retrains some of the forgotten skills of actually holding a conversation, maintaining appropriate eye contact, speaking in full sentences and having a voice worth listening to.

"With increased competition for school and university places and later in the job market, it has never been more important for young people to present themselves in a confident and articulate manner.

"It's always a pleasure for me to observe our students at Parents Days and see the wonderful growth and development in each of them. Their faces reflect their enormous pride in their achievements."

Inspirational Learning on the Mornington Peninsula



Mornington Secondary College is the inspirational school of the Mornington Peninsula and prides itself on being able to provide the best educational opportunities for students from year 7 through to year 12.

The college boasts expansive and attractive grounds, state of the art facilities & resources & a curriculum designed to provide rewarding & stimulating educational challenges for all. Tours of the college are conducted every week, so if you would like to experience first-hand the college in operation, please contact the office & make a booking.



Tour & enrolment inquiries welcome
Please contact the office on 5970 0200

Mornington Secondary College - 1051 Nepean Hwy, Mornington
Ph. 5970 0200 www.mornsc.vic.edu.au

respect... honour... relationships... challenge

Weekly classes:

Frankston
Langwarrin
Mt Eliza
Mornington
Rosebud
Cranbourne



Set Your Children Up For Life!



Helen O'Grady Drama Classes encourage students aged 5-17 to develop confidence and communication skills. They provide excellent preparation for growing up in today's competitive world. **They'll just love it!**

Phone 5974 4499 to find out more about our classes.
www.helenogradyschool.com.au

Teachers are Key at Toorak

Choosing a school for your child can be a daunting task. As parents we know each of our children's unique characteristics. We delight in their individuality and we rightly look for a school that will nurture and build upon both their personality and their potential.

I often hear parents talking about there needing to be the right "fit" between school and child but I'm never entirely comfortable with the concept. It carries with it a sense of fixed dimension either on the part of the school or the child. In reality, neither is or should want to be unchanging or inflexible.

Schools are communities. Good schools should be dynamic and exciting places of learning. There should be a spirit of engagement and belonging.

This, in turn, will lead to improved academic and social outcomes. Rather than being a static entity into which we slot willing learners, a school should change to reflect the qualities and capacities of all those who join in making and remaking that school each year.

Teachers are key contributors to this ongoing cycle. By knowing their students, assessing their students' strengths and weaknesses and varying their delivery of programs accordingly, the teachers are the ones best placed to make the difference. My suggestion to parents inquiring about schools would be to ask school leaders to talk about the teachers.

At Toorak College, through our Master Teacher and Mentor program, our support of professional

learning and our encouragement of teams and collegiality, we bring together teachers who create and support a culture in which each individual is encouraged to thrive rather than forced to fit. Our teachers are strongly committed to our key directions of academic enhancement, leadership and internationalism. I welcome inquiring parents to ask me to tell them about our teachers. Better still, take a tour of Toorak College, meet and talk to our teachers, observe their practice and watch how the students respond to the myriad of learning opportunities made available.

Noel Thomas - Principal



Imitation: the Best Form of Flattery in any Career

Watching a group of 3 and 4 years olds play acting as a teacher has been one of the most memorable days in Pia Pynnonen's growing children's services career. Knowing they were imitating her - made the day even more enjoyable.

"The children in my room decided to role play "Miss Pia" during group time. They had my sentences, actions and the dramatic hand on hip action down pat. Watching them was one of the funniest moments so far in my career," highlights Pia Pynnonen, Group Leader of a Bayside Childcare centre.

From beginning with a stint of work experience during High School, Pia has steadily been building her career through ongoing training. "Training has been important. I started with my Certificate III and have recently finished my Diploma in Children's Services. Training has made me reflect on how I currently work and to understand the different perspectives of the situations we come across in our day to day activities. Importantly it will also open more doors for my future as trainer to Child Care workers or primary teaching".

Rosina O'Brien, Team Leader of Pragmatic Training Children's Service Unit agrees. "The course can take you a variety of directions. We have students who have studied to increase their opportunities within a formal childcare setting, but also those who have done a course to start their own family day care business. While there are range of career options, what they all have is a passion for the industry and a love of making a difference in children's development."



"This industry is changing", Pia notes. "Once seen as babysitting, the industry now focuses on supporting children's development, staff accreditation and the professionalism of the service that is offered. Parents are now really interested in the understanding the difference that can be made to their child's development while they are away from the home".

For more info please call pragmatic training on 1800 155 486 or visit the website www.pragmatictraining.com.au/growyourcareer

GROW YOUR CAREER in Children's Services

(CHC50908) Diploma in Children's Services
Early Childhood Education and Care (Nationally Recognised)

NEW!

ENROL NOW!

Only \$500 for eligible* students

Limited places available for June intake.

Flexible Training Options (evening, on the job, correspondence)

1800 155 486

www.pragmatictraining.com.au/growyourcareer

PRAGMATIC
TRAINING

Provider No. 121391

Australia wide since 2003

*Cost of \$500 is for eligible participants as part of the funding from 'Securing Jobs for Your Future - Skills Deepening'.

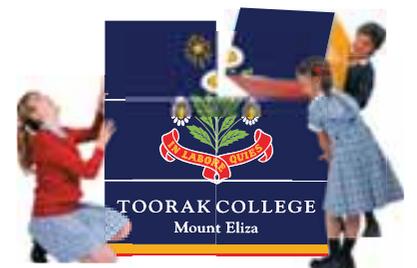


I have the opportunity to achieve my very best...
...and it shows!

Toorak College is a consistently high achieving school with an emphasis on academic enhancement, leadership and enterprise, and internationalism. Each student is supported and challenged to achieve his or her personal best in an open, nurturing environment.

For enquiries or school tours please call Ms Donna Galloway 9788 7234.

Co-educational to Year 6 | Girls to Year 12 | Day and Boarding | Old Mornington Road, Mount Eliza | www.toorak.vic.edu.au



Learning | Courage | Integrity | Excellence | Leadership Through Service

Simply the Best and Nothing Less

Thinking of Leasing your property? Looking for a point of difference?

- Personal one on one service with an experienced agent
- Ongoing communication about your property and the market
- Effective marketing strategies
- Low vacancy rates and higher rental yields
- Communication with relocation agencies and corporate clients
- Informative rent lists, inspection times and easy access arrangements
- Careful tenant selection in consultation with you
- Regular maintenance recommendations



We view rental properties as a valuable asset. You can be confident that your property is being cared for by both agent and tenant. We take great care to ensure the highest net rental is achieved and that your property is in safe, professional hands.

FOR YOUR **FREE** RENTAL MARKET APPRAISAL
Call Kylie on 5976 6666

Honor Baxter
REAL ESTATE
PH. 03 5976 6688
209 MAIN STREET, MORNINGTON
www.honorbaxter.com.au



WOMEN | *in Business*

Your Financial Questions Answered

The GFC has been the focus of boardroom, lunchroom and family dining room conversations for the past year and a half. For most people the conversations have left them with more questions than answers.

The only thing for sure is that the GFC has had an impact on people all over the world. It has affected people from all walks of life and, for many people, it has left them feeling helpless and unsure of what the future holds for them. For those who were planning to retire in the next few years, a drop in super balances may have caused them to have to rethink their retirement plans.

There are a few things you can do to help get your finances back on track. First, take a look at the END of Year Super contribution strategies and see if any of them apply to you.

Strategies to help boost Superannuation Balances and Save Tax

Government Co- Contribution

If your total income is less than \$58,980.00, you are under 71 and lodge an income tax return you are eligible for the government co-contribution.

How it works - If you make an undeducted contribution UP TO \$1000 the government will make a three-to-two contribution (ie \$1,500) on your behalf to your super fund.

This is also a great way to help children and grandchildren boost their savings as well. You may want to give your child or grandchild a gift by making a contribution to their super fund. As long as they are 15 years of age or over and lodge a tax return, they are eligible for the co-contribution payment from the government as well. This is a fantastic way to help younger family members get in the habit of good money skills and start a savings plan.

Pre-pay your interest

If you borrowed funds to purchase an investment that will generate assessable income, you may be entitled to claim a tax deduction for the interest payable on your loan. If you pre-pay the interest on your investment

#	\$	1
#	ASX	2
#	SUPER	3
#	SHARES	4
#	PENSIONS	5
#	INVESTING	6
#	ESTATE - PLANING	7
#	WEALTH - ACCUMULATION	8

Is your financial sight fuzzy? Why not do something about it now?

You are invited to attend our unique and valuable **FREE** workshop series. Designed to fight the financial frustration when dealing with topics such as superannuation, estate planning and wealth creation. Tricia Hill from Life Solutions Financial Advisers will be hosting two series of four financial workshops held monthly at two locations for your convenience. The first session will be held **June 7th 10am-11:30am** at the beautiful Boyz@Manyung Restaurant, Manyung Gallery, Mt Eliza & **June 10th 10am-11:30am** at Coast Restaurant, Blairgowrie.

Seating is limited, so please book early to avoid disappointment!
Call Laura on 03 5976 6599 or email tricia@hilladvisers.com.au



wisewealth
for women



loan NOW - covering the next 12 months - you may be able to claim a deduction for that interest in your tax return.

Make a personal super contribution (for those self employed)

By making a deductible contribution to superannuation, you can reduce your taxable income and therefore decrease your personal income tax liability. If you've sold an asset during the year and realized a significant capital gain, you may also be able to offset any personal income tax that would have been payable on the capital gain.

Contribute Super on behalf of your spouse

You can receive a tax rebate for making a contribution to your spouse's super fund if his or her assessable income (including reportable fringe benefits) is less than \$13,800. Because it's a tax offset, you'll make a direct savings against your income tax liability.

Now is the time to seek advice and make a plan for your future, if you have a superannuation fund, make sure you have a plan to make it work for YOU. YOU have worked hard to build your super so make sure it does the same for you.

If you want help to get a little clarity to your financial future, join Tricia Hill from Life Solutions Financial Advisers of Mornington around the table for morning tea.

Commencing in June, Tricia will be offering a series of free financial workshops for women in both Mt Eliza, at the Boyz at Manyung, and in Blairgowrie, at Coast.

Please call Life Solution Financial Advisers on 5976 6599 for more information.

Local Agent Cycles for Care

Local agent Honor Baxter will cycle through Viet Nam to raise funds for Care Australia.

"It all sounded like an exhausting challenge, something to seriously get you out of your comfort zone but the rewards were compelling. To help CARE, an international humanitarian aid organization fight global poverty, with a special focus on working with women and girls to bring lasting change in their communities." Honor will be cycling 500 km across Viet Nam in September and is looking for sponsors for the fundraising trip.

The 7 day trek will start in Hue, follow the coast to Lang Co, uphill to Hoi An, through farming lands and coastal foothills to Tam Ky, past paddy fields and wave to the women hard at work on the way to Quang Ngai, a challenging climb to Quang Nam and then to Pleiku.

Honor will be hosting an Art Exhibition in July and a fund raising luncheon with an auction.

If you would like to be a sponsor please contact Honor on 0418 148 468 or email honor@honorbaxter.com.au

Cheques can be made out to 'Care Australia' & all donations are tax deductible. You can drop or send your donation to 209 Main Street Mornington VIC 3931. Donations for the auction will be enthusiastically accepted. Any contributions will support CARE & you will be joining the movement to fight poverty and defend dignity. Together, we can make a difference.



International natural organic skincare range for women and men produced on the Mornington Peninsula
100% Natural and
100% made in Australia

Mary Bruce
Natural organic skincare

It's Essential...



RESPONSIBLE FOR NATURALLY BEAUTIFUL
SKIN SINCE
1984

Mobile facials available

HEAD OFFICE | P.O. Box 36 | MCCRAE VIC 3938
PH: (03) 5986 6787 | MOBILE: 0432 231 372
EMAIL: MARYBRUCE@MARYBRUCE.COM.AU
WEB: WWW.MARYBRUCE.COM.AU

HARVEST YOUR CLIENTS

GROW YOUR BUSINESS

- Harvest generates qualified B2B sales meetings for our clients with the right decision makers in the right companies
- We guarantee all meetings generated and protect the reputation and brands we represent in the marketplace
- Our clients come from a range of industries: IT Consulting and Services, Business Consulting, Advertising, Commercial Real Estate, Training, Recruitment, Marketing, Design, Web Marketing, HR Services
- Our team members are experienced sales professionals who all work from our office in a family friendly team environment
- We offer stress free sales: our clients can just focus on meeting with more warm prospects face to face. We'll take care of the rest.

To find out how our services can accelerate your business sales, or to find out how to join our dynamic team, please phone us today: **1300 300 485.**
www.harvestmanagement.com.au

HAVING foolishly let slip the imminence of a milestone birthday last issue, there's now little point in trying to let my 40th slip though to the keeper.

So to mark the occasion and celebrate being just a little older and wiser, I have spent the past few weeks compiling Karen's top 40 list of "Things I Know Now I'm 40". Enjoy ...

10 Things I Know About Kids:

1. The primary purpose of pet rabbits would appear to be the opportunity to teach your children about life and death.
2. That it is possible for your son to have 37 bruises on his legs and NOT be the victim of child abuse.
3. That food fads pass and a (temporary) diet of tinned spaghetti will not result in scurvy.
4. That children who refuse to spend the entire night in their own bed will eventually be totally grossed out by the thought of hopping into bed with Mum and Dad
5. That when you think they're sick, they probably are, and when a small child appears beside your bed at 2am saying "I think I'm going to ...", your best bet is to pull the doona over your head really quickly.
6. That I don't remember nearly as much trigonometry as I thought I did.
7. That it is entirely possible to create 'weird hair' from the contents of a first aid kit while parked in the drop off zone at school.
8. That my taste in music is truly awful.
9. That sometimes they still need a bubble bath and a cuddle, even when they're taller than you.
10. That my Nan was right, and they really are only little for a very short time. Sigh ...

10 Things I Know About Keeping House:

1. That small pieces of Lego, invisible to the naked eye, are easily found by the bare foot.
2. That no-one ever calls in just after you've cleaned the house.
3. That it is advisable to hold off on choosing a sofa until you know what colour your cat will be.
4. That, when push comes to shove, you really only need to iron the bits of the school shirt that are visible from under the school jumper.
5. That hospital corners are worth the extra effort but fitted sheets are not the work of devil (and yes Mum that was directed at you!).
6. That money spent on extra cupboards is never wasted.
7. That it is entirely unreasonable that scientists sent a man to the moon but to date have not created a washing machine with a 'tissue in the pocket' alarm.
8. That Martha Stewart has staff - probably a whole army.
9. That blokes just don't get the whole cushion and throw rug thing.
10. That it will still be there tomorrow so on the rare occasion that opportunity presents itself, put your feet up and read a book.

10 Things I Know About Work:

1. That it comes in handy if you like spending money.
2. That there no such thing as the mythical 'work life balance', just some days when you do a better job of keeping all the plates spinning.
3. That regardless of occupation, it's ALWAYS Mum that gets the phone call from school about vomit or nits.
4. That sometimes work is a nicer place to be than home.
6. And that sometimes working mums fantasise about being 50's housewives.
7. That chanting 'I believe in fairies, I believe in fairies' might well revive Tinkerbell but sadly does not result in a visit from the housework fairy while

you're at work. And yes, I have tried it.

8. That it's okay to be secretly relieved that you can't offer to be a parent helper on the excursion to the local sewerage treatment plant (I kid you not) because you have to work that day.

9. That a change isn't anywhere near as good as a holiday.

10. And finally, that there is no such thing as a non-working Mum.



10 Things I Know About ... Other Stuff:

1. That there is a direct correlation between how long I have know someone and the likelihood that said person will give me a potted plant as a gift.
2. That cats don't love you back.
3. That a pre-emptive strike in the form of a lamb roast softens the news that you are planning a girls' day at Chadstone.
4. That demonstrating your prowess on the monkey bars to your 6 year old is a really, really bad idea.
5. That you probably won't have better luck with the next rabbit.
6. That you will (eventually) look back and laugh about heaps of things that seemed terribly serious at the time.
7. That for fair skinned redheads, there is no such thing as a natural looking fake tan.
8. That during any major garden makeover it's quite important to remember where you buried the first dog.
9. That Mum was right about quite a lot of stuff.
10. And lastly ... that turning 40 is not such a big deal, and let's face it, a whole lot better than the alternative.

Hip, Hip, Hooray, I made it!

MORNINGTON PENINSULA'S WOMEN IN THE WORKPLACE & WESTPAC KARINGAL WOMENCONNECT

Joint networking luncheon between Mornington Peninsula's

Women in the Workplace and Westpac Karingal WomenConnect

Date: Thursday 22nd July 2010
Venue: Frankston RSL
 183 Cranbourne Road, Frankston
Time: 12noon - 2pm
Guest speakers: Larke Riemer, National Head of Women's Markets for Westpac & Val Corva, International Inner Wheel Board Director
Bookings: Frankston Visitor Information Centre
Phone: 1300 322 842
Email: tourism@frankston.vic.gov.au

WESTPAC KARINGAL WOMENCONNECT
Date: Thursday 16th September 2010
Venue: Settlers Run Golf and Country Club
 1 Settlers Run, Pearcedale
Time: 12noon - 2pm
Guest speakers: TBA
Bookings: Frankston Visitor Information Centre
Phone: 1300 322 842
Email: tourism@frankston.vic.gov.au

What our Members Have to Say!

We have been members of the Frankston Chamber of Commerce since we purchased the Frankston Sign A Rama business in May 2007.

Norma and I, (David) were new to the Frankston area in 2007 and part of our business plan was to join as many networking and community groups as possible and to take part in as many activities as possible.

We have attended almost every Chamber networking event since then and been an active participant in all trade nights and expos that have been held.

In August 2009 we enjoyed our first networking night held at our premises in Klauer Street Seaford, we found this to be a highly successful evening and has enabled us to engage with many other business owners and managers who attended.

We have found the Frankston Chamber committee and members to be supportive and proactive in their endeavours to promote local businesses.

In our opinion The Chamber network is an excellent conduit for meeting business representatives and owners that gives us all the opportunity to generate and build relationships not only in business arena but also in a social environment.

We have met some wonderful people through the Chamber activities who are now both clients and friends.

Well done to the Chamber Team and keep up the good work.

Kind Regards

David and Norma Extance



Calendar of Events

Business and Networking Events

June

- 1st Business Breakfast** 7:15am - 8:30am
Speaker: Amber Rabinov -
Senior Economist ANZ
Steeple Restaurant, Mornington
- 15th Networking Night** 5:30pm - 7:30pm
Replas Victoria 27 Titan Drive,
Carrum Downs

July

- 20th Networking Night** - 5.30pm - 7.30pm
Sign A Rama, 8 Klauer Street Seaford
- 22nd Westpac Karingal's WomenConnect
Frankston & Women in the
Workplace** - Frankston RSL
Cranbourne Road Frankston

August

- 17th FBC Hot Deals Expo** 5pm

Businesses Expo-sed!

Hot Deals on Offer

This year we have secured a larger venue to accommodate even more exhibitors with "Hot Deals".

Business operators from throughout the greater Frankston region will be displaying their wares at the Frankston Arts Centre in a bid to demonstrate to the public the vast range of trades, services and products being offered locally.

Frankston Business Chamber President, Sorin Ionascu said that "There is a plethora of amazing businesses available in this area and we want to showcase the wonderful innovations at our fingertips."

The Frankston Business Chamber held the first Frankston Trade Expo last year with over 80 displays, it generated fantastic results for both exhibitors and attendees. This year we have secured a larger venue to accommodate even more.

All facets of business and related services are invited to be on display, providing attendees with the opportunity to meet the business operators and get the best information direct from the source. Meet new local suppliers and talk to the experts in a friendly environment.

Don't miss this exciting opportunity to promote your business on

17th August, 5-8pm,
Frankston Arts Centre,
Davey St, Frankston.

Registration for exhibitors is now open but spaces are limited.

For more information call Allison at the Frankston Business Chamber on 9781 1422 or go to www.frankstonchamber.com.au to download your registration form to exhibit.



Frankston Business Chamber

For more information or to subscribe to receive our free quarterly e-newsletter with updates on Chamber activities, upcoming events, business news, and advertorials from our members call 9781 1422.

Visit www.frankstonchamber.com.au or email info@frankstonchamber.com.au

The WOW Experience...



A brand new Australian concept in Beauty retailing, makeup services and classes has opened its first store in Frankston.

The WOW Factor-e is the brainchild of Cate Cracknell and brings her original concept in retail, together with a passion for ensuring makeup and its application are a fun experience.

A makeup artist herself and with an extensive background in the industry Cate felt there was a better way of doing things.

The WOW Factor-e, is a retail and makeup store that is the cutest "factory" you've ever seen.

And down the back, The WOW Workshop is where you can either receive a variety of makeup services or undertake one of their fun (but serious!) makeup courses.

As a retailer, the aim is to present all this in a fun, engaging and unlike so many beauty retailers, a non-threatening way. And the range of available products is extensive: Cosmetics, Skin Care, Nail Polish and Nail Care, Bath & Body, Fashion Accessories, Cosmetic Accessories. The other exciting dimension to the product offer at The WOW Factor-e, is the huge range of gifting options available.

The WOW Factor-e
The hottest 'factory' you've ever seen

Nail Art & Makeup Parties

1 - 1.5 hour workshops of Nail Art or Makeup fun & techniques
Min - 5 Max - 9 Ages 10+

\$15 per head plus party 'loot' noodle boxes filled with products (from \$15 - \$25 per head & a choice of special gifts for the birthday girl)

13-15 Thompson St Frankston Vic 3199
visit to the Drinky Shop

for bookings call us on **9770 5844**

Bare Necessities and More

For Autumn/Winter 2010, a few fashion trends will be the difference-makers in the marketplace. It is a season full of romance and sensuality, with a heavy emphasis on boudoir and pretty. Expect to see satin ribbon lace-ups, pin tucking, gathered lace and, of course, frills.

And since we are on the subject, sensuality and hospitality are hallmarks of a cute little lingerie boutique, Bare Necessities, nestled in the heart of Frankston. Open for less than 6 months, Bare Necessities has hit its stride with the discerning lingerie customer. The shop, a universe unto itself, is inviting from the outset. From its unmistakable purple awning outside and stark white interior decor (which allows for fabulous merchandise to steal the spotlight), to the shops friendly, patient and knowledgeable owner, everything is done with the customer's comfort in mind.

True to its name, Bare Necessities stocks a full range of everyday, must-have lingerie, as well as more than a few pieces too fabulous to cover up, and can be worn as outerwear.

With opening price-points in the \$9 range (for a Poison Rose panty) to upwards of \$70 (for an exquisite pair of Elomi panties), Bare Necessities can easily meet the needs of a broad spectrum of lingerie customers.

"Our customer is interested in items that make them, both, feel and look amazing. Fabric quality, beautiful design and gorgeous, thoughtful detail are the drivers," says shop owner Gordana. "We get a lot of customers that come in expressly to

purchase gifts for loved ones, but ultimately add on a few 'goodies' for themselves."

And with inventory that includes sleepwear, handmade handbags and jewellery, can anyone blame them?

But make no mistake about it; Bare Necessities is a lingerie boutique, first and foremost. Offering up to 15% off RRP on major brands year round, Bare Necessities stocks: Berlei, Bella Bodies, Calvin Klein, Curvy Kate, Elomi, Fantasie, Freya, Holeproof, Keia, Kayser, Little Minx, Simply Silk, Spanx, Triumph and many more.

To round out the bill, Bare Necessities offers a complementary fitting service and After Hours availability, by appointment. Yet another benchmark of the outstanding, "customer first" mentality that separates this quaint boutique from the pack.

Bare Necessities is located at 86 Wells Street in Frankston (between Subway and Dick Smith) (www.barenecessitiesaustralia.blogspot.com) (become a fan on Facebook @ Bare Necessities Boutique - Melbourne)



- ❖ Live bands every Friday & Saturday night!
- ❖ Weekends Resident DJ Anthony Wilson playing all the latest dance trax till early hours of the morning.
- ❖ Free entry and drink specials
- ❖ 7 Large screens to watch all your sporting events Football, World cup soccer, Boxing, Rugby & more.
- ❖ Check out our Facebook page (Bayside Bar) for what's on & specials.
- ❖ Let us cater for all your special requirements for your corporate events, conferences, private functions & special occasions.



The Bayside

Open 7 days weekdays

coffee served
Mon-Fri from 7am
weekday \$12 Lunch specials
Live bands, DJ's, all major sporting events functions or events

Call Brendan or Shannon for Details 97700055



Bare Necessities
Lingerie & Jewellery

Berlei,
Bella Bodies,
Elomi,
Little Minx,
Keia,
Spanx,
Triumph,
and many more

86 Wells Street Frankston, Victoria, 3199
Phone: (03) 9770 1994 Fax: (03) 9770 1992
www.barenecessitiesaustralia.blogspot.com
bare_necessities@hotmail.com

CNR THOMPSON & WELLS ST, FRANKSTON PH: 03 9770 0055

The World Nail Crisis is Over!



Are you sick of your nail polish not drying.

Does it frustrate you when you've sat for hours and you smudge your nail polish.

Isn't it annoying when your nail polish chips or wears off in a few days?

Nail collections has the answer to all your problems.

SAY HELLO to SHELLAC, the first hybrid nail colour. Goes on like polish, wears like gel It's the latest in nail technology.

Shellac is the breakthrough, patent – pending UV3 technology that combines the ease of polish with the permanence of gels. A true innovation in chip-free, extended-wear colour.

Beckie White director (pic above) of Nail Collections said "Shellac is truly amazing. Having been in the beauty industry for more than 20 years I have seen many innovative products however this one would have to take the number 1 prize. It's so revolutionary that it requires no filing, no drilling and it dries instantly. Its fabulous for the nail industry and for our salon. Our team is so excited."

Shellac is UV cured, so there's zero dry-time. Its thin and flexible like polish, so it not only looks natural - it provides strong natural nail protection.

The results?... 14 - DAY, glorious, high-gloss shine that's truly addictive.

Call now to book in for this nail revolution.

Get SHELLACKED!!! Nail Collections 9783 4833

The FIRST salon on the Peninsula to be educated in this fantastic product.

Taking a Shine to Service

Frankston's newest jeweller is one of the region's oldest – Minzenmay's have some 99 years experience, internationally and in nearby Mornington.

It's the learning from this that has enabled Minzenmay Moda to delight their new customers with personal service and an extensive choice of jewellery for every fashion style and occasion. So much so that they've even had overseas visitors come to the shop on recommendation from friends who had visited Minzenmay's when they were in Australia! "We did a lot of work before we came to Frankston," said Paul Minzenmay, a third generation family member and the company's managing director.

"We knew Frankston was a growth area, but we also knew it was a different market to our traditional Mornington base." That difference is reflected in the range of jewellery you'll find at Minzenmay Moda and the store décor. "The reaction from our new customers has been simply brilliant, one of the things that really impresses them is the level of service we provide," Paul explained, "we focus on understanding what people want and then offering them choices until we've helped them identify the perfect purchase."



But what happens if you're buying a gift for a loved one or family member and you don't really know what you want? That's where the experience of Minzenmay Moda's staff is invaluable. Given a few details about the recipient, they can recommend a range of options at price points that suit your budget.

The ever-popular Pandora is a favourite with many, while the exclusive Ole Lynggaard range provides an alternative for those who wish to be a little different.

Whatever you choose at Minzenmay Moda comes with exquisite, complimentary gift wrapping which will enhance the whole experience for the lucky recipient – and a 14 day money-back guarantee for peace of mind – an option however, as Paul Minzenmay explained, that is rarely used.

**MOVE OVER NAIL POLISH...
HERE IS SHELLAC!**

Shellac is a new hybrid innovation that goes on like polish, wears like gel, and comes off in minutes. Its thin and flexible formula provides natural nail protection with a resilient mirror finish that resists dullness and chipping. Designed for natural and artificial nails. Only available @ Nail Collections.

Shop 5-7 19, Wells St, Frankston VIC 3199 | Phone (03) 9783 4833

PANDORA
UNFORGETTABLE MOMENTS

MINZENMAY
MODA

152 Main St Mornington
P 5975 2439

9 Thompson St Frankston
P 9781 4516

www.minzenmay.com.au

DINING | *and Entertainment*

As Winter settles in on the Peninsula, we can start to enjoy the change of menus around our restaurants and we have asked some of our most popular venues for their hot tips on their best dishes

In Frankston:

Next time you visit **Daveys Bar and Bistro** try the Seafood tapas - it is a great dish to share with friend, for an entree or enjoy all by yourself.

Another great seafood dish is Wasabi Prawns from **Ginseng** (pictured) in Frankston. This dish consists of King Prawns with a Wasabi mayonaisse sauce- it still has the bite and flavour of Wasabi without making you crossed eyed (this is our



editor's favourite). The salt and pepper calamari is also a very popular Goodlife staff choice.

If fish is not your dish then Peking Duck from **Ginseng** also comes highly recommended.

Hate to choose? Then head to the **Spice Club** (pictured) They have a buffet of different Indian foods so you can try many different tastes without making a difficult decision.



Siam Bayside is the perfect place to pick up some takeaway to enjoy in the warmth of your own home or for a quick catch up with friends. If you have been there before you will know the Pad Thai and Chicken Masuma is hard to go past. If not then put them on top of your must try list.

Lunch or dinner at **Caesars** is always good - next time try their Vitello Saltimbocca milk fed veal, pan-fried, layered with black olive tapenade, prosciutto crudo & provolone cheese in white wine veal jus, on roasted garlic potato mash.

And looking for a hearty pub meal then **The Bayside** serves a mean Chicken Parma available for lunch or dinner.

In Mt Eliza:

CB's new menu includes the seafood platter for 1, 2 or more people plus over 50 wines by the glass and at **Verde** (pictured) you can't go past their always changing specials. Although as a regular feature on their menu the orange and rosemary lamb shank with seasonal vegetables on herbed polenta is a great one for winter and try their new lounge bar for after work or pre dinner drinks.



Whilst at **Morning Star** you could dine on the view alone but I would suggest you have the pan seared scallops with sticky pork and lotus root chips for a really great dining experience.

See you around the restaurants

Melissa G

the Spice Club
INDIAN BRASSERIE

WINTER SPECIAL
Tuesdays - Two for One
Mains only (order 1 & get 1 free)
Thursdays Seniors Card
Holders Discount
*Conditions applies

Grand Indian Buffet - Fri and Sat
Flavours of India - Friday Lunch
Thali Lunch Special - Wed, Thurs, Sun

a la Carte 5pm Daily • Lunch 12noon to 2.30pm
Take Away • Catering
Private Functions • Corporate Functions

THURSDAYS
Seniors Card holders Discount
* Conditions applies

506 Nepean Hwy, Frankston
Ph. 9770 5011
www.thespiceclub.com.au

SIAM BAYSIDE
The Peninsula's Finest Thai Cuisine

Dinner from 5.00 pm 7 nights
Fully Licensed - BYO Wine only
NOW OPEN FRIDAY LUNCH
11.30 am - 2.30 pm

PHONE. 9783 8310
Shop 4, 506 Nepean Highway, Frankston
(beachside) www.siambayside.com.au

ginseng
Modern Asian Cuisine

LUNCH SPECIAL 2 COURSES AND GLASS OF WINE
ONLY \$20.00 VALID THURS- SAT.

DINE IN OR TAKE-AWAY
Fully Licensed or BYO (wine only)
Yum Cha Daily

Open 7 days for Dinner, Lunch Thurs - Sun
We cater for special occasions, birthdays,
weddings & functions seating up to 120pax

430 Nepean Hwy, Frankston ph. 9783 1313
www.ginsengrestaurant.com.au

Pump It Up at Daveys

At Daveys you can relax with a quiet drink on the outdoor deck, or lounge in the stylish bar and take in some jazz. Then when you're ready, pump it up on Friday and Saturday night with DJs and live bands. Daveys is one of the most popular restaurants and entertainment lounge bars on the Peninsula.

With a variety of areas available including the Function Room, The Deck or a private section of the restaurant, Daveys is the perfect venue for your function. Their dedicated and professional function's team will manage your event personally from the first enquiry to the last drink.

Daveys' a la carte restaurant features modern Australian cuisine with Mediterranean influences and seafood.

The wine list offers a wide range of local Mornington Peninsula wines.

The 160-seat restaurant has tiered areas featuring exclusive booths surrounding the spacious and tranquil room.

The restaurant is filled with natural light, giving it a bright, contemporary ambiance in which diners can appreciate the relaxing vista created by the closeness of Port Phillip Bay and the picturesque bridges and boats at the mouth of Kananook Creek.



Mediterranean Delights

Caesars specialises in Mediterranean cuisine influenced with modern

Italian flavours. They combine the freshest local and imported produce to create innovative menus with specials changing daily.

Owner operator/chef Mario has devised a full a la carte menu with varied dishes for vegetarians, gluten free, vegans and children, with fresh home made pasta to die for and luscious desserts to tempt the sweetest tooth.

Enjoy great friendly service at lunch or dinner at Caesars. Open 7 days



Coming Up at Morning Star

This Queens Birthday weekend Morning Star will be hosting a dinner and dance with jazz legends Raw Silk. Enjoy a two course meal with superb jazz in the Estate restaurant, on Sunday the 13th June starting at 6.30pm.

Tickets are \$55 per person including a two course meal (main and dessert) with a beverage on arrival.

Then on the Saturday 26th June 2010 Morning Star Estate is proud to announce a fabulous night of fine dining and superb entertainment.

The Rat Pack Are Back Show & The 3 Singing Waiters Show starts at 8pm tickets are \$95 per person including a three course meal

Midweek Lunch Special 2 course meal with a glass of house wine for only \$35.00. Wednesday, Thursday and Friday lunch.

The Winter Embrace Package Includes a 2 course dinner with accommodation and breakfast, \$145 per guest twin share Friday and Saturday evenings. this special is only valid until 31.08.10
Booking and tickets Call 9787 7760



Relax | Unwind | Indulge!



Spectacular bay views with our shade sails on our back deck area.

Delicious modern Australian cuisine with Mediterranean influences.
Fine Mornington Peninsula Wines.

Relax with some Jazz, Blues and Soul Music Every Sunday - Free Entry.

Live bands and DJ's
Friday & Saturday nights from 9.30pm.

Restaurant open 7 days lunch and dinner,
12 noon - 9pm Sat & Sun

FREE function room available
6 days a week (not Saturdays)

PRESENT THIS AD AND RECEIVE

10% OFF

YOUR TOTAL BILL IN RESTAURANT

* Conditions apply

Daveys

BAR & RESTAURANT

510 Nepean Hwy, Frankston | 9783 7255 | www.daveys.com.au



CAESARS
BAR • RESTAURANT • CAFE

Mediterranean cuisine influenced with modern Italian flavours. We combine the freshest local and imported produce to create an innovative menu with specials changing daily.

Lunch Specials

1 Course \$20.00

2 Courses \$29.90

(incl complimentary glass of wine)

Available Mon - Fri

Mid Week Dinner Specials

2 courses \$39.90

3 courses \$49.90

(incl complimentary glass of Katnook Founders Block Chardonnay or Shiraz)

Available Sunday through to Thursday

Come and try our new winter menu

Bookings recommended

Open 7 days Lunch and Dinner

Private Function Room- book your up and coming function now.

Fully Licensed and BYO Wine.

343 Nepean Hwy, Frankston

Ph. 9770 0111 | www.caesars-restaurant.com.au

Mornington's original
GLUTEN FREE cafe

Gourmet Embrace

Mornington's finest cafe,
a favourite with the locals.

Nominated for
"The Age Good Food Young Chef
of the Year 2011"

•
Breakfast all day

•
Large menu designed
for Vegetarian and Vegans

•
Finest home cooked food cakes
Catering for food allergies
(Specializing in Gluten Free)
Genovese Coffee
Open fire place

**We also Cater! Business events, birthdays,
functions and take home meals. From breakfast
to lunch. To gourmet platters and finger food.**

Shop 2c Empire Street Mall,
Main Street Mornington
p.(03) 5975 1381
m.0427 140 362

info@gourmetembrace.com.au
www.gourmetembrace.com.au

AROUND

the restaurants

(cont from 43)

In Mornington:

It is hard to go past lamb this time of year and **Chowdhary's** Lamb Korma served with corn chilli will warm you even on the coldest night.

If you're longing for some real comfort food then a hearty pub meal at

Steeple's like their Chicken served with satay sauce, avocado, grilled cheese and sour cream will fit the bill. And of course the **Mornington on Tanti** and the **Grand Hotel** have winter menus to keep you happily indoors until the sun shines again (see their suggestions on page49).



Mornington Masala suggest their Prawns and Spinach served with rice and frankly they have such a huge range of favourites and flavours it is hard to choose. **Soy** restaurant in Mornington is also another place where you can try a range of different and delicious meals as they serve Yum Cha daily.

And in Mt Martha **Josephines** will offer you Home made Pie of the day served with Salad.

La Monica's in Mornington prides itself on quality food with matching service. Their menu extensive and consistent, with the specials changing daily so regulars can choose from their favourite or try something new. Another unique point of difference about La Monica's menu is the number of dishes that are Gluten Free. Frank and Marie have really gone out of their way to make sure patrons with Coeliac are catered for with dishes designed special for them as well as have options to alter other dishes on the menu.

When you head to La Monica's, I suggest you try the Pasta Surprise or the there Saganaki- Pictured. As a regular my favorite has always been the Seafood Linguini, with a dash of chili, but for something a little smaller to share

I thoroughly enjoyed the pasta surprise- Ravioli filled with Spinach and Ricotta served with a chili mayonnaise that surprisingly compliments the pasta.



Something a Little Different at Salumeria

Salumeria has been now up and running for almost 18 months and is growing stronger by the day with Jamie and Simona offering the freshest ingredients and "good old fashioned cooking."

From the 30th of May every Sunday there will be a pig on a spit served in the quaint little courtyard at Salumeria. Due to popular demand Salumeria will be open for dinner Saturday nights - bookings are essential. Enjoy a lovely evening with traditional Italian foods.

CHOWDHARY

INDIAN TAKE AWAY
LICENSED & B.Y.O RESTAURANT

10 BLAKE STREET MORNINGTON 3931



NORTH INDIAN CURRY & TANDOORI CUISINE

Catering available for all occasions

LUNCH: WED - FRI & SUN
11:30am - 3:30pm

DINNER: OPEN 7 NIGHTS
5:00pm - 10:30pm

PH: 5975 5595



DINNER • BYO • LICENCED

Thay the Sea
RESTAURANT

63B BARKLY STREET
MORNINGTON
VIC 3931

03 5976 8040

*conditions apply

La monicas

\$7.50 COFFEE AND CAKE SPECIAL
TUESDAY TO SUNDAY

*Largest Choice of Gluten Free Meals
in Mornington*

*Open Tuesday to Sunday for Lunch and Dinner
and Breakfast on the the weekends.*

67 Main Street - Mornington
phone: 5976 3198

Open 7 Days - Lunch From 12 to 3pm
Dinner From 5.30 to 10pm (later on Fri & Sat nights)
Yum Cha Daily
Takeaway Available Fully Licensed & BYO wine

RESTAURANT SOY
Upstairs 25a Main St Mornington t. 5975 5311

Young Chef at Gourmet Embrace is in the running...

Nerissa Ryan was nominated for the, "The Age Good Food Young Chef of the Year 2011" So we asked why she is so *passionate about Gluten Free and Vegan Foods?*

Food is a median that brings people together. I believe that no matter what moral stand you have, dietary requirements or allergies, everyone has the right to enjoy the food they eat. That is my aim, to produce good, wholesome food that can be enjoyed in our cafe.

I also enjoy the challenge of making Gluten free Vegan food. Most people think that the food is normally bland, and limited, but here at Gourmet Embrace we provide tasty and diverse meals that meet their dietary requirements.

I have worked at Gourmet Embrace on and off for 5 years. I am now the head chef here and for On the Table Catering, and thoroughly enjoying the environment. The owners Prue and Grant are more than accommodating and there is such a positive, enjoyable atmosphere.



I have also been given the opportunity to finish my apprenticeship this year which will be very rewarding. I had to take a break from it all last year, as I tragically lost my brother and with that lost my passion for food for quite a few months. Working at Gourmet Embrace has helped me rekindle my passion with food, and I am immensely grateful for the support from my fellow workers.

I have been nominated for the "The Age Good Food Young Chef of the Year 2011." If I make the short list I'm in the running to be published in the Age Good Food Guide, and to travel overseas to work with some of the world's best chefs. Fingers crossed!!!

QUICK REFERENCE DINING GUIDE

Dromana

Five Sons Estate
85 Harrisons Rd
5987 3137

Stellas Dromana Hotel
151 Pt Nepean Rd
5987 1922

Stillwater at Crittenden
25 Harrisons Rd
5981 9555

Frankston

Caesars
343 Nepean Hwy
9770 0111

Davey's Bar & Restaurant
510 Nepean H'way
9783 7255

Ginseng
430 Nepean Hwy
9783 1313

Ling Wah
428 Nepean Hwy
9781 5101

Siam Bayside
Shop 4, 506 Nepean Hwy
9783 8310

The Bayside
Cnr Thompson & Wells St
9770 0055

The Spice Club
506 Nepean Hwy
9770 5011

Karingal

Starzone
Wine, Dine & Be
Entertained
9789 1192

Main Ridge

La Petanque
1208 M'ton-Flinders Rd
5931 0155

Morning Sun Vineyard
337 Main Creek Rd
5989 6571

Noels Gallery
1175 M'ton-Flinders Rd
5989 2538

Mornington

Biscottini
159 Main Street
5977 0617

Chowdhary
10 Blake St
5975 5595

Gourmet Embrace
Shop 2c Empire Street
Mall, main Street
Mornongton
5875 1381

La Monicas
67 Main St
5976 3198

Mornington Masala
1e Albert St
5975 7377

Mornington on Tanti
917 Nepean Hwy
5975 2015

Restaurant Soy
Upstairs 25a Main St
5975 5311

Salumeria
37 Main St
5973 4074

Steeple
Mornington Racecourse
5976 0700

Thai By The Sea
63B Barkly St
5976 8040

The Grand Hotel
124 Main St
5975 2001

Merricks Nth

Verasion
269 Myers Rd
Merricks Nth
59897081

Willow Crk/Salix
166 Balnarring Rd
Merricks Nth
59897448

Mt Eliza

CB's
35 Ranelagh Drive Mt
Eliza 9775 2331

Verde
34 Mt Eliza Way, Mt
Eliza 9787 0200

Morning Star Estate
1 Sunnyside Rd
9787 7760

Mt Martha

Josephines at the Briars
Nepean H'way
5974 1104

Red Hill

Linden Tree at Lindenderry
142 Arthurs Seat Rd
5989 2933

Montalto Vineyard & Olive Grove
33 Shoreham Rd
5989 8412

Port Phillip Estate
263 Red Hill Rd
Red Hill Sth
5989 4444

Rye

Rye Hotel
2415 Pt Nepean Rd ph.
5985 2277

Sorrento

Hotel Sorrento
5-15 Hotham Rd ph.
5984 2206

Tuerong

Dromana Estate
555 Old Moorooduc Rd
5974 4400
Balnarring



Varied Menu / Light Lunches

Weddings & Functions



OPENING HOURS
Lunch 5 days 12 - 2.30
Morning & Afternoon Tea 10.30 - 4
Dinner Friday & Saturday 6.30 til late
Closed Monday & Tuesday

The Briars Historic Park
Nepean Hwy, Mt Martha
ph. 5974 1104

UP AND COMING EVENTS

Pig Spit Roast

Every Sunday from the 30th of May
12-3pm

Cheese Tastings

Open for Breakfast and Lunch 6 days
(Closed Thursdays)
Licensed and BYO wine only



37 Main Street Mornington • Phone: 5973 4074

NOEL'S

GALLERY
RESTAURANT
RED HILL



Cosy log fire
Live music Friday nights

Lunch Wed-Sun
Dinner Fri & Sat

- casual dining
- vibrant gallery
- Award-winning menu - Greek Mediterranean
- private dining room



1175 Mornington-Flinders Rd Red Hill (Melway Ref 190 E7)

noelsgallery.com.au

5989 2538

Cosy and Casual at Noels

Winter is here and luckily the valley views from our back veranda dining room are just as stunning as from the deck and not too far from our crackling log fire! The menu is changing with the seasons and we now flow into comfort food with dishes such as the slow cooked Greek lamb served on creamy garlic potato mash to warm you up. Roasted duck is back, fragrant with sherry, orange zest and star anise, cuddled up to a beautiful rich beetroot risotto and a salad of toasted hazelnuts and spinach leaves. Our full page of Mezethes is always there to select from and our casual approach is proving to be a winner. Providing we have space, you can drop in for a wine, coffee, dessert, snacks or the full regalia for most of the day. Live music on Friday nights is bringing in the locals and the tourist passers-by who haven't yet discovered the cosy Noel's ambience and welcoming service.

We open for lunch Wednesday to Sunday and dinners on Fridays and Saturday nights. The "Exhibition Room" is great for groups wanting their own space for up to 24 and we will open outside of normal hours for 15+ people.

QBW Friday: "Ronny Valiant and the Chargers" from 7pm.
Ph: 5989 2538 or info@noelsgallery.com.au.



Jane Tilley - Noels Gallery

**The Peninsula's
Premier Tabaret**
Make it your venue!



TABARET

Bar & Bistro

Ample Parking!

Bistro Open 7 days for Lunch & Dinner
TAB mystery bet, duet & Trackside
Your TAB before and after the races

phone
5976 0711
for reservations

Phone 03 5976 0700 Fax 03 5976 0710
Email admin@steeples.net.au
Cnr Racecourse and Mornington - Tyabb Rds

In Main Ridge/Red Hill:

For a longer lunch or dinner, head to Red Hill and you will find the newly refurbished **Noels Gallery**. Enjoy art works on display in the gallery, a glass of wine and a new Winter menu. The word from the chef is the Roasted Duck, fragrant with sherry, orange zest and star anise culled with a beautiful rich beetroot risotto and a salad of toasted hazelnut and spinach leaves is mouthwatering and will leave you very satisfied.

At the **Pig and Whistle** try their great English 'pub grub' - steak and kidney pudding, beef and Guinness pot pies and the old favourite 500gm rib eye.

You'll be delighted - and very satisfied. Philippe Marquet at **La Petanque** suggests the Flinders Island Lamb Shoulder, thyme farce, confit shallot tart, lebanese eggplant, mini ratatouille and thyme pesto. I suggest you hurry because they are closing soon for renovations, so be quick! We all want those renovations to be speedy because life without LaPetanque for any length of time is a great loss.

One of the newest stars on the Peninsula is the restaurant at **Port Phillip Estate** which is hugely popular already. Try their entrée sized and shared plates which allow you the opportunity to graze across their extensive menu.

In Balnarring:

Salix offers grazing dishes and their affordable mains changes daily. It is perfect for those seeking a more relaxed dining experience, without compromising on the view. Salix Bistro adjoins



Willow Creek Vineyard's cellar door and has recently been renovated to include a new deck overlooking the vineyard.

Soak up the sunshine on the deck with a glass of chardonnay in hand or warm up indoors by the open fire place in the cooler months. Make sure you leave room for dessert when you visit Salix restaurant as I am sure you would hate to miss out on Turkish delight pavlova, pistachio and pomegranate fool with chocolate sauce or the Vanilla bean & local honey pannacotta, grilled fig spiced palmier, which are two or many mouth water desserts available.

Veraison have created a classic dish, the Winter Partridge. A provincial dish inspired by the season and produce available in Balnarring at the moment. With Partridge only available at this time of year, Mark (chef) serves it with Slippery Jack Mushroom Soufle, I am told Slippery Jacks are the local Mushrooms to the Balnarring area. Partridge and Mushrooms are then complemented with a Sticky Point Quince puree and Thyme butter. Definitely a must try, and quickly too as the seasonal produce wont be around for long.

The first weekend of every month (Sundays) you can taste the flavours of Austria at **Schindlers Northway Downs Estate** - hot goulash soup, juicy bratwurst or succulent spit roast served with sauerkraut and followed by apple strudel and cream mmmmmmm

In Moorooduc:

Pierre's Platter will be open for Queens Birthday only at **Stumpy Gully Vineyard**. Amidst the Tuscan

colours of the tasting room overlooking the vineyard, you can sample a stable of impressive wines in a relaxed and friendly atmosphere. Enjoy great food, sensational wines and live music on Sunday and Monday of the Queens Birthday weekend.

In Dromana:

Stillwater at Crittenden are expert at making their guests happy and their suggestion of a winter lunch Monday to Friday \$42 - 2 courses a glass of wine and tea/coffee is sure to please (excludes public holidays)

They also have 2 degustation evenings in July and August - book now for a great night out.

In Tuerong:

Dromana Estate Café will warm the cockles of your heart with a \$25 midweek grill. Chef will prepare your fish of the day, succulent chicken or quality beef with a seasonal salad and housecut chips.

In Rye:

The Rye Hotel of course is used to 'feeding the multitudes' especially in Summer - great satisfying dishes but served with style and finesse. See our centre spread for their suggestion.

The Cups Estate (pictured) have a tapas style menu, with some hot and spices and including Italian meatballs, pork and fennel sausages, pan roasted scampi and more on Friday Saturday and Sunday lunch.



An Experience to Remember

Executive chef Tim Menger serves contemporary dishes prepared from a variety of locally sources and seasonal produce.

When it comes to the dishes on offer, Tim's philosophy is simple - 'Fresh is best'. He prides himself on using local produce whenever possible, including cheeses from the Red Hill Cheese Company and produce from Flinders Farm, to name just two local suppliers and the elegant menu changes to reflect seasonal availability.

With a legion of satisfied diners to attest to the that fact, you can be sure that dining at The

Morningstar Estate Restaurant will be an experience to remember for all the right reasons.

The Estate Restaurant is located at 2 Sunnyside Rd, Mt Eliza P. 9788 6630 Bookings are recommended. Lunch Wed to Sun from 10am Dinner Fri & Sat from 6:30pm



Montalto Offers a Journey

Described as 'the Mornington Peninsula's best winery restaurant' Restaurant Montalto is led by head chef Barry Davis. The **Piazza and Garden Café** offers simple, tasty food to enjoy with a glass of estate wine in the protected courtyard or amongst the abundance of Wendy's kitchen garden.

And a picnic at Montalto is a unique experience - an afternoon in your own private and beautiful location and a menu inspired by the freshest produce. (Available Nov - April)

Sculpture

It was John & Wendy Mitchell's desire to combine their passion for the arts with their love of nature and growth that was the birth for the Montalto sculpture collection. The Montalto estate provides a picturesque outdoor gallery, and sculptures are sited throughout the beautiful grounds, adding interest and creative energy to the idyllic scene.

Meander along the walking trail or contemplate as you enjoy lunch in the Montalto Restaurant or Piazza Cafe.



Opening Hours

Montalto is open every day.

Cellar Door: Daily 11am - 5pm

Restaurant: Lunch daily,

Dinner Friday & Saturday evenings

Piazza Cafe: Open weekends and public holidays

Picnics: Available November - April

Extended Hours from Boxing Day - Australia Day



GREAT HOSPITALITY AT LEADING PENINSULA HOTELS



Friendly, cheerful and welcoming the Mornington on Tanti, the Hotel Sorrento, the Rye Hotel, the Grand Hotel Mornington and Stella's Dromana Hotel are all independent, owner operated and form the Peninsula Hotels Group, renowned for their great hospitality, state of the art services and quality dining.



All have delicious new menus, great entertainment options and special events planned for Winter

PENINSULA HOTELS GR

Peninsula Residents Brace for Shark Attack



The Peninsula waters are getting colder, but the region is bracing itself for a major shark attack this winter and, by the time people return to the beaches this summer, the attack is expected to have reached a frenzy.

Shark Draught is the latest brainchild of the enterprising group of business people behind the Peninsula Hotels Group. Although it has only been on the market a few weeks, their new project is already causing local drinkers to look beyond the standard offerings.

"We wanted to develop a natural beer with wide appeal, but with a cleaner, crisper finish", says Peninsula Hotels Group representative Rob Pitt

"Rather than take what is dished up to us by the big brewers, we wanted to have more control over the product and to develop something that appealed to a younger demographic, who are bit more adventurous in their drinking".

To create their ideal product, the owners of the five hotels that make up the Peninsula Hotels Group sat down in a day-long 'blind' panel tasting with the head brewers of Laverton's Independent Distilleries.

The result is a clean-tasting, naturally brewed beer that is 100% Peninsula owned. With the right 'recipe' locked-down, their thoughts then turned to the marketing of the beer.

MORNINGTON ON
Tanti
Experience the New
MORNINGTON ON TANTI




Enjoy our Fabulous Raffles Wine and Cocktail Bar Complete with Deck.

Offering the Most Comprehensive Food & Wine Menu on the Peninsula with Refurbished Bistro, Lounge & Alfresco Dining.

917 Nepean Hwy, Mornington p 5975 2015
f 5977 0678 e thetanti@bigpond.com
www.morningtonontantihotel.com.au

OPEN 9am till 9pm every day of the week

stella's
DROMANA HOTEL




- ★ Live Entertainment Friday & Saturday Nights
- ★ Extensive Italian Style Bistro
- ★ Street Walk Cafe & Light Meals
- ★ Full TAB each day
- ★ Large selection of quality Local & Australian wines available in bistro or from our Drive In / Park and Browse Bottleshop

 **151 PT NEPEAN RD, DROMANA**
P. 5987 1922 E. dromanah@surf.net.au

GROUP ... *Your Local Peninsula Hotels*

For Sorrento Sharks stalwart Rob Pitt, he didn't have to look further than his beloved local footy club.

"They let us modify their logo, so that we could design something really catchy and appealing. The result is a stylish bottle containing a great beer that you could proudly put alongside bottles of wine at your next dinner party".

Not surprisingly, Shark Draught already has a big following down Sorrento way, but is also taking the rest of the Peninsula by storm, as it is discovered by local drinkers through the Sorrento Hotel, Rye Hotel, Dromana Hotel, Tanti on Mornington and The Grand Hotel in Mornington. It's also stocked in Majestic and Nepean Cellars, as well as some smaller bottle shops in the Melbourne suburbs.

The 6,500 cases in the initial shipment of Shark Draught have taken their place alongside the Peninsula Hotel Group's own wine labels, Red Stag Shiraz and Marlborough Mountains Sauvignon Blanc.

Shark Draught is a stylish, quality beer, well priced and as 'Peninsula' as a walk on Mornington Pier or a swim at the Sorrento back beach.

Selection from the Menu around the Hotels...

Mornington on Tanti - A Game of Meat-Skewers of Buffalo, Kanagaroo, Emu and Crocodile with Sweet Potato puree and wild rosella jus.

Hotel Sorrento - Eye Fillet, cooked to perfection served with Potatoes, Vegetables and caramelised onion topped with Cabernet Jus or Garlic Butter

The Rye Hotel - New to the Menu- A Chinese style half roasted Duck served with sesame scented vegetable stir fry and plum sauce.

The Grand Hotel - Lamb Schancks served on a bed of mash Potato with an Onion, Bacon and Napoli sauce.

The Dromana Hotel - Their signature dish is Slowly Braised Crispy Skinned Duck Breast with Orange and Aniseed glaze served on a bed of Bok Choy.



Grand Hotel - Deck



Stellas Hotel Dromana



Sorrento Hotel



Mornington on Tanti



Sea the Difference

...we turned the pursuit of pleasure into a fine art, a few drinks in our Limeburners Bar followed by a superb meal in our elegant Restaurant



5-15 Hotham Road, Sorrento, 3943
ph. 5984 2206 • hotel@hotelsorrento.com.au
www.hotelsorrento.com.au

THE RYE HOTEL
Perfect Pastimes

Overlooking the foreshore and providing dining and entertainment in a relaxed and comfortable atmosphere the Rye Hotel caters for all your needs from family gatherings to corporate events to stylish accommodation

Breakfast, Lunch and Dinner
Open 7 days from 8am

Luxury 4 Star Accommodation
Thirty Camel
Drive Thru Bottleshop
Beer Garden Courtyard
Main Sail Sportsbar & TAB
Ryder's Playzone for Kids
Private Function Rooms
Al Fresco Cafe

2415 Point Nepean Road, Rye 3941
Ph: (03) 5985 2277
mail@ryehotel.com.au
www.ryehotel.com.au



Oh so Grand!

Grand Family Hotel

- Alfresco dining on Main Street • Great lounge area
- Waitress Service • Grand Terrace

Lunch & Dinner 7 Days
Breakfast Sundays & Public Hols from 8.30am

124 Main St, Mornington
PHONE (03) 5975 2001
EMAIL admin@grand.net.au
www.grand.net.au



OUT 'N' ABOUT

with Amy



1



4



3



2

1. LA MONICA'S RESTAURANT, MORNINGTON
2. MORNINGTON MASALA
3. DAVIES BAR & BISTRO, FRANKSTON
4. CAESARS RESTAURANT, FRANKSTON
5. CB'S, MT ELIZA
6. RESTAURANT SOY, MORNINGTON
7. SIAM BAYSIDE, FRANKSTON



5



6



7



5



Biscottini

CAFE & RESTAURANT

OPEN 7 DAYS FOR BREAKFAST & LUNCH
Cakes and Italian Style Pastries



BRINGING BACK OLD PRICES

Small coffee \$3.00 • Med coffee \$3.50
Coffee & cake \$6.50
Bacon & egg roll with coffee \$10.00
Hot italian soups with bread \$8.90
Valid from 1st June till 31st August

DINNER

Friday & Saturday nights - 2 course \$29.00

159 MAIN STREET, MORNINGTON • PHONE : 5977 0617



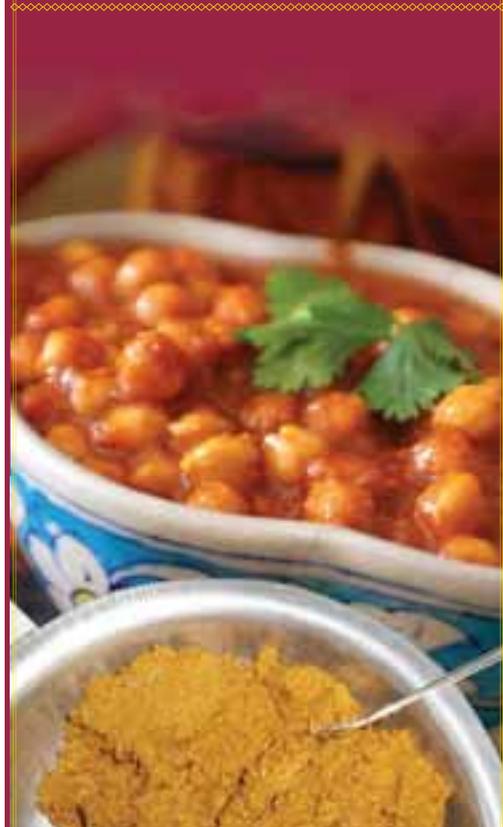
LEFT: Enjoying the after party of Liam and Naomi's wedding at Stillwater at Crittenden's in early May.

BELOW - Bistro Verde opening, with the reno's now complete, Amy and Melissa enjoyed the new Wine Bar at Bistro Verde. Food and Drinks flowing into the night, we are sure it will be one of many nights to come.



Mornington Masala

Authentic
North Indian and
Tandoori Cuisine



- Excellent Service •
- Easy Parking •
- Fully Licensed & BYO •
- Take Away Restaurant •
- Open 7 nights from 5.00pm •

1e Albert Street, Mornington.
www.masala.net.au

Ph. 5975 7377

WIN!
DINNER FOR 2 AT
Daveys
BAR & RESTAURANT
VALUED AT \$70

CONGRATULATIONS

Ms Lynne White
Mt Martha
winner of last issue's 'Dinner for 2'
at The Grand Hotel, Mornington

Simply send in your name and address on the back of an envelope and mail it to:
"Dinner For 2 Competition"
PO Box 596 Mt Eliza 3930

*CONDITIONS APPLY

PENINSULA PRODUCE *Gourmet & Garden*

Gastronomy n. *The art or science of good eating!*

Shop at Tully's Corner Produce Store and experience a gastronomic adventure! Rise early and smell the freshly baked bread from Phillipa's, Michelino's and La Madre ... delicious!



Walk the colourful aisles and fill your basket with seasonal fruit and vegetables; chat to the butcher about their fresh seafood and msa grain-fed meat; pause to take in all the mouthwatering cheeses from the continental deli.

Tully's Corner Produce Store is renowned for providing quality produce and has always offered a relaxed shopping experience with farm like charm.

Autumn - The season for nashi, kiwi fruit, apples, mandarins, avocado, pumpkin, potatoes & Asian greens! Eating seasonally encourages you to buy local produce, which will not only reduce your carbon footprint, but also save transport & storage labour costs, as well as supporting your local economy. Not only will you pay less, you will be helping local farmers to build a very sustainable food industry. Importantly, fresh food in season is unbeatable in terms of nutritional value, variety and taste!

Drop into Tully's on your way to (or on the way home from) the Mornington Peninsula's many amazing wineries and attractions. Locals and visitors alike are welcomed to experience a little piece of Peninsula history with a real market flavour. Open 7 days.

Passion & Commitment

Diaco Garden Centre's commitment to their customers is to offer the best advice and the best service in the industry. While the staff at Diaco's are able to provide sound advice to landscape gardeners and tradespeople, their friendly service extends to all of their customers, whether purchasing one plant or several truck loads; the Diaco's staff are professional, passionate, friendly people who will leave you wondering why you would shop anywhere else.

Diaco's have grown significantly in the last 2-3 years, from 1/2 an acre of plants to having well over 5 acres of plants!

Their discount nursery offers a wide range of products; including plants, pots, soils, mulch, manure, fence screenings, pebbles, timber and garden ornaments. Many of their plants are grown on-site and the quality can be seen throughout their extensive range

Diaco's Discount Nursery - Company Policy 'We buy at the lowest price possible We buy only the highest quality products'

Our NOW price is the LOWEST price

We pride ourselves in offering the best service in the industry

Make a trip and see for yourself the passion and commitment of this great local garden centre.



OPEN 7 DAYS

Our produce is a sight to behold; colour, variety & freshness piled high for your pleasure & convenience

Premium Gourmet Destination

Quality Range

Come view our extensive range of products including our new gluten free & organic sections.

MORNINGTON PENINSULA

Mornington



Tully's is your local quality food destination. Proud supporters of the local community and members of Mornington Peninsula Gourmet.

(03) 5979 8715



DIACO'S

GARDEN CENTRE

DISCOUNT NURSERY & GARDEN SUPPLIES

Great prices, massive range & fantastic, friendly service



**NEW
ADVANCED
TREE
SELECTION**



\$12
8" POTS

CAMELLIA SUSANQUA



NEW ATLANTIS POT
ARRIVAL



\$3.75

HERB AND VEGGIE
SEEDLINGS



\$115
1M³

RED GUM FIRE WOOD
NOW AVAILABLE



\$7.50
1.1 LITRE
POT

ASSORTED GREVILLIA



**FROM
\$10**
8" POT

BUSH YUCCA



\$59.00
12" POT

LEIGHTON GREEN
OVER 1.8M TALL



\$125
1M³

GOLDRUSH PEBBLES

CNR WOORALLA DVE & MOOROODUC HWY (IN WITH TULLY'S)
DISCOUNT NURSERY PH: 5978 8381 GARDEN SUPPLIES PH: 5978 8474
browse or buy online www.diacos.com.au



**MORNINGTON
MAIN STREET MARKET**
EVERY WEDNESDAY 9AM-3PM

**Why not come & enjoy
a great day out...**

Where: Main Street,
When: Every Wednesday
(Excluding Xmas Day)
Time: 9.00am to 3.00pm
Cost: Entry is free,
parking is free



Mornington Chamber of Commerce Ph: 5975 4522
www.mornington-commerce.asn.au

Hens Night Indulgence

Looking for a Hens Night that's loads of fun, totally indulgent and sinfully delicious...? Feast Australia's Cooking Parties are the answer if you want a Hens Night that's super tasty, quirky and absolutely memorable. "We love doing cooking parties," says Feast Australia chef and owner Rachel van den Bosch.

"Everyone has such a fabulous time, the chefs included." The parties are all very hands on-rolling pastries, piping mousse. You learn while you eat beautiful food and share a drink and a laugh with your friends. Rachel and her husband John Middleton have been doing mobile cooking classes and parties for the past four years and see them as a growing trend, especially in the

food & wine haven of the Mornington Peninsula.

So get the girls together, dress up and whip up, beautiful cocktails, divine tapas and gorgeous desserts.

And don't worry- aprons are provided!

www.feastaustralia.com.au



Local Food for Local Tables

Somerville Egg Farm is a third generation family owned and managed business that has been producing quality cage eggs for more than 50 years and more recently Free Range eggs. Situated in Moorooduc, they are conveniently located just off the Moorooduc Hwy.

As well as selling eggs wholesale they have a barn door open 6 days a week where everyone is welcome to come & buy truly farm fresh eggs – laid that day. Their eggs are hormone, chemical & antibiotic free so that you can be assured that you are receiving only the essential vitamins and minerals that eggs provide to your diet.

Fowl manure is also available for purchase by the bag or trailer load and they sell laying hens and pullets when available.

Shop hours are Monday to Friday 8am to 4.30pm and on Saturdays 8am to 12pm. The shop is located on the corner of Eramosa Rd West and Binnak Way, Moorooduc. Enter via Binnak Way, second driveway on the right. Please call in or contact them on 5977 5405 or email admin@somervilleeggfarm.com.au. So, next time you're heading down to the Peninsula or if you're from the area, visit them for the freshest farm eggs around – FRESH IS BEST!



www.feastaustralia.com.au



**Catering
Cooking Parties
Personal Chef**
0410 544 505
Handmade in Sorrento

EGGS EGGS

Somerville Egg Farm

**Free Range and cage farm fresh
eggs laid and packed daily**

Barn Door Sales
Mon - Fri 8am - 4.30pm
Saturday 8am - 12pm
Sunday - Closed

Wholesale & retail
at very competitive
Prices

Fowl Manure also
available by bag or
trailer load

**Serving
the peninsula
for over 30 years**

Local Food for Local Tables

Corner of Eramosa Rd West & Binnak Way, Somerville
Enter via Binnak Way - 2nd driveway on right
Phone 5977 5405 Email: admin@somervilleeggfarm.com.au



the chocolate Kettle

- o imported & local quality produce o confectionery
- o gift vouchers o corporate hampers
- o darrell lea agent o bonbonieres
- o gluten free / sugar free / dairy free products
- o established in 1978 - 32 years in the community
- o FREE hamper delivery to Mornington & Mt Martha

shop 10, the mall, main street, mornington
p 5975 6819

we will make it happen

PENINSULA

Wine Country

Maximize your Enjoyment this Winter...

As winter descends, and it is dark and depressing outside, we instinctively look for the warmth of an open fire and spending quality time enjoying fine food and wine.

Winter sees the Mornington Peninsula adopt a slower and friendlier pace. With fewer visitors, the cellar doors become a restful harbor- a retreat where the warmth welcomes, a seasonal menu entices and the Pinot Noir seduces. Winter comfort food like tapas, shared platters, wood fired pizza and local cheeses are offered alongside a wide range of wine by the glass. There are so many great places to visit you are guaranteed to be inspired by the experience.



Top of any list should be the small, boutique, family owned wineries that offer a quality, down-to-earth experience.

ELAN VINEYARD is located in Bittern and is open on the first weekend of every month. Having just completed a fourteenth vintage, winemaker Selma Lowther continues to develop the quality of Elan wines. If you love Pinot Noir but your bank account wishes you didn't, then you must try her Gamay. This is the flagship wine here and is a dry and fruity red made using the French Beaujolais grape variety. The wine is quite something; it is light-bodied but tangy with flavors of cherry and raspberry.

Down Thompson's Lane in Merricks, retired lawyer, George Kefford has been growing chardonnay, Pinot Noir and Shiraz since 1978 at his **MERRICKS ESTATE** vineyard. The best wine is a lovely medium-bodied Shiraz that has plenty of personality and none of the overblown traits that characterize the bigger-is-better Aussie reds.

B'DARRA ESTATE vineyard is situated on the warm flatlands of Moorooduc. The winery produces a variety of boutique wines including: Sauvignon Blanc, Merlot, Pinot Gris, Shiraz, Cabernet Sauvignon and also specialises in a special raspberry desert wine. Owners, Gavin and Linda purchased the land for the vineyard in 1998. Gavin makes all the wines on the property and he goes to great lengths in the vineyard and winery to achieve the highest quality possible.

DROMANA ESTATE wines reflect the unique sense of place of the Mornington Peninsula in their freshness, fruit purity and vibrancy of character. Senior Winemaker here Duncan Buchanan is committed to quality and enjoys the challenge of consistently producing wines of the highest quality. All decisions made in the vineyard and winery are based on the effect they will have on the quality of the wine.

As you huddle around the cellar door fire to escape the winter chill, the recently refurbished and ultra modern, chic **WILLOW CREEK** winery offers a sensational range of wines made by the very talented Geraldine McFaul. Willow Creek is the thinking man's winery and boasts a cosy cellar door tasting room with stunning views to the valley below.

The name Crittenden has been associated with growing and making wine on the Peninsula for two generations. Today, Garry Crittenden and his son, Rollo work side-by-side to produce an exciting range of handcrafted wines. Their efforts are directed toward producing small batches of wines that elegantly and emphatically speak of their varietal and geographic provenance under the **CRITTENDEN ESTATE**, Pinocchio and Geppetto ranges.

The centerpiece of the Crittenden property is the **STILLWATER AT CRITTENDEN** restaurant which is managed by husband and wife team Zac and Jacqui Poulter. The dining room is the perfect place to feast on a cold winter's day as you overlook the impressive vineyard, extensive lake and immaculate, cloistered gardens. With his years of experience, executive chef, Zac ensures an innovative take on modern Australian cuisine and has a focus on local produce whilst Jacqui runs front of house. Stylish and modern, this fine a-la-carte restaurant is a warmly welcoming and satisfying experience with classic dishes and featuring an extensive wine list that has something for all tastes.

STUMPY GULLY VINEYARD is a true family affair. The winery and vineyards, owned by Frank and Wendy Zantvoort were established in 1989 and are situated in the heart of the Moorooduc Wine Touring Region.

The cellar door is a truly inspirational experience as the staff here are also the cellar hands and vineyard workers and will eagerly recall tales of past vintages while pouring the wines. Frank and Wendy's daughter, Maitena is winemaker and their son Michael handles the viticulture. There is a spirit of adventure that pervades Stumpy Gully's thinking; not only in winemaking but also in viticulture where traditional and modern innovative techniques are blended. It is a winery that is not afraid to experiment, believing that the art of winemaking is a continuing journey of refinement. Rather than sticking to the region's formula and focussing just on Chardonnay and Pinot Noir they have planted 10 different varieties and make at least 12 different styles of wines under their Stumpy Gully label. Such caring and knowledgeable staff just make it so easy for you to decide, but its no picnic. It's way better than that.

So get out there and sedan and explore the possibilities in your own backyard. Aside from tasting fabulous wines, in most wineries you can feast mostly on small plates of food that make up a meal rather than a large plate that is the meal itself. What a wonderful way to eat and drink – sampling small dishes that are packed full of flavour alongside wines designed to compliment the food. And what a great way to share. Winter weekends can involve a rolling lunch with fabulous morsels and wine enjoyed in the warm surrounds of some of the most hospitable cellar doors in the country. There is a growing number of not only top winiers but also wine-with-food specialists just waiting to be discovered. - Arthur O'Bryan

Wow Factor at Port Phillip Estate

Surely the most exciting new cellar door/restaurant opening on the Mornington Peninsula for some time is Port Phillip Estate. The dramatic limestone structure, a curved rammed earth façade, elegantly spiraling some 120 meters across the landscape and set against blue skies, vineyards and sea certainly makes a statement from Red Hill Road.

If you have not yet visited this new Peninsula landmark, then winter will be the perfect time to do so.

While the building façade gives nothing away, stepping inside the bold front door (which opens automatically) is where the real "wow factor" unfolds with sweeping, expansive views across vines to Westernport Bay.

There is a generous cellar door bar to the right for tasting the range of wines.

This is the perfect spot to let knowledgeable staff take you through the full range of Kooyong and Port Phillip Estate wines before deciding what to take home, or perhaps what to enjoy over lunch in the dining room.

To the left of the entrance is the spacious and light filled dining room, where Chef Simon West's seasonal menu takes centre stage. Simon's menus for Port Phillip Estate have a contemporary edge, a modern take on the classics celebrating cool climate seasonal produce at its best – showcasing tastes and textures without losing the integrity of the key ingredients.

He loves the idea of "small plates" – beautifully balanced entrée-sized plates and shared dishes that give diners the opportunity to graze over a range of menu choices and explore wines to complement from Kooyong, Port Phillip Estate, or others on the carefully considered list of old and new world vintages. "The small plate concept matched with a variety of beautiful wines offers the region and diners a point of difference and the chance to experience a range of flavours without being locked in to just one choice".

West's food at Port Phillip Estate is a clear winner. Acclaimed food critic Stephen Downes summed it up in his recent review in the Herald Sun Taste section by saying "the service is superb and the menu innovative", and "indeed everything approached best practice here". He went on to say "what Port Phillip Estate tabled for me was simply nth degree culinary caring", and he awarded the newcomer an impressive 44/50.

The wines are a perfect complement for West's cooking –the building is the home to well known wine brands- Kooyong and Port Phillip Estate. Both crafted by talented winemaker Sandro Mosele, the wines now have a showcase and cellar door every bit as worthy of their stature. Aside from the Port Phillip Estate and Kooyong wines, the list in the Port Phillip Estate dining room offers an outstanding and carefully chosen selection of local pinot noir & international wines.

The Cellar Door at Port Phillip Estate open daily from 11am to 5pm.

Port Phillip Estate dining room is open for lunch from 12:00noon daily and for dinner from 6:00pm Friday and Saturday nights.

- Winery Cellar Door Sales
- Pale & Fresh Pinot Grigio, Sav Blanc / Chardonnay
- Rich Extractions of Pinot Noir, Shiraz and Cabernet Sav
- Fresh Moscato House made
- Dr Durif
- Cellar Door OPEN DAILY 10am- 5pm



MOSCATO
OFFSPRING pinot gris

MORNINGTON PENINSULA WINEMAKERS
ESTABLISHING EXCELLENCE FOR VALUE

Steer away from the mainstream
and cut loose at UNDERGROUND



CELLAR DOOR OPEN DAILY 10-5PM

1282 Nepean Highway Mt Eliza
Opposite Morning Star Estate • Mel Ref 105 C7
Ph. 03 9775 4185 or 0407 090 020
Email. undergroundwine@bigpond.com

Pinot Gris and Grigio at Underground

Over the past six months we have noticed an increasing interest in Pinot Grigio and Pinot Gris. Once visitors to our cellar door had little awareness of these wines, now people are actively seeking them out.

Often people will ask what is the difference between Pinot Grigio and Pinot Gris. Pinot Grigio is the Italian style of wine where as Pinot Gris is the French. But to understand the relationship between Grigio and Gris, perhaps the place to start is the grape. After all, this is where wine begins. Gris and Grigio are made from the same grape. It is a hybrid of Pinot Noir, but the grape is a grey colour instead of the black Pinot Noir berries. Grapes for Pinot Grigio are picked earlier to maintain a fine natural acidity. Pinot Gris is allowed to ripen for longer, developing an intensity of flavour. Great care must be taken by the winemaker at the time of crushing to avoid any pigment from the berries contacting the juice. Lack of attention will result in a pink or bronze coloured wine. Typically Pinot Grigio is bottled very young, often straight after the harvest season. Development is then allowed to take place in the bottle. On the other hand Pinot Gris is allowed to mature for some months either in tank or barrel, although intense oak flavours are usually avoided. During this time the wine extracts complex flavours from any yeast cells remaining from fermentation.

Pinot Grigio is typically a medium bodied savoury style of wine. The wine is a pale colour and the best ones are structured around a powerful acid backbone with notes of hay, honey and stone fruit. As you might expect, Grigio is an ideal partner to a mushroom pasta on a late afternoon.

The best Pinot Gris wines are big, viscous and mineral. The palate is often balanced with a level a very low level of sweetness. When these wines are matched with strong flavours and rich food, the result is sensational.

At Underground we have been working hard to ensure that our wines are true to the Italian and French styles. We have sourced our grapes from the oldest vineyards on the Mornington Peninsula. The Underground Grigio is earthy and very Italian. Our Gris exudes a complex intensity for which the wine is renown.

Recently we have been able to offer a second Pinot Grigio as a Cellar Door special for \$80 per dozen! (Ask us for the story of how it came about). This wine is a fresh, more fruit driven style of Grigio. We have over 10 wines on tasting, including Pinot Noir, Chardonnay, Cab Merlot and Moscato, making a visit to the Underground Cellar Door well worthwhile.
Peter Stebbing - Winemaker



Drop in For a Visit @ B'Darra

B'DARRA ESTATE situated on Stumpy Gully Road, is just 10 minutes from Frankston and Mornington.

Their boutique cellar door is open 11am - 5pm weekends and also Labour day holiday, Easter Monday and Queens Birthday holiday. Drop in for a visit and enjoy free tastings of 'Rhuby' sparkling,

sauvignonblanc, pinot gris, chardonnay, rose, pinot noir, merlot, shiraz, cabernet sauvignon, raspberry dessert wine and muscat. Have a chat to their welcoming and friendly staff and relax by the open fireplace whilst watching the birdlife on the lake, perhaps with a gourmet antipasto platter - you won't be disappointed. **03 59788447**

B'DARRA ESTATE

www.bdarraestate.com.au

FANTASTIC OFFER
Buy 12 BBS receive
12 BBS FREE
conditions apply



Handcrafted wines Sauvignon Blanc, Chardonnay, Pinot Noir, Shiraz, Cabernet Sauvignon, Merlot, 'Rhuby' sparkling wine, Muscat & a unique dessert wine made from raspberries. Enjoy a gourmet antipasto platter in the "Stone Room" by the OFP or on the banks of the ornamental lake. Air cond. comfort

FREE TASTINGS -

OPEN 11AM-5PM WEEKENDS & SOME PUBLIC HOLIDAYS
Closed July, Christmas day, Boxing day, New Year day, Good Friday & Anzac Day

2004 SHIRAZ... GOLD - Victorian Wines Show '06
GOLD - Le Concours De Vins '06
SILVER - Royal Melbourne Wines Show '06

2006 RASPBERRY DESSERT WINE...
SILVER - Australian Fruit Wine Show '08 SILVER - Australian Fruit Wine Show '09 TROPHY- The Australian Fruit Wine Show 2007

1415 Stumpy Gully Rd, Moorooduc Mel. 147 E6 P. 5978 8447 E. b_darra@bigpond.net.au

Merricks Estate's Warm Reds for Winter

As the cold weather sets in, wine lovers' thoughts turn to hearty reds; a bottle of something to compliment a lamb roast while sitting in front of a crackling fire as a storm rages outside...

Merricks Estate's Shiraz, Cabernet and Pinot Noir most definitely fit this bill. These elegant, cool climate wines grown on the Mornington Peninsula prove you don't have to go far afield for a red wine that will warm your cockles.

Growing cool climate reds of high quality is a challenge as perfect growing conditions and correct vine positioning are a must. But the result is wines well worth the effort - spicy and luscious with a lingering finish.

Among the first to plant vines on the Peninsula, Merricks Estate owners George and Jacky Kefford have been honing their skills since the 1970s. They have been dedicated to perfecting cool climate varieties from the outset and are renowned for their estate grown, bottle-aged wines.

Their Pinot Noir is award winning and among the region's best. The Cabernet Sauvignon

is unique and highly sought after. Merricks Estate can also boast a luscious Chardonnay and a truly exceptional Shiraz, recognized from its earliest release as a wondrously spice driven wine that is also hauntingly delicate.

So popular have these outstanding wines proven that demand for a second range, with an early drinking premium, was supplied last year. The Merricks Thompson's Lane label is also made from the finest estate grown grapes and boasts the same dedication to quality winemaking as the Estate label, but has an earlier vintage and remarkable price tag.

Winter is the perfect time to discover how good Merricks Estate's cool climate reds truly are, as well as try the new Thompson's Lane range if you haven't already.

You'll find Merricks Estate at the Winter Wine Weekend, but make sure you also visit their cellar door to sample some older vintages.

CELLAR DOOR OPENING HOURS

The first weekend of every month from 12 till 5pm. Everyday 26-31 of December, each weekend in January, and weekends associated with public holidays.

Thompsons Lane, Merricks
merricksestate@bigpond.com



Door to Door Shuttle

How will you get to the restaurant, and more importantly how will you get home?

You can choose to sit back in individual, red leather seating and make the time travelling to your choice of restaurant a part of the dining experience with family and friends. Enjoy the wine with peace of mind with this luxury restaurant shuttle service for small groups up to 10.

Your Shuttle also offers Luxury Small Group Touring linking you to any of the Mornington Peninsula's restaurants, wineries and golf courses.

For details and bookings call 5989 2929 or email info@yourshuttle.com.au

Wallaces Winery Tours

Owners Rob and Cheryl Wallace provide fulfilled and happy customised winery tours to the best of the Peninsula's food and wine scene.

The Wallaces specialise in small groups of ten & under. They have an ability to mix and match cellar door experiences with foodie related experiences such as MP Chocolates, a visit to the Strawberry farm or a cleansing ale at the end of the day at the Red Hill Brewery.

Every tour is unique and the Wallaces have met some great characters along the way.

Visit the vineyards that you want or work with them to design your personalised itinerary. Great for groups of friends staying on the Peninsula or special occasions such as weekend getaways, birthdays, anniversaries or corporate team building.

Call the Wallaces on 9347 3039 for Peninsula winery tours managed by experts.

While you're in the area come and explore

MERRICKS ESTATE

Open 12-5pm first weekend of every month, daily from 26-31st December, every weekend in January and weekends associated with public holidays.
tel: 03 5989 8416 email: merricksestate@bigpond.com
THOMPSONS LANE, MERRICKS, VICTORIA 3916

WALLACES' MORNINGTON PENINSULA WINERY TOURS



The Peninsula's experienced experts in personalised and customised small groups (10 max). **See the best with the best** and get among the fun. We welcome your enquiries.

Wallaces' Winery Tours

P.O. Box. 366
Red Hill South, Vic 3937

Tel: 03 9347 3039

Fax: 03 9347 5197

email: robcc@bigpond.com

Website: www.wmptours.com.au

wine . dine . tour . golf . weddings

Available for group bookings up to 10 people

P. 5989 2929 **E. shuttle@yourshuttle.com.au** **www.yourshuttle.com**

WINTER WINE WEEKEND EVENTS

1. Baillieu Vineyard

3460 Frankston Flinders Road, Merricks. Baillieu Vineyard, Elgee Park and Quealy Wines share the cellar door at Merricks General Wine Store.

2. Barmah Park Vineyard

945 Moorooduc Highway, Moorooduc. Pies, Puddings and Pinots! Our chef will match these classic winter dishes to our Pinots. Open daily for breakfast and lunch by the fire.

3. Balnarring Vineyard- Quealy Wine

62 Bittern-Dromana Rd, Balnarring. A comprehensive tasting of wines made under the Quealy banner. Pinot Noir, Gris, Viognier, Muscat, Poblebonk & a Sangiovese blend called Rageous.

4. B'Darra Estate

1415 Stumpy Gully Road, Moorooduc
12 Wines available for free tasting. Antipasto platters, open fire, lakeside setting, friendly relaxed atmosphere. Buy 12 bottles, receive 12 free. Conditions apply.

5. Blue Range Estate Wines

155 Gardens Road, Rosebud. Premium wines offered – Winter Wine Weekend Special 2007 Chardonnay \$5.00 Bottle dozen buy or \$8.50 each.

6. Bluestone Lane Vineyard

269 Myers Road, Balnarring. Veraison Restaurant @ Bluestone lane will operate normally Saturday and Monday. Sunday Lunch set menu \$65 a head, live music. Cellar Door offering vertical tastings and cheeses.

7. Box Stallion

64 Tubbarubba Road, Merricks North. Blues @ its best on Sunday with "The Hornets" Family dining in Red Barn Restaurant, also quick bites available at cellar door all weekend.

8. Darling Park Winery

232 Red Hill Road, Red Hill. A small family-owned winery with a fabulous range of wines. Join us for a tasting and enjoy our delicious regional dishes in a delightful setting.

9. Dexter Wines

See us only on Saturday at the Red Hill Showgrounds and taste our very limited Chardonnay and Pinot Noir..

10. Dromana Estate

555 Old Moorooduc Road, Tuerong. Join us at Dromana Estate for a glass of our award winning wine whilst enjoying fine food in a relaxed ambience. Open Wednesday to Sunday - 12pm – 4pm.

11. Elan Vineyard and Winery

17 Turners Road, Balnarring. Enjoy a gourmet frankfurt or EMU snag in a crusty bread roll smothered in chutney or mustard to accompany your glass of wine.

12. Eldridge Estate of Red Hill

120 Arthurs Seat Road, Red Hill. Single vineyard wines of distinction. New releases – 2008 Chardonnay and Pinot Noir. Tutored tasting of 5 vintages of Chardonnay. Sunday, 10.30 – 11.30am \$20 bookings essential.

13. Elgee Park

3460 Frankston Flinders Road, Merricks. The oldest vineyard on the Mornington Peninsula, Elgee Park Cellar Door is now at Merrick's General Wine Store. Open daily 9am – 5pm.

14. Five Sons Estate

85 Harrisons Road, Dromana. Warm up your body and satisfy your soul at Five Sons. Enjoy steaming paella or our famous Meze plates. Live music on Sunday. Children welcome.

15. Foxeys Hangout

795 White Hill Road, Red Hill. Sparkling wine makers wanted! Taste different dosage additions and blend your own. \$25 includes bottle to take home. Sunday and Monday 11am and 4pm.

16. Frogspod Vineyard

400 Arthurs Seat Road, Red Hill. The Nelson family welcomes you to Frogspod overlooking Port Phillip Bay "once-a-year" OPEN Sunday 13th, casseroles, desserts, coffee accompanied by Pianist Tamara & 2005 sparkling. NOT AT WWFest.

17. Hurley Vineyard

101 Balnarring Road, Balnarring. Hurley Vineyard Pinot Noir available for tasting at the Red Hill Showgrounds Saturday 12 June 2010. Cellar door open 12 – 5pm Sunday 13, otherwise by appointment.

18. Jones Road

2 Godings Road, Moorooduc. Our latest release wines are available for tasting at Red Hill on Saturday. On Sunday, we will offer a rustic degustation at the cellar door.

19. Karina Vineyard

35 Harrisons Road, Dromana. Try award-winning (and Peninsula's first) certified organic wines from our family business Sat, Sun & Mon. All Wines estate made since 1984. Complimentary tastings.

20. Kings Creek Vineyard

237 Myers Road, Bittern. Visit Kings Creek Vineyard, one of the oldest on the peninsula, and enjoy a platter by the fire and sample a vertical tasting of three vintages.

21. Lindenderry at Red Hill

142 Arthurs Seat Road, Red Hill. Cellar Door at Lindenderry is open for tastings and lunch every weekend, 11am – 5pm. Wood-fired pizza, accompanied by an award-winning range of wines.

22. Main Ridge Estate

80 William Road, Red Hill. Mornington Peninsula's first winery continues to produce extraordinary wines. Chardonnay to die for... Pinot Noir to fight for, Sunday Lunch & Music (bookings essential) NO BUSES.

23. Merricks Estate

Thompson Lane, Merricks. Three decades of tradition continues of estate grown wines – now including our Thompsons Lane label. Taste current and older vintages at our welcoming cellar door.

24. Miceli Winery

60 Main Creek Road, Arthurs Seat. Cheese platters and home made gourmet antipasto. Trophy winning wines. Sparkling – white and rosé, Chardonnay, Pinot Noir and Rosé, some "super-specials" just for the weekend.

25. Montalto Vineyard & Olive Grove

33 Shoreham Road, Red Hill South. Estate wine with a sense of place. Montalto celebrates the riches of winter with wine and food to warm the senses. Open all long weekend.

26. Moorooduc Estate

501 Derril Road, Moorooduc. Handmade sourdough pizza from the wood fired oven, Saturday and Sunday, 12 – 3pm, and the long awaited release of the 2008 'The Moorooduc' Pinot Noir!

27. Morning Sun Vineyard

337 Main Creek Road, Main Ridge. Taste our exciting new release wines, meet our winemaker Michael Kyberd, try our Morning Sun tasting plate featuring local and homegrown produce.

28. Myrtaceae Winery

53 Main Creek Road, Main Ridge. Introduce yourself to classic, cool climate, single vineyard wines. Specialising in definitive Chardonnay and Pinot Noir. Savour something special, a 6 year vertical tasting of Pinot Noir. Established 1985.

29. Nazaaray Estate Winery

266 Meakins Road, Flinders. Judge why we are listed in three of Sydney's top restaurants – Pinot vertical tastings in a train carriage; Indian servery food; dance to the bhangra beat; Bookings preferred.

30. Northway Downs Estate

437 Stumpy Gully Road, Balnarring. Hot Goulasch Soup, juicy bratwurst or succulent spit roast served with crusty bread, sauerkraut, onions and mustard followed by Apple Strudel and cream Sunday only. NOT AT WWfest.

31. Paradigm Hill

26 Merricks Road, Merricks. Visit our Cellar Door for a complimentary, matched tasting plate to showcase our Estate-grown and made Riesling, Pinot Noir and Shiraz. New release of 2008 Pinot Noir.

32. Paringa Estate

44 Paringa Road, Red Hill South. James Halliday's 2007 Australian Winery of the Year. Restaurant – special a la carte menu upstairs - live Jazz and light meals in the winery downstairs.

33. Phaedrus Estate

220 Mornington-Tyabb Road, Moorooduc. Don't miss your once a year opportunity to try our Back Vintage Tasting Extravaganza alongside our current release wines. Structured or unstructured tasting: you decide!

34. Port Phillip Estate & Kooyong

263 Red Hill Road, Red Hill South. Tastings and sales of new release Port Phillip Estate and Kooyong wines on Saturday at Red Hill Showgrounds, and all weekend at cellar door.

35. Rahona Valley Vineyard

6 Ocean View Avenue, Red Hill South. One of the smallest producers on the Peninsula making artisanal wines from 100% estate grown fruit. Our Pinots reflect the seasons and terroir of this secluded valley.

36. Scorpo Vineyard & Wines

23 Old Bittern-Dromana Road, Merricks North. The Scorpo family established Scorpo Vineyard in 1997 with the sole aim of creating wines which are site specific and that reflect their place of origin. AT WWfest ONLY.

37. Staindl Wines

63 Shoreham Road, Red Hill South. With biodynamics and hand managed dry grown old vines on a maritime site, we allow our premium fruit to create, long textured wines. Pinot Noir, Chardonnay, Riesling. AT WWfest ONLY.

38. Stonier Wines

2 Thompsons Lane, Merricks. Each day – our complete range of Chardonnay and Pinot Noir including single vineyard wines on tasting. Sunday only – lamb or duck pies from Red Hill Kitchen.

39. Stumpy Gully Vineyard

1247 Stumpy Gully Road, Moorooduc. Opportunity to taste and discuss 10 Estate-grown varieties with the grape growers and winemakers who double as cellar door staff. Delicious cheese platters available, Sunday & Monday.

40. Ten Minutes By Tractor

1333 Mornington-Flinders Road, Main Ridge. Taste our award winning wines, including our renowned single vineyard Pinot Noirs and Chardonnays. Book for advanced, tutored tastings. Our restaurant offers superb degustation menus.

41. T'Gallant Winemakers

Cnr Mornington Flinders & Shands Rd, Main Ridge. T'Gallant... Pioneers of Pinot Grigio and Pinot Gris. Experience Kevin McCarthy's unique wines at the coolest address on the Mornington Peninsula.

42. The Cups Estate

269 Browns Road, Fingal. Visit the Cups Estate this weekend to enjoy live entertainment, our new tapas lunch menu and Winter Wine Weekend discounts on our entire range of wines.

43. The Duke Vineyard

38 Paringa Road, Red Hill South. Charming Chardonnays and passionate Pinots grown and made entirely on our vineyard. Taste our new releases and a range of older vintages with the winemaker.

44. Underground Winemakers

1282 Nepean Highway, Mt Eliza. The black and white label is an expression of our professional skill, high quality varietal wines offered at a competitive price. The color range cuts loose from main stream.

45. Vidoni Estate Vineyard and Olive Grove

280 Main Creek Road, Main Ridge. 100% Estate artisan fine wines, including Pinots, Shiraz, Pinot Rosé and Pinot Grigio and our alluring Chardonnay range. Open 11am – 5pm Sat 12th, Sun 13th and Mon 14th.

46. Willow Creek Vineyard

166 Balnarring Road, Merricks North. Experience our new Cellar Door and Bistro. Tastings, lunch, dinner all weekend and brunch on Sunday from 9am. Live music Sunday & Monday. Bookings essential.

47. Winbirra

173 Point Leo Road, Red Hill South. Tastings and sales at Showgrounds on Saturday and all weekend at the Cellar Door. Cheese platters and vertical tastings of Winbirra's cool climate Viognier on Sunday.

48. Yabby Lake Vineyard

112 Tuerong Road, Tuerong. Taste Yabby Lake's new release single vineyard Chardonnay and Pinot Noir made by Tom Carson, as well as these classic varieties and more from 'sibling' label, Red Claw. AT WWfest ONLY.

PORT PHILLIP ESTATE

VISIT THE NEW HOME OF KOOYONG AND PORT PHILLIP ESTATE WINES

263 Red Hill Road
Red Hill South
Mornington Peninsula

Melways Map 191 G2

+61 3 5989 4444
info@portphillipestate.com.au
www.portphillipestate.com.au

Cellar Door
11.00am to 5.00pm daily

Dining Room
Lunch from 12noon daily

Dinner from 6.00pm
Friday & Saturday nights

NORTHWAY DOWNS *Schindler* ESTATE

Picturesque Farm House
Self-Catering Accommodation

Cellar Door Sales & Lunch
Overlooking the Lake



www.northwaydowns.com.au

Open 12 noon to 5.00pm

1st Weekend of the month with

Austrian Lunch served on Sunday.

Bookings Essential Telephone 0417 050 627

437 Stumpy Gully Road, Balnarring

A Taste of Austria on the Peninsula

Northway Downs Estate and the home of the Schindler family has become a popular place to visit the first weekend every month (except June due to Queens Birthday they will be open on the 13th of June.)

If you wish to enjoy the Austrian style food and music played on the Sunday book well in advance. You will discover a great place to enjoy a Sunday afternoon with family and friends. The cellar door is designed like an outdoor barn, with a covered veranda overlooking the vineyard & lake and on a sunny day extra seating is available under the pergola or in the vineyard rotunda.

Enjoy their award winning wines on the terrace or inside. Wander the wetlands with a glass of wine in hand or admire the country views from the gazebo. They know you will delight in savouring their homemade sausages from their own smokehouse served with cheese, pickles, dips and fresh rye bread.

On the Sunday of Queens Birthday weekend, they will be serving hot goulasch soup, juicy bratwurst or succulent spit roast served with crusty bread, sauerkraut, onions and mustard followed by Apple Strudel and cream.

Veraison - Small Plate Lunches

Veraison has a new lunch concept in Small Plate lunches with a large array of sides from the organic kitchen garden. A sample of small plates include: Sugar cured Salmon slices, Estate cucumber, spring onion mascarpone Terrine, honeycomb walnut syrup; Pancetta wrapped Saltimbocca of Kingfish, Canadian scallop & Leek Panna cotta, Smoked sweet corn cream; and Pan-fried Venison with double baked Mountain blue liquorice William pear soufflé.

Imagine "Taking taking your friends and family on a short drive to Balnarring taking a seat on the balcony atop of the manicured vineyard sounds of Mojo Pearls the acoustic duo resonating throughout the restaurant. Enjoy fine food in this beautiful setting, what a great day out!!"

Veraison is a stunning reclaimed bluestone building with views across the beautiful Bluestone Lane vineyard. The restaurant accommodates up to 80 people, and a

rotunda with a heart-shaped rose garden has recently been added with wedding ceremonies in mind. Wedding reception menus can be view by a visit to the new website www.veraisonrestaurant.com.au

EVENTS FOR THE COMING SEASON

July 9th Bastille Night Live Melbourne City Opera Soprano

July 17th Cost \$100
A selection of 5 Pinots from International and regional Australia, matched with a 5 course Degustation Dinner.
Hosted by Wine Sommelier Peter Mitchell

Winter Wine Weekend June 12-14th

Live Acoustic Duet Mojo Pearls playing on Sunday 14th Small Plate

3 course menu \$55 - 2 course \$45



Warm those winter days @ Veraison restaurant Bluestone lane winery



WINTER WINE WEEKEND JUNE 12-14th

Live Music "MOJO PEARLS" Wine Tasting, Warm fire, Fine Food

Open Lunch Thur-Mon 12pm-4pm | Dinner Fri/Sat 6.30pm-11pm

French Bastille Night July 9th Live Melbourne City Opera Soprano "Lucy Nicolson"

269 Myers Rd Merricks Nth 3926 Mel Ways 163 A7 Reservations Ph:0359897081 www.veraisonrestaurant.com.au

Winter at Stillwater

Winter is here again, and our beautiful region is showcasing all that we love about the Peninsula - bright crisp days, sparkling ocean walks, long wintry lunches, drinks in front of the open fire, the list goes on!

Now is the perfect time for locals to visit all that we have to offer as a region and the team here at Stillwater have come up with some winter treats to tempt your taste buds

WINTER LUNCH \$42 – 2 COURSES, A GLASS OF WINE AND TEA/COFFEE

From May thru to September we are offering a sumptuous 2-course lunch special for only \$42

This includes a cellar door tasting, 2 delicious courses in our multi award-winning dining room, a glass of Victorian wine and espresso coffee or tea.

This special lunch is available Monday to Friday and excludes public holidays.

LAKESIDE VILLAS - STAY 4 PAY 3!

From May to September, when booking a 4 night stay, we will charge you for only 3! The lakeside villas are 4-½ star (aaa rated) and are an oasis of tranquility and luxury. Perched overlooking the vineyards lake and with beautiful water views, each villa has a separate bedroom with king bed, deck with BBQ, huge ensuite with double spa and shower, (loccitane toiletries) full kitchen and



separate laundry, LCD television and fold out sofa in the lounge room.

The authentic wood heater is perfect for sitting and sipping pinot noir whilst wondering where your cares have gone

Perfect for a short break, or even just a night away without

having to travel too far! A full country breakfast and bottle of sparkling wine is included in the tariff also. For further information and to take up this special offer, please call Narelle or Jacqui on 5987 3275 or log onto www.lakesidevillas.com.au for rates and information



WINTER SOIREES - DEGUSTATION DINING

Stillwater will be holding 2 degustation evenings this winter, 1 in July and 1 in August.

Featuring as much local produce as possible and always matched to some incredible wines, our degustation soirees are a must attend event.

These wonderful evenings always sell out well in advance so keep an eye on our web page or call ahead for more information

QUEENS BIRTHDAY WEEKEND

The winter wine weekend is always a great experience on the Peninsula, and Stillwater will be serving some gourmet treats right throughout the weekend.

Open for a la carte dinner on the Friday, Saturday and Sunday nights, Zac will have some beautiful creations for you to try. Our Sunday lunch is 3 courses for \$65 (full a la carte menu) and of course the Monday is a great day for some casual wine and produce tastings in our large cellar door.

Bookings are especially important for this weekend, being one of the busier ones of the year.

Opening hours- we never close!

Don't forget, Stillwater is always open right throughout the year!

We offer lunch 7 days a week (except Christmas day) and dinner every Friday and Saturday.

The cellar door opens daily at 11am, every day of the year also (except Xmas day)

So on those winter days when you are looking for a vineyard lunch or tasting, rest assured we will be open and ready to look after you and your guests.

Jacqui Poulier, Stillwater

Visit crittenden estate & indulge your senses **at stillwater...**

winter at stillwater



Mid Week Winter Lunch Indulgence

Visit our multi award winning dining room and indulge in our fantastic value mid week lunch. 2 delicious courses, a glass of Victorian wine and espresso coffee/tea for only \$42!

Our regular a la carte menu is also available.

This very special offer is valid Monday to Friday until September 2010.

Lakeside Villas In Winter

Stay and play at our gorgeous lakeside villas - Stand alone 1 bedroom villas with luxurious appointments throughout. Stroll across to Stillwater Restaurant for lunch, taste wines and produce in the cellar door, then relax with a wine by the wood heater.

Winter special: STAY 4 nights PAY 3 (May thru Sept)

Crittenden Cellar Door:

We always have over 13 wines to taste 7 days a week. Discover some truly amazing wines created by the Crittenden family, some from vines over 25years old. Sample our handmade produce and browse our extensive food and wine inspired retail section.



Stillwater Restaurant and Crittenden Cellar Door open 7 days.
Dinner Friday & Saturday evenings. Functions anytime.
25 Harrisons Rd Dromana, VIC 3936. Mel. Ref. 160J6.
ph: (0315981 9555. www.stillwateratcrittenden.com.au

stillwater
AT CRITTENDEN

LAKESIDE VILLAS
at crittenden estate

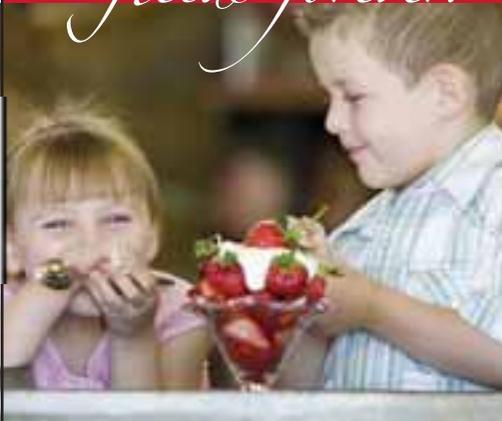
Sunny Ridge

strawberry farm

Weekends May-Oct 11am-4pm
(midweek groups by appointment)

7 days Nov-April 9am-5pm
(strawberry season)

Strawberry
fields forever.



explore the fields and pick your own
strawberries (nov to april)

indulge in heavenly delights from
our dessert cafe

enjoy award winning farm
made ice cream

taste boutique strawberry
wines and liqueurs

treat yourself to local gourmet
and seasonal fresh produce



244 Shands Road
Main Ridge, 3928
Melway Ref: 190 E12
Phone: 03 5989 4500
Web: www.sunnyridge.com.au

Elan Vineyard is a small vineyard, tucked away down Turners Road. We are in a sheltered rural setting, perfect for family groups to enjoy themselves. Bring your own picnic or use our barbeque to cook your own tasty treats.

Since planting our vines in the early 1980's we have been quietly pursuing our passion to produce fine quality wines. We have continued to improve the viticulture, to trellis the vines so that we have maximum sun exposure of leaves and fruit. The grape vines are hand-pruned and the fruit is hand-harvested, so that only the best fruit is processed into our wines

In the coming months you will be able to taste the 2005 Merlot, 2008 Shiraz, 2009 Riesling, 2008 Chardonnay and the 2008 Cabernet/Merlot. All these wines show the excellent fruit flavours that is only seen in wines from a low cropping vineyard, where attention to detail and constant care is taken. We also grow the grape of Beaujolais, Gamay, cherry bright with juicy freshness that saturates the senses. Cellar Door wine tastings open first weekend of every month 12-5 pm or by appointment. Also open festive weekends such as Winter Wine Weekend. To accompany our wines over Winter Wine Weekend gourmet frankfurts cooked on the BBQ. Enjoy these tasty treats in a crusty bread roll, smothered in mustard or chutney. So make Elan Vineyard a 'must visit' winery to enjoy excellent wine and a warm welcome.

Selma Lowther, Elan Vineyard

Sample the products

"As part of the Winter Wine Weekend, Rebello Wines (the makers of Sunny Ridge's strawberry wines and liqueurs) will be at the Sunny Ridge Strawberry Farm cellar door on Saturday 12 and Sunday 13 June.

Sample products, meet the wine maker and learn how to match the sweetness of Rebello Wines with food.

For a full product range, visit www.rebellowines.com.au




ELAN VINEYARD

MORNINGTON PENINSULA

Enjoy 100% Estate grown hand made wines

Cellar Door open first weekend of every month 12-5 or by appointment

17 Turner Rd, Bittern 3918
Mel. 162 KS



Ph. (03) 5989 7209

The Gentle Flow of Life at Willow Creek

Pop in for a taste of the gentle flow of life at Willow Creek Vineyard, where the stunning views provide the perfect setting for you to unwind, enjoy our diverse selection of wines and settle in over a delicious meal.

The coming months will be filled with anticipation at Willow Creek Vineyard, as we prepare to open our doors to the relaxing spaces of the recently expanded Salix Bistro and deck, and a new tasting experience in the refurbished Willow Creek Cellar Door. Soon you'll be able to cosy up by the fire or grab a table on the new deck at Salix Bistro, or just relax and dine in comfort at Salix Restaurant.

Salix Restaurant and Bistro owner and Executive Chef Bernard McCarthy's experience working in the Melbourne restaurant industry combined with his passion for fresh and seasonal produce drives his menu at Salix Restaurant. Uncover the treasures of the Mornington Peninsula at Willow Creek Vineyard - local produce, cool climate wines and warm hospitality.

Queen's Birthday weekend will be the perfect chance to drop in and see what all the fuss is about, with plenty to keep you entertained.

French Provincial Brunch at Salix Bistro
Sunday 13 June - 9am. \$39 per person.

Experience the newly renovated Salix Bistro over a two-course French Provincial Brunch.

Lunch & Live Tunes at Willow Creek Vineyard
Sunday 13 and Monday 14 June from 12noon

After tasting through our range of wines at Cellar Door, step into Salix Bistro for a relaxed afternoon of live music and delicious French bistro fare.

Queens Birthday at Stumpy Gully

Pierre's Platter will be open for Queens Birthday at Stumpy Gully Vineyard. Amidst the Tuscan colours of the tasting room overlooking the vineyard, you can sample a stable of impressive wines in a relaxed and friendly atmosphere. Enjoy great food, sensational wines and live music on Sunday and Monday of the Queens Birthday weekend.

The 20 hectare vineyard at Stumpy Gully is planted solely to red varieties, predominantly Cabernet Sauvignon, Merlot and Shiraz.

STUMPY GULLY VINEYARD




Cellar Door Open Every Weekend
Wine Tastings and Sales 11am-5pm
Bookings for Pierre's Platters 0411358170
1247 Stumpy Gully Road, Moorooduc Mel Ref 147 D10
phone 5978 8429 www.stumpygully.com.au



if you're in the area, drop in for a drink...



WILLOW CREEK
VINEYARD

Get a taste for the gentle flow of life at Willow Creek Vineyard. Settle in at our new-look cellar door, cosy up by the fire or grab a table on the new deck at Salix Bistro, or just relax and dine in comfort at Salix Restaurant. Uncover the treasures of the Mornington Peninsula at Willow Creek Vineyard – local produce, cool climate wines and warm hospitality...Stay a while.

www.willow-creek.com.au

SALIX
RESTAURANT & BISTRO

Spectacular Views at Blue Range

The De Cicco family established Blue Range in 1987 and have consistently produced premium quality wines including Pinot Noir, Merlot, Shiraz, Chardonnay, Riesling and Pinot Grigio

The spectacular views of the Bay and surrounding area will ensure that your visit is memorable, while their dedication to producing wines of the highest quality will make it unforgettable.

Come along and enjoy Blue Range Estate's Gourmet Spit as well as finding the best wine bargains that you will stumble on this special Winter Wine Weekend. Gourmet Food with Premium Wines enjoy Spectacular Views, Live Music and a Open Fire – There is no better place to be.

Salsa at Five Sons- Biggest and Best

Over the years Winter Wine Weekend at Five Sons Estate has been one of the most happening places to visit on the Queen's Birthday Weekend. With its Salsa dancing, Steaming Paella cooking on the deck, great coffee and of course sensational wine.

This year marks the end of an era, Five Sons Estate has recently been sold and settlement takes place in August. Therefore this year's "Salsa Fiesta" will be the biggest and the best ever. Don't miss the opportunity to visit Five Sons and take part in the festivities.

Five Sons Estate is arguably the most children friendly winery on the Peninsula, with plenty of space to run around, and always bats and balls floating there to play with.

On the Sunday of the Queen's Birthday weekend there will be free children's entertainment as well, as a Latin inspired band who encourage dancing and even teach you how to Salsa.

There will be heated Marquees placed on the outer decks to make plenty space for dancing. The famous Five Sons Meze plate will also be available in addition to the Paella.

Make sure you visit Five Sons, bring the family, bring your friends and don't forget to pick up some great wine while you're there – could be your last chance!!

Open every weekend 11am – 5pm



Let us show you how we do wine.

Taste our exciting range of wines, catch up with friends over a glass or two. Enjoy a meal from our Meze Menu, all whilst relaxing on our decking or expansive lawns.

Kids welcome – plenty of room to play.

Our unique site is also available for your own special event.

Open weekends, public holidays & every day in January from 11am – 5pm, Lunch from 12pm.

85 Harrisons Rd Dromana Vic (Mel Ref: 160 J8)
Bookings tel: 03 5987 3137

www.fivesonstate.com.au

Dromana Estate - Not to be Missed

With a new Cellar Door Manager, a refined look at Cellar Door and brilliant new vintages having just been released, Dromana Estate, on old Moorooduc Road, is certainly a place not to be missed.

Joanne Carson joined the Dromana Estate team early in 2010 and has made some positive changes to Cellar Door. Joanne, who has worked in the wine industry in the Yarra Valley, as well as in similar managerial positions, has brought a wealth of knowledge to the winery and the results are evident. "Cellar Door is now adorned with barrels filled with our award winning wines, and shelves bulging with our different varietals. Why wouldn't we show off the products we are so good at producing" said Jo. "It's such a great place to work – not only are the wines superb but I also have a view of the vines from the bay window and a crackling fireplace right next to me!"

Dromana Estate will be featured at the Winter Wine Weekend event at the Red Hill Showgrounds and throughout that weekend is holding an exclusive event of its own. "We have harvested our grapes and our 2010 vintage is promising to be an

exceptional one. Our Cellar Door visitors will reap the rewards as we will be holding our first ever rollover Vintage Sale" said Joanne.

Visitors to Cellar Door will be pleased with the prices of current vintages on sale from Saturday June 12 to Monday June 14 only. Best that you get in quick for a tasting and then whilst you relax and enjoy lunch, Jo will pack up your selection of wines ready to take home.



CELLAR DOOR • FUNCTIONS • EVENTS

Blue Range
Estate Wines

QUEENS BIRTHDAY WEEKEND
- BOOK NOW FOR SUNDAY LUNCH -

Gourmet Spit,
Live Music,
Open Fire

Cellar Door tasting & sales Open weekends 11am-4pm public holidays & every day in January. Not open Christmas Day, Boxing Day & New Years Day
 155 Gardens Road, Rosebud. Mel Ref: 171 B8 p. 5986 6560 or 0419 553 343 e. cosi@decicco.com.au w. www.decicco.com.au

La Pétanque is Moving Forward

La Pétanque is extending the kitchen and bar, moving the restaurant forward to a deck with the stunning views over the vineyard and olive grove. To allow for the transformation the restaurant will close for a short period. The exact dates are yet to be advised.

In the restaurant, talented head chef Simon Buckley and sous chef Larissa Picking are introducing new dishes to celebrate the autumn and winter season.

In 2009 La Pétanque won the Gourmet Traveller 'Best Regional Wine List of the Year' for Australia. The wine selection is remarkable with more than 600 wines and more than 30 by the glass. If you would rather be guided, every dish on the menu has a suggested wine by the glass to match. The cheese selection is also impressive; you can select from three different French cow cheeses or three different goat cheeses or mix them up with matching wines by the glass.

A Selection From Our Menu ENTRÉES

Warm salad of autumn vegetables,
poached duck egg & tarragon vinaigrette
Steamed saffron mussels, roasted root vegetables au sel de Guérande
Veal sweet breads and cheeks, capers, cornichons and pistachio ravigotte
Foie gras de canard 'Mi-cuit' de Sarlat en Périgord,
served with Sauternes jelly and warm brioche

MAINS

Port Phillip Bay snapper fillet, parsnip purée, peas,
baby celery, grapefruit, tarragon and olive oil emulsion
Slow cooked honey glazed pork belly, roasted scampi,
baby turnip, oyster mushroom and preserved lemon jus
Mickleham duck breast, roasted black figs, braised fennel,
Shoreham honey and star anise jus
South Gippsland farmed rabbit, mushroom, shallot, tomato,
black olives, sage, baby carrots and potato purée
Flinders Island lamb shoulder, thyme farce, confit shallot tart,
Lebanese eggplant, mini ratatouille and thyme pesto

DESSERTS

Red Hill black fig, almond and hazelnut puff pastry tart,
yoghurt sorbet and red fruit coulis
Soft centered Valrhona chocolate biscuit, almond and
Amaretto ice cream and praline hazelnut anglaise
Caramelised Red Hill apple crêpe, Calvados crème chiboust,
green apple sorbet and apple balsamic coulis


La Pétanque
RESTAURANT

South of France Cuisine



GOURMET TRAVELLER
BEST REGIONAL
WINE LIST 



LUNCH
WEDNESDAY
TO SUNDAY

DINNER
FRIDAY &
SATURDAY

EXTENDED
HOURS ON
LONG
WEEKENDS



1208 Mornington Flinders Road, Main Ridge
Mel:190 D8 www.lapetanque.com.au
Bookings Phone 5931 0155

There's plenty of reasons to visit Dromana Estate

Enjoy our \$25.00 mid week grill. Chef will prepare your fish of the day, succulent chicken or quality beef with a seasonal salad & house cut chips.

Relax on our comfy lounges by the fireside and taste our award winning wines whilst you peruse the daily blackboard specials menu.

Join us on the last Friday evening of each month for our new Supper Club. Phone 5974 4400 for details or visit our website.

See us at the Winter Wine Weekend event at Red Hill and then visit our Cellar Door for our Vintage Sale. To find out more about our Vintage Sale text vintage@de to 0427 800 800.

For more details on whats happening at Dromana Estate please visit our website at www.dromanaestate.com.au

Mornington Winery Group Ltd
555 Old Moorooduc Road Tuerong Victoria 3933

Office : 5974 3899 Cellar Door / Café : 5974 4400
Mel Ref: 152 B2 www.dromanaestate.com.au



A FAMILY AFFAIR *at The Cups*

The Cups Estate is fast growing a reputation for its excellent wines. The 5-Star rated vineyard is run by a father-son combination with the help of their devoted family and team. They have now started serving lunch at the Cellar Door. We spoke with Lee Fisicaro...(pictured)

How did you get the name 'The Cups'?

We wanted to pay homage to the land when naming the vineyard, as it is the land that makes the wine. Our wines represent the unique maritime terroir of an area known as 'The Cups' on The Mornington Peninsula. Originally dubbed 'The Cups & Saucers' by The McCrae Family, The Cups is an area of undulating dunes situated between Port Phillip Bay and the seas of Bass Strait.

It is the influence of the unique terroir of 'the cups', together with a natural approach to winemaking that signifies a Cups Estate wine.

What is the best wine you make?

Definitely Pinot Noir. The combination of an excellent growing site and the considerable skills of the viticulturist and winemaker have contributed to the production of exceptional Pinot Noir. We have produced several highly acclaimed Pinot Noir vintages. Both the regular and 'Raimondo Reserve' Pinot Noirs have consistently been rated as high as 95/100 by James Halliday and have been awarded several Gold Medals from Australia's most respected wine shows, including The Royal Melbourne and Royal Sydney Wine Show. The Pinot Noir grapes are used in many of the wines, including the Pinot Noir, Sparkling, Rose and Port.

What other wines are you making?

We have quite a varied range- they include; Sparkling Blanc de Noir, Pinot Gris, Chardonnay, Rose, Pinot Noir, Shiraz, Sparkling Shiraz, Sparkling Moscato & Fortified Pinot. They're all great wines to drink. Prices range from \$25 to \$45 per bottle.

In 10 words or less, what best describes your wines?

Sophisticated and complex in flavour but most importantly; enjoyable!

What about the Cellar door?

The cellar door is open 7 days 11am to 5pm for wine tastings. It takes advantage of breathtaking views with its floor to ceiling windows and round bar. It overlooks the vineyard, olive grove, neighboring Moonah Links Golf Course and the magnificent dune region known as 'the cups'.

The cellar door offers wine tasting, wine sales, live music, a range of boutique local produce and brilliant views; all offered in a great atmosphere of relaxed fun. The Cellar Door serves lunch on Fridays, Saturdays and Sundays but opening times are extended during holiday periods.

What's on the menu?

It's taken us a while to get the food side of the business going. We have just introduced a new tapas style menu. The menu is seasonally changing and consists of fresh local produce prepared with the influence and flavours of the Mediterranean. It's a casual yet sophisticated menu designed to match the wines we produce. We wanted people to share



their meals because we think it encourages more talk and a livelier atmosphere. Like how our wines are all about the variety, our menu is all about the ingredients, we don't mess with the product too much- just enhance it. Antipasto Platter, Italian Meatballs, Pork and Fennel Sausages, Lamb Cutlets, Pan Roasted Australian Scampi, Tomato salad, Rosemary and Garlic chat potatoes.

What is the future of The Cups Estate?

We hope to further build on our reputation for excellent wines. We want more people to taste our wines and food and we want them all to enjoy the experience. It's all about the experience- whether people are drinking a bottle of our wine, eating our food or visiting the vineyard- we want people to enjoy the experience. We'll keep plugging away at achieving that day in day out.

THE CUPS ESTATE
MORNINGTON PENINSULA

Now Open for Lunch Friday, Saturday & Sunday

Rated ★★★★★ James Halliday's - 2009 Australian Wine Companion

vineyard olive grove cellar door café

Open 7 days - 11am to 5pm | 269 Browns Road Rye 3941 | Telephone: 1300 131 741 | www.thecupsestate.com

Family & Pet Friendly - Relaxed English Pub



Main Ridge Publicans Helen and Jack have now been at the iconic Pig and Whistle for 2 years, and have made some subtle changes to this rustic country English pub!

If its possible the addition of the dart board gives even more atmosphere to the memorabilia covered bar and visitors and regulars are reassured to know that The Pig still serves good English 'pub grub' - steak and kidney pudding, beef and Guinness pot pies and the old favourites like the 500gm rib eyes that the Pig and Whistle built its reputation on. The House specialty of fresh seasonal seafood is always on the board but to the delight of diners they have also expanded the menu to include some fabulous new dishes like crispy skin pork belly and steamed ginger rockling.

Very popular with locals and visitors alike, the atmosphere at the Pig is always warm and friendly and whilst the outdoor settings beckon in summer during the cooler months the open fire is very inviting and adds to the charm.

The Pig is also highly entertaining. The restaurant has live music on Saturday nights and Sunday afternoons but with footy season now here you can also watch all the footy, racing and sporting events on the big screen in the bar which serves a huge range of specialty beers with unlikely names, Big Pig wines and champagne.

The Pig and Whistle is in an idyllic setting, boasting wonderful bay views and surrounded by magnificent gardens

and the estate is home to one of the Peninsula's oldest wineries and cellar doors. Open weekends and overlooking the vines on 5 acres of garden families can enjoy the freedom of a country lifestyle! There are 2 petanque pitches, and you are welcome to bring the footy!

Wood fire pizzas and snacks are available



together with wines to taste and a select range of gifts to take home.

Many of the locals arrive on horseback, and there are tie up facilities provided. Dogs are also welcome, as are responsible owners! And they can arrange horse agistment and B&B for those who want to stay a little longer.

Helen and Jack cater for all occasions at the Estate, but weddings are their speciality and couples can choose between the more casual cellar door or the restaurant and beer garden. They always do their best to cater to your needs, and their specially trained staff work with you to make your event a success and a very happy occasion.

Queens Birthday Weekend at Pig and Whistle...

Live Music- English Duo Bill and Eddie will be playing old favorites complimented by Ramanjo playing classic acoustic guitar and vocals.

Woodfired Pizza's will be served at Cellar Door along with Free Wine Tasting and Tapas.

The Pig & Whistle
365 Purves Road, Main Ridge
P. 5989 6130 E. jack.helen4@bigpond.com
www.pigandwhistle.com.au



PIG AND WHISTLE TAVERN



THE MOST UNIQUE & CHARMING WINERY ON THE MORNINGTON PENINSULA

A traditional old style English country tavern on the hill.
A cosy atmosphere with Live Music Friday & Saturday night and Sunday afternoons.
A fine selection of Mornington Peninsula Wines and over 40 beers from around the world.

365 PURVES RD MAIN RIDGE MEL 171 F8 PHONE 5989 6130
www.pigandwhistle.com.au E. jack.helen4@bigpond.com

Musical Spells S-U-C-C-E-S-S

The scholastic and educated pupils of PLOS Musical Productions, are dusting off their dictionaries in excitement for their June 2010 production of 'The 25th Annual Putnam County Spelling Bee' at the campus of the Frankston Arts Centre. Directed by Danny Ginsberg and Musically Directed by Cameron Thomas.

Spelling Bee will introduce you to this years championship spellers from Putnam County, New York - Chip, Leaf, William, Logainne, Olive and Marcy. All are vying for the title, assisted by grown ups who have barely managed to escape childhood themselves, a nostalgic former spelling bee winner, a mildly insane Vice Principal, and The Official Comfort Counselor.

The contestants will face off in a battle of their lives. As well as spelling, the contestants will learn that winning isn't everything and losing doesn't necessarily make you a loser.

The original 2008 Broadway production won two Tony Awards, including the Tony Award for Best Book and Best Actor.

PLOS Musical Productions creative team will create one of the unlikeliest of hit musicals about the unlikeliest of heroes; a quirky yet charming cast of outsiders for whom spelling bee is the one place where they can stand out and fit in at the same time.

The competition is intense. The words are hilarious. Let the spelling begin! A brilliant tale of overachievers!

The 25th Annual Putnam Spelling Bee will be simply

W-O-N-D-E-R-F-U-L!

ARTS

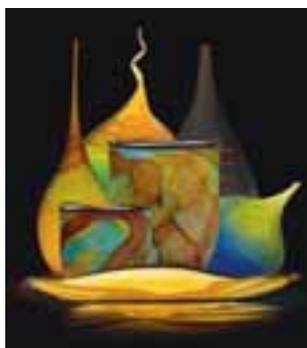
@ Galleries

Studio Sale at Gordon Glassblowers

Don't miss the Gordon Studio Glassblowers Annual Sale

When celebrated glassblowers Eileen Gordon and Grant Donaldson have their Annual Sale, folks with a passion for hot glass are there at 9am sharp! This is one of those sales on the Mornington Peninsula you can't afford to miss. June 12, 13 & 14th only, 9am - 5pm.

On sale are some beautiful glass pieces in stunning colours - works of extra character collected over the year, plus 10% off everything in the gallery.



Find a fabulous bargain, plus see hot glassblowing in action.

This is also Winter Wine Weekend, so it's a great opportunity to visit the Glassblowers in Red Hill, then taste some wine and wonderful food nearby.

Malcolm Beattie on Show

Whitehill Gallery is pleased to hold another exhibition of Malcolm Beattie's paintings. This time Malcolm will also be exhibiting in oils alongside his more familiar watercolour works. Grand-Master aptly describes Malcolm's status in the art world. His depictions of exquisitely captured moments in beautiful places is always alluringly fresh.

Malcolm's paintings are highly valued for their mastery of pure colour, draftsmanship and ability to make the viewer feel part of the landscape whether it is local or an exotic locale, this adds to that spellbinding effect.

His paintings are represented in corporate and private collections in Australia and overseas, and to be able to view and acquire these works from this large selection on the Mornington Peninsula makes for an exciting event.

Artists, also represented at Whitehill Gallery are Michael Berry, Fiona Bilbrough, Robert Ford, Carole Foster, Caroline Graley, Rosemary Todman-Parrant, Clive Ducker and many more.



GALLERY

Whitehill Gallery

MALCOLM BEATTIE

Exhibition
12 June - 11 July



Gallery Hours 11 - 5 Thurs - Mon

White Hill Rd. Red Hill / Dromana Melways Ref 160 G9

Ph: 5931 0146 email: rhayllar@bigpond.net.au

www.whitehillart.com.au

PLOS
Musical Productions

The 25th Annual Putnam County
SPELLING BEE

FRANKSTON ARTS CENTRE
17th June - 20th June, 2010
to book call the Ticket Hotline
9784 1060
or online at www.plos.asn.au



A Passion For Glass

Paul Mason of Mason Glassworks is passionate about handmade glass jewellery. After more than two decades with the Australian Defence Force instructing fire fighting, weaponry and hosting the Defence Force 'Foxtel' TV Show 'Defence Watch', Paul chose to follow his ever growing passion for working with glass.

Surrounded by a tapestry of vineyards, rugged coastline, rolling hills and sandy beaches Paul now enjoys the solitude of his private studio on. Here he is provided with all the inspiration one could wish for when creating beautiful pieces of jewellery.

"Being able to make stunning individual Beads and Fused Glass pieces within a flame or kiln is extremely rewarding" says glass artist Paul Mason. At Mason Glassworks an enormous amount of skill and passion is applied to each piece of jewellery to ensure its eventual owner is rewarded with a lifetime of wearing pleasure.

Whether it's their sterling silver cored glass beads (made to be compatible with Pandora 'style' jewellery) or their unique fused glass pendants, Mason Glassworks is committed to exploring the artistic and seemingly endless applications of glass to create stunning pieces of jewellery for people to admire and love.

To see a large range of Paul Mason's handmade glass jewellery visit www.masonglassworks.com.au or call Paul on 59744471 to be directed to your nearest supplier of his jewellery.

Mason Glassworks

designer - artisan - glass



Creators of handmade Glass Bead & Fused Glass Jewellery for people to admire & fall in love with.

Paul Mason - Glass Artist
5974 4471 or 0403 374 934
www.masonglassworks.com.au
Email: info@masonglassworks.com.au

Enjoy and Learn

The Cheryl Petersen Gallery is run by artists, holding over 200 paintings, featuring a variety of different styles. They also have unique jewellery pieces and gift cards from local artists.

They offer a number of fantastic Work Shops;

- Modern Art for beginners - 2 day weekend
- Free up your style - 1 day workshop
- Pastel and Paints - 2 day workshop
- Learn to paint poppies - 2 day workshop

And many others. You can refer to their website for further details.
www.cherylpetersengalleries.com



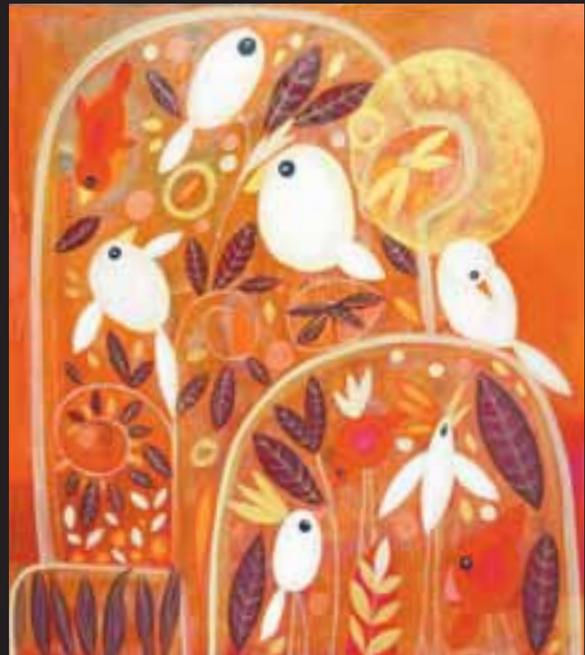
THE GUILD ART GALLERY

Original paintings by award winning artists in oil, watercolour, pastel & acrylic



Situated in the Craft Village at the rear of the Tyabb Packing House
Mornington Tyabb Rd, Tyabb Mel Ref 148 H10 Ph 5977 4399
Open 10-5 Thurs-Sun • Public holidays & the first 2 weeks of January

CHERYL PETERSEN GALLERIES



7/8 Edward Street Somerville (MEL 107 E12)
Phone: 5977 8724 | Mobile: 0408 833 260
Email: cheryl.petersen@bigpond.com | www.cherylpetersengalleries.com

Over 200 Artworks on Display
Weekend Workshops - Commissions Available
Painting Lessons, Children and Adults - **Open 7 days**

Winter is the time for comfort, for good food and warmth, for the touch of a friendly hand and for a talk beside the fire: it is the time for home. 'Edith Sitwell.'

Our homes become havens of warmth and light during winter's dark and chilly days – it is a time to hibernate and enjoy the fruits of our labours over spring, summer and autumn. Still, there are things to do – ensuring your house is adequately sealed to keep cold out and heat in will not only make for a more comfortable winter, it will also save energy, so check those window and door frames for leaks and cracks – you'll notice them soon enough once the first winter storms arrive!

Outside the garden is at rest, or so it seems. Now is a good time to prune back roses so they can bloom in full glory once summer returns, while late winter is the time to plant potatoes and carrots to enjoy in spring. One thing about winter is that cold, rainy days offer the perfect excuse to stay indoors and leave tasks for completion another day.

Helen Jones

Market Leaders in Affordable Kitchen Makeover Solutions

Granite Transformations are the market leader in the kitchen makeover industry. Our product combines some of the world's finest granites, quartz and stone with state of the art polymer technology to create this innovative engineered stone product.

At only 6.5 mm thick, the product can easily be fitted and installed directly over existing kitchen benchtop and splashback surfaces.

Advantages of our beautiful Italian engineered stone include-

- Instant value added to your home
- Heat, scratch, impact and stain resistant
- Functional and extremely durable surface
- Little demolition required
- Quick installation time, less disruption
- Maintenance free with no grout to clean
- 10 year warranty
- Ideal for NEW kitchen installations too.

Visit the showroom at:

Shop 1, 139 Main Street, Mornington or contact us for an obligation free measure & quote on 5976 1944



Introducing Elizabeth Saligari, a respected Interior Designer for 28 years, who can provide inspirational ideas, trends and expertly source perfect objet d'art for your home. A recent resident to Red Hill South.

ELIZABETH SALIGARI INTERIOR DESIGN

ELIZABETH SALIGARI DESIGN PTY. LTD
TELEPHONE : 0418 332 821
EMAIL : emdesign@bigpond.net.au
ABN 88 006 781 022



Simple & stylish kitchen makeovers



Don't replace it, **reface it** with Granite Transformations, the kitchen makeover specialists.

The exquisite engineered stone range Trend Collection is renowned for its superior performance and boasts **heat, scratch, stain and impact resistant** properties.

The collection exclusive to Granite Transformations can be simply applied directly over your existing kitchen surfaces in as little as one day.



You can freshen up your old kitchen with our simple makeover idea or build your dream kitchen from scratch, the choice is yours.

IT'S OUR 10th BIRTHDAY!

book in June for great discounts

With over 20 stylish colours to select from, visit our showroom to view the full Trend Collection today.



t: 5976 1944 a: Shop 1, 139 Main Street, Mornington
www.granitetransformations.com.au



austplant



Over 600 Australian native species

16 acres of display gardens

Professional garden design service

Tubes to Advanced Plants

Open seven days

249 Purves Rd Arthurs Seat • Ph. 5989 6120 •

www.austplant.com.au • Mel 171 G5

Gardens by Austplant

Austplant has been designing gardens for the last 35 years. A professionally designed and constructed native garden offers a host of benefits.

Gardens by Austplant require little or no watering and maintenance.

Gardens by Austplant are professionally designed - combining the right species for the unique soil, sun, wind, and salt characteristics of your site. This ensures your new garden will look its best all years round, and you won't be replacing dead plants and attract an array of colourful native birdlife, such as Rosellas, Blue Wrens, and even the occasional Sulfur Crested Cockatoo.

Complete Garden Service - from plans to planting

Austplant brings together all the elements needed to create a beautiful garden for you, without the hassle. Austplant will consult with you, visit your site, review your site plan, and discuss your options based on your vision for your future garden.

We then put together a landscape and garden design package, choose the correct species with you at our nursery, construct the landscape, plant out your garden, mulch, stake, fertilize, and even arrange for regular maintenance if you wish. In short we'll take care of everything, leaving you to enjoy your new professionally designed and constructed native garden.



Installing a Water Tank Made Easy

GREEN SYSTEMS is an outstanding company based in Somerville. As a manufacturer of high quality Polyethylene Water Tanks customers are benefiting from buying direct from a local manufacturer and cutting out the middle man. Available in 3 stylish and versatile sizes, Green Systems tanks can be manufactured in 24 ColorBond colours. Manufactured on-site Green Systems offers free delivery and a 10 year warranty on all tanks.

These durable polyethylene water tanks can be installed in homes and holiday houses to reduce your water bill, so that you can keep watering your garden and washing your car over the hotter summer period. Don't think that just because we are having rain this month that we will not have to continue with inconvenient water restriction timetables. Prepare now for a worry free summer.

Watch this space, as Green Systems is also developing a 10,000Lt Round Water Tank for rural applications. Buy direct and save.

Green Systems is committed to providing our community both locally and nationally, with cost effective renewable products that are robust and most importantly that work. See the Green Systems website for further product information as Green Systems continues "Looking after the Environment".

This is also a great way to increase your water allowance in the garden. While it doesn't rain that often, you can have the tanks connected (by a registered plumber) to your grey water system, allowing you to then reuse that water on your garden (although grey water is not recommended for edible plants).



www.sorrentofurniture.com.au

Sorrento
FURNITURE

Manufacturers of Custom Sofas, Modulars, Banquette Seating, Dining Chairs, Ottomans.

(03) 5975 0344
10 Bennetts Rd, Mornington

Solar Power Systems

PENINSULA SOLAR
MAKE YOUR OWN POWER

COMPLETE SYSTEMS & SYSTEM COMPONENTS

Why Choose Solar? | **Our Services**

- Generate clean electricity
- Run your meter backwards
- 25 year output warranties
- Planning, design & install
- BCSE accredited installers
- After sales service

Call us today for a **FREE QUOTE**
9787 5979 or **0418 341 081**
PO Box 392, Mt Eliza www.peninsulasolar.com.au

SOLAR ELECTRIC SYSTEMS

EVAQUATED TUBE SOLAR HOT WATER SYSTEMS

Now OPEN Saturday Morning 9 - 12 Noon

green systems

2060Lt \$480 Inc GST

5150Lt \$850 Inc GST

3090Lt \$990 Inc GST

We use more material so you get the STRONGEST tanks in the industry!

- ✓ 24 Colours Available
- ✓ 10 Year Manufacturing Warranty
- ✓ Rotationally moulded to AS /NZS 4766
- ✓ Built from Food Grade UV Stabilized Polyethylene

Order today - Call us on (03) 5977 9489
11 Industrial Dr, Somerville www.greensystems.com.au

FREE DELIVERY On The Mornington Peninsula

Bedshed Mornington - No-One's Better in the Bedroom

Buying bedroom furniture and bedding is an important decision and an investment in your health, comfort and lifestyle. We all need somewhere to rest our weary heads – our bedroom should be a sanctuary, a place to relax, be comfortable and retreat after a busy day.

From the mattress you sleep on to the colour and thread count of your sheets, your bedroom is an expression of who you are and how you choose to relax. Putting together the right elements can take time, but the friendly team at Bedshed in Mornington are there to help.



Largest Range

Located at the Peninsula Lifestyle Centre, Bedshed offers the largest range of beds and bedding on the Peninsula, all beautifully displayed within their large modern show room. Add to that their commitment to service and high quality merchandise, and you really do have all that you need to create the perfect bedroom under one roof.

New Technology

In store at Bedshed is the Simmons Beautyrest Gel Bed, a great breakthrough in comfort sleeping combining the unique “pocket within pocket” springs of Beautyrest and the new gel technology, a fabulous combination of gentle support and pressure relief bringing an added dimension to the ‘do-not-disturb’ comfort of Simmons. Bedshed Mornington is the only place to find these great beds in our area & we understand that if you test out the bed in the showroom you will be amazed at the level of comfort. Also in store are the new

electric beds for lifestyle customers, perfect for reading and tv with individual controls

Choosing your Bed...

The right bed can make the world of difference. Beds and bedding all have different features and benefits but the very best way to be sure you're getting the right bed for you is to visit the huge Mornington showroom and test the comfort for yourself. There are more than 40 beds – mattresses and bases - on display. Looking for that perfect pillow is also easier when you try before you buy at Bedshed.

Awards and Service

Father and son team Alan and Elton have run the Mornington Bedshed for the past four years and were recently awarded the ‘best in Australia’ service award through a mystery shopper program run by the Bedshed head office. Alan explains: ‘Every quarter Bedshed send a mystery shopper to all their stores across Australia... we won the award based on customer service, store presentation, attitude and keeping the customer happy. Hopefully we'll win another [as] that's how we conduct our business – giving good customer service from day one.’

Keeping the customer happy is high on the list of priorities at Bedshed, with both Alan and Elton coming from a service background – Alan with 27 years of sales experience and Elton with several years in the auto industry. When asked about working with his son, Alan says ‘it has worked extremely well – [Elton] knows what customer service is all about and it's a really good partnership’.

A Fabulous Showroom

In addition to winning a service award, Bedshed in Mornington has also won several awards for store presentation, a fact which isn't hard to believe when you visit the show room and see the bedroom settings in situ. Alan and Elton believe in putting a lot of time and effort into the display of their furniture, so that customers can experience what their new bedroom will look like from light fittings to bedspreads.

They Go the Extra Mile – a Smooth Fuss Free Delivery

Bedshed's commitment to their clients doesn't end at the store. There's no ‘minimum’ for service at Bedshed.

It's one thing to have the best range - which of course Bedshed in Mornington have - but its another to be able to deliver the desired goods quickly and without fuss. At Bedshed in Mornington Alan and Elton have systems in place to ensure smooth fuss-free, mess free delivery. They certainly ‘go the extra mile’. 90% of what you see in store is available for delivery the next day or even same day because Bedshed Mornington have 3 warehouses filled with current stock.

There's nothing worse than having your furniture removed from its packaging to discover missing pieces which can sometimes happen with sealed boxes so Allan and Elton, who's mantra is ‘a good business is well organised and can anticipate possible problems and resolve without delay’ have specially designed delivery vans that are equipped not only with drill and toolkits but also carry back up stock to fix any problems there and then.

They recognise that their customers don't want to spend hours putting the pieces together or be left with a load of packaging debris so their delivery staff assemble and remove all rubbish, wearing ‘booties’ and using handwipes to ensure no accidental marking. Theirs is a unique service and they deliver upstairs or downstairs with very happy repeat clients from as far away as Northcote and Richmond to Frankston & across the Peninsula. With winter on our doorstep and Spring around the corner new season's stock is arriving daily and the store is filled with great ideas for the bedroom which are not only beautiful but practical.

So call in to see Alan, Elton and their award winning team at Bedshed Mornington.

No-One's Better in The Bedroom!





ROSEBUD CARPETS

BEST SELECTION & SERVICE
BEST PRICES & VALUE
CARPETS, VINYL, WOOD FLOORS & RUGS







1275 Point Nepean Road, Rosebud. Phone. 5982 2777 www.rosebudcarpets.com.au

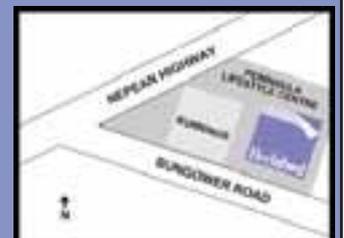
New release now available
at **Bedshed** Mornington



Bedshed Mornington Superstore



Unit C1, Peninsula Lifestyle Centre
Cnr Nepean Highway & Bungower Road
Ph. 5973 6333 www.bedshed.com.au
Open 7 days Late Fridays to 9pm



Creative Designs for Garden and Home



When choosing a landscape designer/contractor there are many factors you should consider to protect your investment and ensure the finished product compliments your home and lifestyle for years to come.

Since 2000 Steve Taylor of Creative Outdoor Solutions has built a reputation for designing and constructing multi award winning landscapes throughout Victoria and interstate. Winning multiple Victorian landscape design and construction awards. Steve, and his highly talented team pride themselves in cutting edge, highly functional landscape design that compliments the existing architecture, surrounding environments, décor and personal lifestyle requirements.

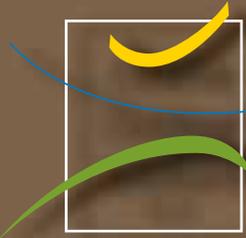
Over the past several years Steve has seen increased demand for his landscape design and construction services through out the Mornington Peninsula. Needless to say after many visits Steve became envious of the "Peninsula lifestyle" and within 6 months of introducing his family to the potential of moving south from their eastern suburbs base, they had purchased a plot on Beleura Hill. Steve designed and built their new family home and they are now official residents of the Peninsula.

Steve acknowledges it is early days for his family however they are already convinced there is no looking back as they are loving every minute of their new lives.

With his personal move to the Peninsula and his new plans for a local design studio, Steve introduces Creative Outdoor Solutions for the area.

"Our experience and results have shown that when the right design is created and a garden is built with a focus on detail and sound construction practices, along with a budget that allows these processes to occur, the return on investment, as far as the capital improvement on a property goes, can far outweigh any other form of home improvement project. Improved lifestyle rewards also need to be recognised and often hold more weight in the decision making process than the financial benefits. "The beauty of the landscape industry lies in the flexibility within its systems and the potential of the end results. The first and most important piece of advice I give my clients at every consultation is to think long term. In five, seven or 10 years will you should be saying "I'm glad I did" and not "I wish I had"? "Wherever possible we recommend you don't undercapitalise your property value with a substandard landscape for the sake of a short-term solution. However you do need to be a little careful with staging as logistical inefficiencies and safety concerns caused by too many stops and starts can become a costly process."

Creative Outdoor Solutions have recently been awarded one of the most prestigious landscape awards in Australia, "The 2009 National Residential Landscape of the year (under \$100,000)" for their Albert Park courty ad project.



Consult - Design - Construct

Multi Award Winning
Landscape design
& Construction
by
Steve Taylor & Staff

Office: 03 9764 8788
Mobile: 0409 597 707

steve@creativeoutdoorsolutions.com.au
www.creativeoutdoorsolutions.com.au



DIY Draft Proofing – The Forgotten Energy Saver

Before you slip into the nasty old habit of simply lugging in the dusty old electric heater you bought for \$15 at K-mart last year, consider this: nearly 40% of the average Australian household's energy use is attributed to heating and cooling and much of this can be avoided by taking a few simple measures to improve your home's thermal efficiency. Goodlife magazine sought the advice of EnviroShop, the peninsula's sustainability experts, when considering how to make your home more warm and comfortable in winter while saving money and emissions.

For now, let's not even consider that dirty "I" word. Good insulation (shhh, who said that?!), however important, is only one of the necessary ways to achieve thermal efficiency in your home. The best ceiling, wall and underfloor insulation will amount to little unless drafts are sealed. Drafts are a major source of heat loss and gain in the home. They result in greater reliance on more intense heating in winter and cooling in summer, thus increasing energy costs and emissions. We asked EnviroShop how to best address the problem of drafts.



Door & Window seals

For gaps of between 2 – 5mm between a window or door and its frame, applying Raven's Draft Excluder (available at EnviroShop) is recommended. Draft Excluder will help to seal against draft intrusion

without impeding the functioning of doors or windows. Gaps under doors are best sealed using a Raven Door Seal. Don't forget to seal internal doors! The value of sealing internal doors is rarely appreciated but a well sealed internal door will allow effective heating or cooling of individual rooms.

Fixed materials

Small gaps between fixed materials (eg. the window frame & the wall or the skirting and floorboards) are best tackled with caulk or gap filler. They come in a range of colours and importantly, generally have an elastic quality that will allow for building movement.

Downlights & the Igloo

The Enviro shop says that it's no secret that halogen downlights are an environmental and safety nightmare but one thing many people don't know is that they significantly reduce the insulating factor of your ceiling. The intense heat of halogen downlights (up to 300°C) causes an upward flow of hot air through the fitting called the heat-chimney effect. The downlights effectively suck the warm air out of the room, pushing it into the ceiling cavity. Replacing halogen downlights with LED or CFL alternatives will help reduce the heat-chimney effect as they run much cooler, not to mention saving heaps on electricity bills. Regardless of the type of light, downlight covers should always be used. EnviroShop recommends the Australian made and owned IGLOO downlight cover to both help eliminate the heat-chimney effect and to avoid all-too-common downlight related housefires.

Exhaust Fans & the Draft Stoppa

Exhaust fans normally open directly into the roof cavity of your home allowing large amounts of air movement. The most inexpensive and efficient way to eliminate this problem is by installing a self-sealing casing, called the DRAFT STOPPA. Draft Stoppas are available at EnviroShop for \$39 and are very easy to install.

Thermilate - Paint that Insulates.

One of the more remarkable products recommended by EnviroShop is the insulating paint additive, Thermilate. Developed by NASA, Thermilate consists of tiny vacuum filled ceramic balls (or microspheres). When added to paint Thermilate helps to reflect and refract heat achieving a noticeable and proven insulating effect. "We've had so many customers come back completely ecstatic, saying they couldn't believe the difference Thermilate made. They always say it's worth the extra few dollars", says EnviroShop Frankston's Ian Downing. Thermilate can be used on internal surfaces to keep in winter heating, and external surfaces to keep out summer heat. It can be added to any type of paint and can be purchased from EnviroShop for \$40 per bag.

For more information and advice on how to save energy this winter, contact EnviroShop Frankston. EnviroShop is a division of EnviroGroup, the Peninsula's authority on solar power and solar hot water.

www.enviroshop.com.au

Time to go Solar?

Talk to the Peninsula's Sustainability Experts and receive a FREE in-home quote



enviroshop
THE SUSTAINABILITY EXPERTS

enviroshop.com.au
(03) 9781 4005



envirogroup
THE RENEWABLE ENERGY EXPERTS

30 years of solar industry experience



Draft sealing & Energy Efficiency

- Prepare your home for the cold winter months
- Make your home more comfortable while reducing heating bills
- Double glazing alternatives, thermo reflective insulation & more!



Energy Efficient Lighting

- Full lighting plans & expert advice on eco-lighting
- one of the easiest & most effective ways to save on your energy bills



Energy Saving Products

- Easy ways to cut down energy wastage in the home



Solar Hot Water

- Up to \$3,000 in rebates for Solar Hot Water still available - CLAIM NOW BEFORE IT'S TOO LATE!



Solar Power

- Receive thousands in Solar Credits
- Slash your power bills and emissions
- Sell your excess power for up to 68c per kW hour

For your FREE in-home quote call (03) 8459 1515 or register at envirogroup.com.au

See our solar display room and full range of eco products at 16 Beach St, Frankston



from
\$160,000

*Luxury, comfortable &
secure living for over 55's*

Live the lifestyle you *deserve*

Shearwater at The Mornington

Shearwater at The Mornington offer all the very best services, facilities and activities to help you make the most out of your retirement. You've earned it, so now it's time to enjoy health, happiness and security in our village on the Mornington Peninsula.

The Mornington

150 privately owned units nestled among idyllic gardens, offering a sense of community and relaxed, sociable village life.

Shearwater at The Mornington

Luxury, affordable independent living for the over 55s; beautiful serviced apartments with lake and garden views, meals provided.

Some of our many facilities & activities include:

- on-site doctor & emergency call system
- podiatrist, massage & hairdresser
- dining room with chef prepared cuisine
- relax in the spacious club house, library or lounges
- enjoy the cinema and craft & hobby room
- join in various activities from bowls to billiards
- daily shopping trips & regular outings

150 Mornington – Tyabb Road
Mornington Mel Ref 145 J4

Ph 5970 5507

www.shearwaterapartments.com.au

The
Mornington

Even in winter there are loads of things to keep us entertained on the Peninsula and if you're in any doubt just log on to www.visitor.com.au or pick up a copy of the Visitors Guide - why should they have all the fun!

Horseback Winery Tours and Red Hill Equestrian Centre

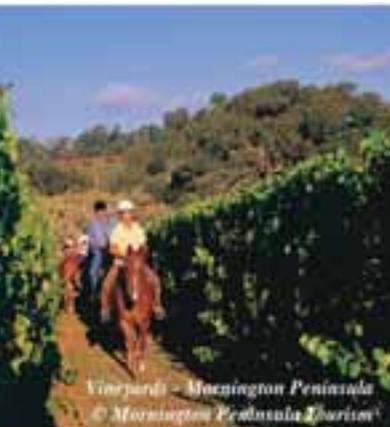
Horseback Winery Tours over the past 8 years have achieved nationwide and international recognition. "Nowhere else in the world can people enjoy this experience" says Terry. "Our horses and staff are outstanding we can cater for experienced riders or total beginners. We are fortunate that

we are close to some of the best wineries in Australia offering award winning cool climate wines. Wineries such as Montalto, Red Hill Estate, Tucks Ridge, Pier Ten, Foxeys Hangout, Ten Minutes by Tractor, T'Gallant and Mantons Creek also offer innovative dining experiences in

their restaurants which range from casual cafe style to fine dining".

Terry and Bev Scott's Spring Creek Farm now incorporates **The Red Hill Equestrian Centre** where instruction covers all aspects of riding, training and horsemanship. They have just completed a new all weather arena and a 19m lungeing ring. Their facilities provide a safe environment for riders at all levels and clients can enjoy a glass of wine or cup of coffee in the new café or enjoy a byo picnic or bbq by the frog pond. Instructor Paul Walking (Bev's son) is an extremely accomplished rider having come through the ranks at Main Ridge Pony Club as a teenager and has competed successfully as a show jumping and eventing rider. Paul enjoys instructing and is available 6 days a week.

There are several other regular instructors as well as clinics throughout the year with renowned instructors from Australia and overseas. Stabling and paddock facilities are available for visiting horses and they offer excellent B&B and catering for clients.



Haven for Golfers

The Mornington Peninsula is a haven for golfers, with many different courses offering a wide variety of challenges for players. One venue that is rapidly growing in popularity is **Bembridge Golf Course**. This 9-hole course can be enjoyed by golfers of all standards. With five par 4's and a four par 3s it is not a daunting physical slog, and round can be easily negotiated in less than 2 hours, which is one of its great attractions.

The course is ideal for beginners, while also providing a challenge for more experienced players. Straight driving and accurate iron-play to the beautifully manicured greens will reward those golfers who aim to shoot a low score. A round at Bembridge allows the golfer to indulge in more than the game itself. Set amid picturesque surroundings including scenic waterways that abound in ducks, water hens and other bird-life such as the gaggle of Cape Barren Geese that recently made the course home for two months, Bembridge provides a relaxed country atmosphere.

The clubhouse offers light lunches, snacks and a licensed bar and friendly atmosphere abounds. Many social groups take advantage of the barbeque facilities in idyllic surroundings.

Bembridge Golf Course

A great experience for everyone

GOLF COACH - Adam Hoey
0407 007 402

Bembridge Golf Course Pty Ltd
125 Tyabb - Tooradin Rd,
Somerville 3912
Victoria - Australia

Telephone 5978 6215

HORSEBACK WINERY TOURS

SPRING CREEK FARM-RED HILL EQUESTRIAN CENTRE



- Unique in Australia
 - Ride the beautiful bush & farm land trails of the Red Hill Vineyard Region
 - Taste award winning wines & indulge in great lunches
- WE ALSO OFFER:**
- High Class B&B accommodation
 - Beautiful farm with lake & wetland
 - BBQ facilities
 - Helipad
 - Chauffeured tours for non-riders
 - Safe riding instructions with suitable school horses
 - All aspects of riding training & horsemanship

Terry Scott Ph: 5989 6119

356 Shands Rd, Main Ridge Mel. Ref.190 A12

Email: terrscott@iprimus.com.au www.springcreekfarm.com.au

MORNINGTON RAILWAY

FIRST 3 SUNDAYS OF EACH MONTH
TAKE THE FAMILY

MOORODUC TWO BAYS ROAD 11.00, 12.15, 1.30, 2.45	MORNINGTON CNR YUILLES & WATT RDS 11.30, 12.45, 2.00, 3.15
---	--

1300 767 274

www.morningtonrailway.org.au



Locals at Leisure at Home...

Frustrated with Dog Training?

Relax, and Calm Your Canine!

Take a big deep breath – relax! Remember, your dog doesn't speak English and is probably just as frustrated as you. If you are shouting and using physical force, you have lost control! Lowering your expectations will help reduce your frustration. In today's "I want it now world"

please don't expect a young puppy to be the well-behaved, well-mannered dog of your dreams. Training, patience and understanding will help you build a great relationship.

Dogs are not appliances – we can't "fix" them – we need to calm down and teach them. Here are a few hints on how to create some calm!

Fun and Games – Dogs must use their brains! Teaching tricks calms busy doggy minds and will help your dog focus on you. Shake a paw, roll over, fetch a ball, jump through the hoop, keeps kids and dogs happy and amused and better still, calm and tired!

Interactive toys – Have some fun! Exciting, problem solving, nose work games can be played indoors.

Paw Behaviour® Dog Training now stocks a range of interactive problem solving toys.

Calming Flower Remedies – Bach Flower Rescue Remedy or Australian Bush Flower Emergency Essence can help calm dogs and humans too! We can make a remedy especially formulated for you and your dog.

Calming Coats – A tight jacket or pressure wrap can calm canines. Great for anxiety, fear of thunder or noise, barking and general fearful behaviour.

If you would like more information on flower remedies, interactive toys or calming jackets, please give us a call.

Get a head start! Book your place in Puppy School BEFORE you pick up your puppy.

Puppies can start training at 8 weeks of age, provided they have had one vaccination one week prior to attending.

Paw Behaviour® Dog Training has been helping owners and their dogs build happy and rewarding relationships since 1999.

Jennifer Wilcox, is a Professional Dog Trainer, a nationally accredited Cert IV Delta CGC Dog Trainer, member of IACAB (International Institute for Applied Companion Animal Behaviour) and the Australian Association of Pet Dog Trainers.

Call 9776 1571 or 0414 637 568

www.pawbehaviour.com.au



DOG TRAINING Est. 1999
For You, and Your Grrr8 Mate!

Family Dog Training at Home
Puppy School, Group Classes, Private Lessons
Pet Stars for Film & TV

ph. 9776 1571 or 0414 637 568
www.pawbehaviour.com.au




The Mount Eliza & Peninsula Ballet School Update

Principal Catherine Preston has taught for over 30 years training. She aims to foster a love of dance in a fun environment with safe, correct technique. She danced professionally for over 15 years and wishes to give this joy to her students, by developing their natural creativity, encouraging and inspiring enjoyment, artistry and excellence.

All classes at the Mount Eliza and Peninsula Ballet School are designed so that each student can achieve

personal progress reaching goals at their own pace, within their own capabilities. Students are encouraged to enjoy dance while fostering a love of dance in a fun environment with safe technique. Dance is a disciplined 'art' form, which can foster a student's natural joy of moving. When well taught it will lay a good foundation for any form of physical activity and in fact, for life itself.



Mount Eliza & Peninsula
Ballet School

Principal: Catherine Preston. F.C.D.E.C.
Classical Ballet LMDS Russian Style

Tiny tots to adults
Beginners to advanced
Special children's dance courses



Ballet

Contemporary

Pointe

Latin-Salsa

Boys Only Ballet!

Jazz

Stretch

Hip Hop

Funk

NCE

Tap

ENROL NOW FOR 2010

Special Offer
\$25/class off one Term's Fees, new families.

Fully Trained & Professional Staff

18 Virginia Street, Mornington
69 Walkers Road, Mt Eliza
Overport Primary School, Towerhill Rd, Frankston Sth
www.mepbs.com

9787 3290 0407 302 441

We Had the Time of Our Lives!

On the weekend of 16-18 April 2010, our team (WOW! Women On Walk) consisting of Beckie White (Colour Collections), Lorna Westley (Peak Connection), Nicole Seagren (Vision Finance), and Pippa Hanson (The Sports Injury Clinic) walked 100km to raise money and awareness for Oxfam Australia. The Oxfam TRAILWALKER Melbourne 2010, and began in Wheelers Hill, went up and over the Dandenong Ranges and finished in Warburton, passing through some of the most rugged and beautiful bush terrain in Victoria.

We were also very proud to have been one of the top ten fund raising teams for the event, raising over \$12,000 (and still counting) to help some of the world's poorest people. Our fundraising enables Oxfam to continue their work including projects that give care to AIDS victims and orphans in Zimbabwe and Southern Africa, that educate people in Laos on good farming techniques and that improve Indigenous health



and wellbeing in regional Australia.

Thank you to everyone who supported and donated to our team, especially our major sponsor Pragmatic Training. We were humbled by your contribution and generosity.

And Away....

We all have different ideas of the perfect holiday and this year our holiday was designed more by events than decisions. We had people to see in multiple places and Harvey World Travel in Frankston helped us work it out.



Many people love to cruise and others are less than impressed. Some 'independent travellers' reel at the thought of anything organised and I did think that cruising was for people who couldn't manage on their own. I couldn't have been more wrong.



Many veteran 'cruisers' have travelled extensively both ways and they mix and match their itineraries for the best of both worlds. Arthur and I love to lease a car and get out on the open road but we have been converted. Our need to be in Europe in May gave us the opportunity to enjoy a 'repositioning cruise' with Royal Caribbean which saw us flying to Dubai (wonderful beach, gorgeous hotel) to catch the "Brilliance of the Seas". Our 15 day trip took us from Dubai to Muscat, then through the Gulf of Aden and past the pirates (a whole other story!), the Red Sea and up the Suez Canal. We visited the Valley of the Kings and the Egyptian resort town of Sharma El Sheik. We loved Alexandria and Cairo, the pyramids and riding the camels. And then there was the cruise itself. Days at sea with lovely companions and

the choice to do as much or as little as you wanted. On several occasions I chose the spa. The food and service was superb and our accommodation surprisingly spacious and very comfortable. We would do it again and again (and this is from people who have always considered themselves to be independent travellers). Forgot to say that going by sea was very fortuitous as the volcanic ash disrupted so many flights and we wouldn't have made it by air. Another bonus was that our beautiful floating 5 star hotel was fully booked but less than 40% occupied so there were PLENTY of deck chairs.



A repositioning cruise usually represents very good value and this cruise was no exception. Do the math and you'll see the value is amazing when you consider full board and all inclusive costs. There is very little to find fault with when the main aim of every crew member is to make your stay on board a happy and memorable one. The entertainment is constant and of a high standard with something for everyone and one of the real joys is the opportunity to meet, exchange ideas and spend time with people you would otherwise never know.

We had a wonderful two weeks made the more memorable for the sentimental journey that took me back 50 years to when I travelled up the Suez Canal as a child with my mother and grandparents. Although I know it's not for everyone I can't recommend the Royal Caribbean or cruising more strongly to anyone who would like a carefree holiday with people who care about your experience.



Travelling with Bill

Over the past couple of years I have covered many destinations and hope I have conveyed some of the magic that is embodied in the different cultures around the world. We believe in not just selling a destination but, through our Escorted Group Tour Program, sharing our knowledge and passion for our chosen destinations. With over 100 passengers having enjoyed our past trips we have expanded our program for 2010/11 with four escorted tours.



South Africa September 2010



This year we have added an exciting new trip to our escorted tour program, a 15 day tour of the best of South Africa. This tour will take in Kruger and Hluhluwe game reserves, the St Lucia Wetlands on the Elephant Coast, Durban, Port Elizabeth, the Garden Route to George, the Klein Karoo, Stellenbosch wine district, Cape Town and the Cape of Good Hope. This will be a fantastic trip and will include many special surprises along the way.

Japan and Korea March 2011

This tour will travel to Japan in Cherry Blossom season, discovering traditional villages, large metropolises, temples and shrines, mixing the past, present and even the future. In Korea we will experience a country leaving it's troubles behind and entering a new millennium. Korea and it's people will show you all it's natural landscapes, history and culture.

European River Cruising May 2011

Europe will always remain one of the must see destinations of the world with its mixture of history, charm, customs, majestic scenery and people. Over time there have been many ways to see Europe, by train, self drive, and coach. Many of those options, while seeing a great deal in a short period of time have been at a hectic pace. The latest and by far the most leisurely way to see Europe is by river cruising the Danube between Budapest and Amsterdam. The core cruising element is 15 days and can be combined with an array of land tour options at the beginning or end of the cruise. We have an 18 day cruise departing Amsterdam on the 1st of May 2011 including a 3 day Prague extension.

Canada and Alaska June 2011



Canada and Alaska will always be one of my very favorite destinations. The splendor of the Canadian Rockies has to be seen to be believed. I have now visited the spectacular region 6 times including a visit during winter. 2011 will be our fourth escorted group tour in conjunction with Scenic Tours. Our groups are designed to take a leisurely pace through the Canadian Rocky mountains with two night stays

at Whistler, Jasper, Lake Louise, Banff, Vancouver and Victoria following by a 7 night cruise through Alaska's famed Inside passage.

Full details and prices are available by calling my offices: Dandenong 9792 0541, Frankston 97813733, or Dromana 5987 3444. Details are also on our Escorted Tours page of our web site www.harveyworldfrankston.com.

I look forward to your company on one of these exciting escorted tours.

Bill Forrester has visited over 27 countries and owns and operates Harvey World Travel Frankston, Dromana and Dandenong. His contact details are:
Mobile 0417 690 533
Email bill@harveyworldfrankston.com
Web www.harveyworldfrankston.com





HEALTH

and Beauty

As Winter wraps its cold arms around us, it's tempting to hide beneath a layer of woollies and dream of warmer days as we let things slide. However, with all the wonderful spas, hair and beauty treatments available on the Peninsula, there are plenty of opportunities for us to keep up on maintenance – plus relaxing into a luxurious treatment is the perfect antidote to a dreary winter day.

Moving from cold weather outdoors to heating indoors can play havoc with skin on both face and body, so use a good quality moisturiser to counteract these effects and keep skin nourished and supple. Also, even though summer sun is gone

it's still important to wear sunscreen on your face every day, as UVA and UVB rays are here all year round.

When it comes to exercise, dark mornings and chilly days can make it a lot harder to keep up with your fitness, but persevere – you will be happy when summer comes again and you see the results of all your hard work.

A healthy well-maintained body is an asset all year round so keep well, stay fit and be happy - Summer will be here again before you know it.

Helen Jones

The Art Of Hair

Hairstyles are like fashion, always changing every few months coming in and out with the change of seasons. Hair is also expressing ourselves in some way like our clothes or make up do, it makes us feel good stepping out of the salon with a new do, like a new pair of jeans or new shirt would when you go shopping. This is why we love what we do at Zarboo, we find our job so rewarding when styling a clients hair and making them feel so good with a new colour or cut. Whether it's a sharp and vibrant creation, or a soft natural flowing style. We love it; it's like art to us...

Over the past 5 years at Zarboo we have been to several hair exhibitions, seminars and workshops with some of the most talented and creative hairdressers in the world for the latest advanced colour and cutting techniques.

We also specialize in Bridal and formal Hair ups for all your special occasions.

Having had travelled up to Sydney to do an intense workshop with famous hair up Guru Sharon Blain and in Melbourne for a 2 day course with the very talented Patrick Cameron. Check out their websites at www.sharonblain.com and www.patrickcameron.com

WHATS NEW?

We are also very excited to inform you all that we are now an Aveda exclusive salon, for those of you that don't know Aveda, it is a naturally plant derived product. Colours being between 97-99% Plant derived and styling range at 99%. The aroma of these products is so beautiful, the colours are so shiny and how it leaves your hair is simply amazing....



Zarboo Hair of Red Hill is also located amongst some of the most fabulous wineries, Bed n Breakfasts and restaurants the Mornington Peninsula has to offer. Also right next door we have Red Hill Day Spa and Mocha My day chocolate shop, the Red Hill Cool Store and the Red Hill Caters being just up the road as well. So if you feel like getting away from the hustle and bustle for the day/weekend, come spoil yourself! Come down and visit us at Zarboo.

- The Team at Zarboo



Bridal party • Formal styling • Cut and colour specialists

Shop 3, 1016 Mornington Flinders Rd - Red Hill VIC 3937 Phone: (03) 5931 0335



Zarboo Hair

AVEDA

THE ART AND SCIENCE OF PURE FLOWER AND PLANT ESSENCES



ENHANCE YOUR LOOKS *and Look Youthful Longer*

Tim Brown is a Fellow of the Royal Australasian College of Surgeons and the Royal College of Surgeons of England, and certified by both as a specialist in plastic and reconstructive surgery.

He is a member of the Australian Society of Plastic Surgeons and an overseas associate of the British Association of Plastic Surgeons.

Together with his team, he provides a professional, supportive and warm approach, gently guiding his clients through the cosmetic surgery process and non-surgical skin care.

Non surgical Skin Care & Cosmetic Camouflage

If you want your skin to stay looking youthful, rule number one is to stay out of the sun and use a sunscreen, or moisturiser containing sunscreen, every single day. Once you hit your 30s it's a good idea to step up your skin-care routine with the addition of a night-time anti-ageing treatment. Whatever your age, always ensure you use a moisturiser daily to keep skin hydration levels up.

However, if you already have established skin damage from sunshine, it is possible to improve your appearance with a remedial skin regimen.

We offer a comprehensive and versatile range of facial non-surgical treatments that combat problems such as ageing. These procedures are safe and effective, take little time and will enhance your looks in a natural-looking way.

Some of the conditions that occur when we age and that can be rectified by non-surgical cosmetic procedures:

Skin pigmentation due to sun damage such as freckles, brown spots and brown discolouration, coarse open pores, acne inflammation, damaged skin collagen and elastin – dull surface – lifeless skin, worry lines on the forehead, sagging eye brow, frown lines, crows feet, receding lips, bleeding lip lines (smoker's lines), chin creases, poor skin tone.

What Can We Do?

Wrinkle erasers remove unwanted wrinkles and skin creases with the use of tiny muscle-relaxing injections

The injections prevent selected muscles from repeatedly contracting, thereby creating wrinkles. Maintenance is the key and will prevent future wrinkles and prevent the look of aging.

Injectable wrinkle erasers are a popular non-surgical injection that temporarily reduces or eliminates frown lines, forehead creases, crows feet near the eyes and thick bands in the neck.

These products can also be used to re-shape the brow and position of the eyebrows.

Kas Hollingsworth is exclusively working for Mr Brown at his Berwick and Frankston rooms for your injectable treatments. Book for your free consultation with Kas.



Chemical peels are a non-surgical technique used to improve the appearance of the skin. In this treatment, a chemical solution is applied to the skin, to remove the most superficial layer of dead cells and allow the smooth, healthy underlying skin to appear. The new, regenerated skin is usually smoother and less wrinkled than the old skin.

Dermal Injectable Fillers will transform fine-lines or deep creases, furrows, wrinkles, scars or other skin depressions allowing a more natural and refreshed look.

They can give enhanced shape and definition to lips and lines around the mouth and remove, fill-in or plump up deep lines, wrinkles, depressions, scars and creases around the mouth, chin, cheeks, forehead and eyes.

Microdermabrasion is a skin-freshening technique that helps repair facial skin that takes a beating from the sun and the effects of aging.

As with other skin rejuvenation techniques, more than one treatment may be needed to reduce or remove fine wrinkles and unwanted pigmentation.

It is pain free, and allows you to return to work directly after treatment without any side-effects.

It is a very safe and effective procedure that can rejuvenate your face, hands and décolletage and delivered with supervision of highly qualified registered nurse, reduces any risks and complications in the future.

Both Chemical Peels and Microdermabrasion can be used in conjunction with each, so why not discuss this with our registered nurse Poppy, at your consultation.

Call now to book a FREE skin treatment consultation.



Tim Brown is a member of the Australian Society of Plastic Surgeons and is also a Reconstructive Surgeon. Mr Brown also continues to offer treatment & management of all skin malignancies. With consulting rooms in both Berwick and Frankston, he offers a wide range of procedures, including:

COSMETIC PLASTIC SURGERY

- Breast Reduction
- Breast Enlargement
- Facelift
- Abdominoplasty
- Liposuction
- Ear Pinning
- Brow & Templelift



SKIN TREATMENTS

A wide range of wrinkle erasers, lip and facial enhancements are available. Book Now for your FREE consultation with Kas our injectables nurse.



MICRODERMABRASION

Microdermabrasion with skin peels and vitamin infusions now available at Mr Browns rooms

Poppy Lonergan is one of Mr Browns nurses and is

practising out of our Frankston Private rooms.

What is Microdermabrasion

Microdermabrasion is a process that deeply exfoliates the skin. It can be used for various conditions:

- Acne
- Rough Skin
- Preparing sun damaged skin for PDT treatment
- Increases the penetration of creams and serums you may be using
- Anti-aging skin rejuvenation for face, hands and décolletage

What are Chemical peels

Chemical Peels are performed on the face, neck or hands. They can be used to:

- Reduce fine lines and wrinkles
- Treat skin conditions and blemishes caused by sun damage or age
- Improve the appearance of mild scarring
- Treat certain types of acne
- Improve the look and feel of skin that is dull in texture and colour

These two procedures can both be used in conjunction with each other and can be discussed with Poppy at your consultation.

Call now to book an appointment with Poppy.



Tim Brown.
PLASTIC SURGEON

Telephone: 9769 6499
www.timbrown.com.au





Extended Hours and Services

Wellbeing Group Mt Eliza has some exciting changes taking place this month. They have some new practitioners joining the team, adding to the services already available. Dr. Kathy Rasch is pleased to be welcoming her husband Carl into the Mt Eliza Practice. Carl has primarily run the Langwarrin Wellbeing Group for the last 6 years and before that, practiced in the Mt Eliza village.

The benefits of having Carl with them, includes increasing hours to open every day, being able to offer a greater variety of early and late appointments, and having both female and male Chiropractors available. Both Carl and Kathy graduated from the 5 Year Chiropractic degree in 1991, working the first 12 years in

Queensland and the last 8 years here on the Peninsula. Carl begins in mid June on Tuesday and Friday afternoons and evenings.

A big welcome to Gayle Dwyer, a local Counsellor and Hypnotherapist, working from Wellbeing on Thursdays and Fridays. Also Yoga and Meditation have started, hosted by Greg and Kitty Watters. Yoga is on Saturday afternoons from 1.30pm till 3pm and Meditation is every Monday night from 7.30pm-8.30pm. "We are very excited to welcome the new practitioners to our team and it feels wonderful to be able to offer such a diverse range of natural health choices in a relaxing and serene environment" said Kathy.

Massage Therapist, Julian Furnell continues to be available Monday to Friday, and Kinesiologist, Jenni Wadsworth practices from Monday to Wednesday.

As well as Chiropractic Care, Kathy offers Wellness Coaching for adults and children and also presents Natural Birthing workshops. A large range of Healthy Living Products are also available for sale in reception.

For all your natural health needs, give Wellbeing a call on 97872111 or www.wellbeinggroup.com.au

Sacred Space In Sorrento

Marlo Spa has recently relocated and refurbished to suit today's spa-ing customers. Marlo Spa offers a place of restoration, conveniently located in the Sorrento shopping area. Established for 12 years, they can be trusted to find solutions for any health and beauty concerns.

This is a tranquil and sacred space for men and women to be nourished with 'Biodroga' and 'OmVeda' spa product, healed with ayurvedic massage, spa therapies and, balanced with holistic counselling, centred with a stretch/yoga class and goddessed with divine Napoleon Cosmetics.

The essential beauty needs are professionally performed and spa therapies include hahana stone massage, remedial, lymphatic drainage massage, marma point and Indian head massage, ancient ayurvedic body treatments, herbal facials, shirodhara, steam and spa. Treatment rooms are designed for group bookings and pamper parties.

Choose a package with a friend, perfect for that weekend away or bridal parties.

For further enquiries call (03) 59845300 or email sacredspace@marlospa.com.au
Marlo Spa, 43-45 Ocean Beach Road, Sorrento, 3943, Victoria

Hear the Difference

Hearing allows us to enjoy conversations with family, friends and the people we meet every day.

Hearing loss progresses very gradually, so it can be extremely difficult to recognize changes to hearing. It commonly affects the ability to follow conversations – particularly in noisy environments. In Australia, around one in six baby boomers has a hearing loss and, despite this being a serious health issue, many are reluctant to seek help – taking many years before they actually arrange a hearing test.

Research has shown that hearing loss left untreated can cause irreversible damage, which cannot be helped by hearing aids. Wearing hearing aids ensures that the brain is stimulated and does not lose the ability to process sounds over time. This not only greatly improves the wearer's lifestyle now – but also the problems they would otherwise experience in years to come.

According to HEARINGLife's Chief Audiologist, Jan Pollard, "many people would find their lives improving dramatically if their hearing loss was treated.

We find that individuals with hearing loss experience problems such as not being able to follow conversations, needing to turn the TV up louder and louder and in some cases, declining social invitations."

Today's hearing aids are nothing like the visible hearing aids of the past, but it is taking time for many people with hearing loss to challenge their perceptions. Improvements in technology mean that hearing aids are highly sophisticated. They are more effective and smaller than ever – some are so small that only you will know you're wearing hearing aids and they can be your little secret! A hearing test is the only way to establish whether hearing loss is adversely affecting your life. That's why HEARINGLife ensures that there is no cost or obligation for anyone who wishes to have a hearing test. In addition to FREE hearing tests, the company provides FREE "Home Trials" of the latest hearing solutions so that people can hear for themselves the difference that sophisticated and discreet hearing solutions may make to their lives. Call 1300 134 097 now to arrange your FREE hearing test.

Marlo Spa has been inspired by India's ayurvedic ancient wisdom of healing and philosophy on wellness.

*inner*beauty (gunam)
*outer*beauty (roopam)
*lasting*beauty (vayastyag)

Experienced Napolean Make-Up Artists
Napolean Perdis
Bridal Studio
Lash Extensions
Spray Tan
Gel Nail Enhancements
Herbal Facials
Massage
Spa Packages
Group Bookings

t. 5984 5300

43-45 Ocean Beach Rd, Sorrento
sacredspace@marlospa.com.au
www.marlospa.com.au



**Dr. Kathy Rasch welcomes her husband
Dr. Carl Rasch to MtEliza Wellbeing**

- 👉 Gentle Chiropractic Care for all ages
- 👉 Open Monday-Saturday
- 👉 Hicaps, DVA, early and late appts available

Cnr. Wooralla Dr & Bundara Cres, Mt.Eliza **phone. 03 9787 2111**
www.wellbeinggroup.com.au

The Benefits of Exercising in the Winter

There are many benefits to exercising in the cold. You use more energy in winter, which equates to burning more kilojoules. And as you're burning more energy, you sleep better at night.

Regular exercise is also one of the best ways to boost your immune system and fend off wintertime colds and other illnesses.

But there are a few things to be aware of when you're exercising in the cold:

- **Warm-up** is important at any time, but particularly so during the colder months, as the body's temperature is generally a little lower and the joints take a little bit longer to warm up properly.
- **Stretching** is especially important in the winter months when it's easier to cramp up or pull a cold muscle.

- **Drink plenty of water.** It's as easy to become dehydrated during the cold months, as in the scorching summer heat, so carry a water bottle with you and drink plenty of fluids after your workout. Most people forget the importance of water during the colder months.

Whenever exercise is stopped or paused for any longer than a couple of minutes, take off any wet clothes as soon as possible and put on a jacket and tracksuit pants to avoid getting a chill.

With the cold and wet weather setting in Curves is the perfect place to keep up your winter exercise program or make a start to a happier healthier you. Call now for a free fitness assessment and take advantage of our \$0 service fee!

- Kerry, Curves

Southbeach Nails at Rose M Photography

If you have problems growing your nails, or would like colour that does not chip or fade, visit Rose at Southbeach Nails on Blamey Place in Mornington. Rose is a qualified Bio Sculpture® Gel nail technician and has recently opened the doors to do manicures and pedicures using Bio Sculpture® Gel. Bio Sculpture® Gel - looks as thin and natural as your own nails, only better!

Bio Sculpture® Gel is a one component nail treatment that strengthens and promotes the growth of natural nails. It's merely applied onto the prepared nail, with no time consuming build-up process, is self-leveling which eliminates excessive buffing and is cured under a UVA Lamp in 2 mins - no

time is wasted waiting for the product to dry. It is also removable without damage to natural nails by soaking off in less than 15 minutes!

Bio Sculpture offers a permanent nail colour that lasts for weeks without wearing or chipping and the advantage is that you can easily change your nail colour by simply applying Bio Sculpture Nail Polish. Later the polish can be removed with Bio Sculpture's specially formulated acetone free nail polish remover and the permanent nail colour will be restored to its original state.

Discover the difference with a healthier nail treatment that is a pleasure to use and wear at Southbeach Nails, now at Rose M Photography.



Healthier Nail Care

Love your
Bio Sculpture Gel Nails



Qualified Nail Technicians now at RM photo studio

No damage to natural nails, soaks off clean in 15 minutes.
Long wearing and chip-proof. No odours, No fumes, No dust.

Shop 1/10 Blamey Place, Mornington
PH 5976 3218
www.rosephotography.com

With Curves you can get fit, have fun, and help your community.



Curves is the fun, fast, effective and affordable way to a healthier life - a 30-minute workout just three times a week is all it takes. You'll have the guidance of a helpful circuit coach and the support of your fellow members in our friendly all-women clubs.

JOIN FOR FREE*
WHEN YOU DONATE A BAG
OF GROCERIES.

[World's Leader
in Women's Fitness]

Curves
Strengthening Women™

curves.com

9781 5444
Curves Frankston
43A Davey Street Frankston
(Melways 102 D3)

5975 5526
Curves Mornington
8 Spray Street via Elizabeth Street
(Melways 104 F12)

"THAT CLEAN & SEXY FEELING"

\$25.00
spray tans
until the end
of July 2010
Conditions apply,
mention this ad



simply **BRAZILIAN**

FRANKSTON: 9781 2555
MORNINGTON: 5975 5888
CRANBOURNE: 5995 4055

OR BOOK ONLINE
www.simplybrazilian.com.au



**SPECIALIST
KEY HOLE SURGEONS**

Mr. Chris Hensman
Mr. Ray McHenry
Mr. Dean Spilias
Mr. Richard Gilhorne

*Do you have a Hernia?
Do you Suffer from Severe Indigestion?
Do you Suffer from Excessive Sweating?
Are you Seriously Overweight?
We can help!*

*Why keyhole surgery?
Minimally Invasive (Small Cuts)
Minimal Pain!
Fast Recovery!
Quick Return to Normal Duties!*



HOSPITAL LOCATIONS

The Bays Vale Street Mornington
Knox Private 262 Mountain Highway Wantirna
The Valley Private Cnr Police & Gladstone Rds Mulgrave
St John of God Gibb Street Berwick
Vimy Private 5 Studley Avenue Kew

Phone 9760 2777 or 1300LAPSURGERY
www.lapsurgeryaustralia.com.au

The Benefits of Weight Loss Surgery

Obesity has become a global problem. This problem has more than doubled in Australia over the past 20 years. Morbid Obesity greatly increases the chances of developing health conditions that can result in significant physical, social and mental disabilities and can also reduce life expectancy. Those who are overweight or obese are at far greater risk of being affected by medical conditions such as diabetes, heart disease, high blood pressure and some cancers. Long term weight loss improves health and quality of life. In many cases patients who successfully lose weight with the adjustable gastric band have been able to rid themselves of symptoms of high blood pressure and diabetes.

The Surgery.

The adjustable gastric band is inserted by key hole technique which involves very small incisions, causes minimal pain and allows a more rapid return to normal activities. The gastric band is placed around the top of the stomach and works by reducing the amount of food you can eat, slowing down the eating process and creating a feeling of satisfaction. You can eat normal foods in smaller quantities.

After surgery most people can expect to lose 50 to 60 percent of their excess weight over a period of 18 months to 2 years. For those suffering from serious weight problems, scientific studies have proven the adjustable band to be the safest, most effective method of long term weight loss.

Is the Adjustable Gastric Band the only option?

At LAPsurgery Australia we offer all forms of weight loss surgery.

Intra Gastric Balloon: For patients who need to lose 10 to 20 kilos (BMI of 27 to 35)

Adjustable Gastric Band: For patients who need to lose 20 to 50 Kilos (BMI above 35)

Sleeve Gastrectomy and Gastric Bypass: For patients who may not be suitable for the Intra Gastric Balloon or the Adjustable Gastric Band or for those who have not been able to succeed with Gastric Band. People who have had a Gastric Stapling in the past can also be assessed for further surgery. Each patient is evaluated individually for the most appropriate procedure for them.

Why choose to have Weight Loss Surgery with LAPsurgery Australia?

The Surgeons at LAPsurgery Australia have over 12 years experience in performing weight loss surgery and have treated over 3,000 patients. The clinic is very focused on long term support for the patient. The process involves consultation with a physician to assess overall health, a weight loss counselor, a dietitian, the surgeon and clinical nurse specialist's. The science behind obesity and its' causes needs to be understood in order to provide the best possible treatment for the patient. LAPsurgery Australia is involved in research projects with The Baker Institute.

The surgeons assist each other with the surgery and one of them is on call 24 hrs a day 7 days a week.

WE CAN HELP YOU IMPROVE YOUR HEALTH AND LIFESTYLE!!!

For all enquiries ph 9760 2777 or email:info@lapsurg.net.au

A Very Special Salon

When you step into La Birdie's intimate Parisian salon the one on one specialised service is apparent.

Salon owner Kim Santolucido was trained under Kevin Murphy (Celebrity Session Stylist) and has worked for some of Melbourne's most prestigious establishments. Specializing in all aspects of Hairdressing from cutting, coloring, styling and bridal hair. Kim has over 15yrs experience, ranging from salon work to being a specialised colour technician for Joico Laboratories.

Kim is very passionate about maintaining a healthy hair condition and uses the Joico K Pak Colour System, which she says is the only haircolour that reconstructs as you colour. The range also features a breakthrough permanent haircolor collection that reverses the signs of aging.

La Birdie also stocks Kevin Murphy's full range of exclusive (Salon Only) quality washes, rinses, styling



products and specialised treatments. The range contains antioxidants, high grade essential oils and are free of parabens and sulfates.

La Birdie's philosophy is simple... creating beautiful hair through knowledge and expertise, while providing personalised hair care specific to each clients hair type and lifestyle.

Kim will show you techniques that work with your natural texture and inspire you to "work with it" not "fight it"

Make-up Artist www.amandaforsyth.net

SHOP 2/10 BLAMEY PLACE MORNINGTON
ph. 5973 5787 m.0415 180 139
 By Appointment including Sunday's

KEVIN.MURPHY **JOICO**
THE ART OF HEALTHY HAIR

Award Winning Spa...



LI'TYA is proud to announce the Winning Therapist for 2009 for the Spirit of Spa Awards to: Amanda Lynch of Peninsula Life Medi Spa

With a professional approach, great warmth and friendliness, Amanda is an outstanding team member; embracing all aspects of the day spa profession; having a strong and regular clientele which is continuously growing. Amanda always goes above and beyond the call of duty and not only meets, but exceeds all clients' needs and expectations. Outstanding product knowledge and deep understanding of the LI'TYA philosophy is displayed in Amanda's work and achievements, from the delivery of her LI'TYA spa journeys through to her guest home care resulting in a high % of return guests and retail sales. Amanda excels in every aspect of her role. Congratulations!



STRESS RELIEF PACKAGE

RELAX WITH A HOT MUD GEISHA TUB,
 ONE HOUR MASSAGE OR
 ONE HOUR FACIAL,
 PAUDI HEAD TREATMENT,
 BEAU VISAGE ADVANCED SKIN IMAGING CONSULTATION,
 MORNING OR AFTERNOON REFRESHMENTS.

- LI'TYA Day Spa
- Beauty and Waxing
- Laser/IPL
- Medical Aesthetics
- Group Packages
- Bridal Journeys
- Gift Vouchers
- On-line Booking

For more information or to make a booking please call Peninsula Life Medispa on 5975 7309 or visit www.peninsulalife.com.au

\$150

OPEN 7 DAYS

A luxurious and tranquil oasis for women and men

PENINSULA LIFE MEDISPA
 109 TANTI AVENUE MORNINGTON VIC 3931 AUSTRALIA
 TEL: (03) 5975 7309 FAX: (03) 5975 7809
www.peninsulalife.com.au

IPL PERMANENT HAIR REDUCTION & SKIN REJUVENATION

- Free Underarm IPL Hair reduction treatment with every Bikini line IPL Treatment (save up to **\$175**),
- Free Upper Lip IPL treatment with every Chin IPL treatment. (save up to **\$150**)
- Free personalized peel treatment with every Facial Rejuvenation treatment (save **\$120**)

Also available at allyou:

- Massage
- All Waxing
- Tinting
- Manicures
- Pedicures
- Bio Sculpture Gel Nails
- Lash Extensions
- Spray Tanning
- Professional Skin Analysis
- Personalised Facials
- IPL Laser Hair Reduction
- IPL Skin Rejuvenation
- Microdermabrasion
- Clinical Strength Peels
- Max7 LED Light Therapy
- Electrolysis

T: 5975 5877 or email
lookinggood@allyou.com.au

New
owner

RESPECT CIRCUIT SKIN Max COIMEDIX

allyou
facial clinic + appearance consultants

2/17 Main St Mornington
PH: 5975 5877
www.allyou.com.au



The Ultimate allyou Experience

A practitioner in the beauty industry for 8 years, Briony Johnston completed her Diploma of Beauty Therapy at Ella Bache College of Beauty Therapy, to then follow her passion for beautiful skin and complete a Bachelor of Health Science in Clinical Dermal Therapies at Victoria University.

Since becoming a Clinical Dermal Therapist Briony has been specialising in IPL hair reduction & skin rejuvenation, Microdermabrasion and Clinical Facial Peels.

A perfectionist in her work, Briony believes that exceptional service is a must in the delivery of all beauty treatments which is why she has achieved enormous success in her previous roles.

Briony is also a teacher in the Diploma of Beauty Therapy at Chisholm Tafe. Her love of the industry and constant strive for improvement has driven her to commit to ensuring the quality of future Beauty Therapists.

From a face enhancing eyebrow shape to a skin prescriptive treatment plan, whatever your need, Briony and her team of qualified therapists will be working to provide each and every client with the ultimate allyou experience.

No Nonsense Approach

At Simply Brazilian they offer good old fashioned service and client satisfaction is of the utmost importance to them. Their professional, friendly staff will make you feel completely comfortable in their clean environment.

It is first class service with very reasonable prices.

Specialising in Brazilian waxing for men and women and only using the highest quality products available at Simply Brazilian they use non-recycled wax on all their clients.

They also do fabulous spray tans using the Tuscan Tan products and IPL treatments if you prefer longer lasting hair removal.

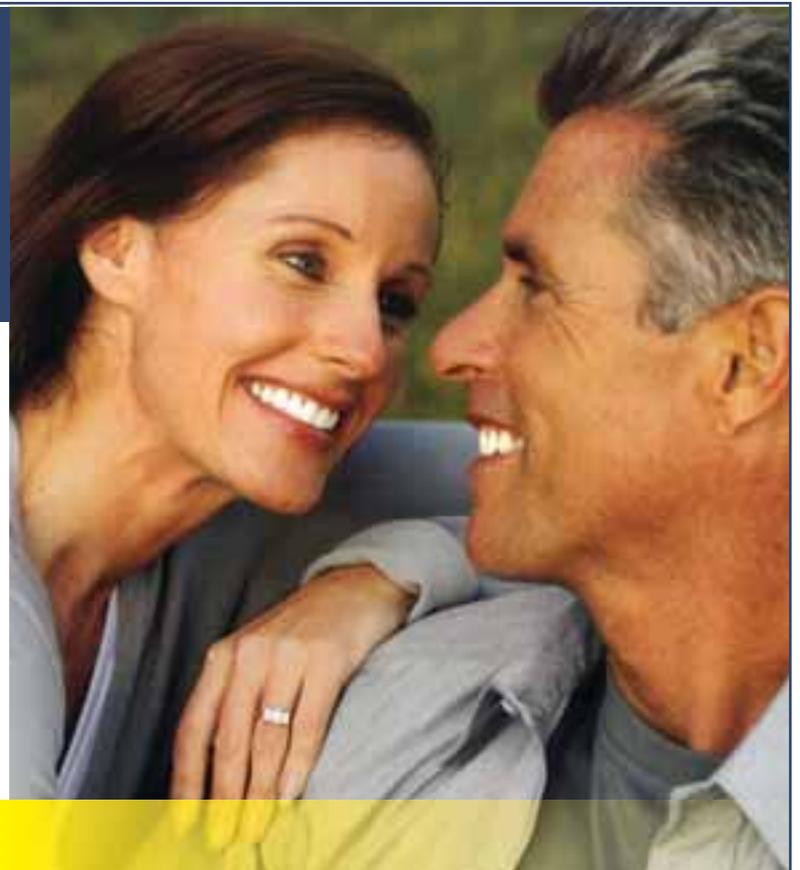
Frankston 9781 2555 Mornington 5975 5888 simplybrazilian.com.au



**Mornington
Peninsula
Dental Clinic**
Principal John Osborne

*Expert Care to Create your
Ideal Smile*

- Bleaching
- Retorations
- Periodontics
- Veneers
- Root Canal
- Crowns
- Bridges
- Implants
- Orthodontics
- Dentures
- Oral Surgery
- General Anaesthesia
- Preventative Hygiene



Evenings and Saturday Morning Available

354 Main Street Mornington **Tel:** 5975 5120, 5975 5944 **Fax:** 5975 0878 **www.morningtondental.com.au**

THE BAYS *is still The Bush*

On July 18th 1937, the King George Memorial Bush Nursing Hospital opened to great fanfare on the current site in Main Street, Mornington. The original building affectionately known as 'The Bush', housed eight beds in single, two and three bed wards, a nursery and labour room, and an operating theatre.

As part of the Australian Bush Nursing Association, The Bush was a self funded, not-for-profit hospital, incorporating some of the most innovative hospital design features available in Australia of its day.

Born out of The Great Depression, the Hospital not only survived the economic hardship of those years, but also rapidly expanded under the enforced regulations of the Second World War. The hospital grew with Mornington's booming post-war population explosion, which continued well into the 1970s.



then

On the 17th July 1930, the Hastings Bush Nursing Hospital, established by Dr (Doc) Arthur Haywood of Bittern and a small group of enthusiastic locals. The facility on the current Cool Store Road site, included five patient beds, a staff bed room and a sitting room. In 1936, HMAS Cerberus, then known as the Flinders Naval Depot, funded the first operating room. A full operating theatre complex was opened in 1957 and there were further accommodation extensions in the 1970s and 80s.

A new 14-bed Nursing Home Annexe was opened on the site in 1978 and a high dependency residential care facility and the Westernport Hostel followed in later years.

Many of Victoria's Bush Nursing Hospitals were closed in the 1990s when health insurance rates across Australia dropped to 28% but in 1997 the Mornington and the Hastings facilities and Boards amalgamated to form "The Bays Hospital Group Inc". The Bays Hospital is the only Bush Nursing Hospital



...and now

in Victoria still providing a full range of medical, surgical and obstetric services, as well as our dialysis unit and aged care facility.

The name may have changed, but the vision and ideals remain, we are still community owned and a not for profit charitable organisation.

These days, the hospital plays a crucial role in meeting the health care needs of the rapidly expanding local population and will soon begin an exciting major hospital rebuilding program with will add 19 patient rooms, two new operating theatres and create a purpose built day surgery unit. To meet this objective The Bays will once again be calling on support and assistance from the local community. Further information is available at www.thebays.com.au by pushing the support the bays button.

For further information about The Bays Hospital Group, contact Neralie Thorp on 03 5976 5242 or email neraliethorp@thebays.com.au



The Bays Hospital Group, a community owned, not for profit organisation

The Bays Hospital provides acute medical, surgical and obstetric services in a modern well equipped hospital.
Vale Street Mornington Telephone: 5975 2009

The Bays Dialysis Unit has an eight patient capacity and operates six days a week.
15 Cool Store Road, Hastings Telephone: 5979 0344

The Bays Aged Care Facility provides quality aged care and dementia specific accommodation.
15 Cool Store Road, Hastings 3915 Telephone: 5979 0333



www.thebays.com.au

WHO ARE YOU *really.....*

Repeatedly it astounds me to work with a client who has no idea of who they really are. As women we are daughters, wives, mothers, aunts, sister and friends. Add to the employees, bosses, domestic goddesses and multiple other personas we become it is not surprising that many of us can feel confused. Have you found that you wear the same things year after year and have fallen into a rut? Have you found that you shop, shop, shop, and still never have anything to wear? Lastly, have you found that your friends all look fabulous yet when you try the same look it falls flat?

Before I start any work with my clients, first I ascertain their personality. I need to know who they are before I can help them get dressed and look their most gorgeous self. Often times I find they do not know who they are either. Spending a life being a sister, wife and mother can take the focus from who you are to who everyone thinks, wants and wishes you to be.

Here is where you need to take 20 minutes from your day, look in your wardrobe and see if what you see has a pattern. Does it look like you? There are six main personalities. They are Alluring, Creative, Classic, Dramatic, Elegant, Feminine, and Natural. Most women are primarily one of these personalities and float in and out of the other personalities. See which of these personalities suit you the best, what looks to strive for, and what to avoid.

Alluring – you love being a woman and being the focus of attention. Your clothing will be figure hugging and evocative. Forget looking at anything that is shapeless or dull in colouring. It will never see the light of day. Colour and cut are important to you.

Creative – whatever, whichever, however all works for you. You are not a traditionalist. As long as what you are wearing is quirky, you will be at peace. You can buy mainstream but you will need either to jazz it up with jewellery, accessories or change the buttons. Stop trying to fit in, you will only feel like a fish out of water.

Classic – Your look and your clothing will be timeless. You may feel like your look is boring and every now and then buy something that is fashion focussed and edgy. The result is you will not feel at home with this look. I recommend coming to terms with who you are and if you wish to splash out on something not so classic, save it for some fun accessories that don't cost a lot.

Dramatic – There is no stopping or hiding you. You love to be noticed and you love to make a statement. Don't apologise for your larger than life personality. Anytime you try to play it down you will feel like a phony. If you feel your personality is hindering you at work stay safe with your wardrobe and make a splash with your accessories. Pretty soon you will rise to the top and then you can be yourself.

Elegant – Quality not quantity is your motto. You are a woman who does not need an excuse to dress up. Dressing casually for you is dressed up for a couple of the other personalities. You speak softly and are grace personified. Do not let anyone talk you into anything flashy or loud. Subdued colour and softly tailored fabrics will make you feel your true self.

Feminine – Unlike your Alluring counterpart, you are a woman who loves ribbon and lace. Your outfits will fit without being too tight or showy. Often your hair will still be longer and you will take pride in

your appearance, you will love shoes and handbags. If you are a mother of young children who finds frocks and skirts not appropriate for running around after your babes, then look for tees and tops that allow your feminine side to shine through.

Natural – you are who you are. You don't want to fuss with make-up, ruffles can give you the shivers and don't even start you on the damage high heels can do. Your hair is shake and forget and if you apply lip gloss you have done your make-up. Look for clothing made of natural fibres, which is comfortable to wear and move in. Forget letting anyone talk you into the delicate shoes, pretty dress of glittery top for evening. They will stay in your cupboard and gather dust.

So as you can see from the above descriptions we are all very different. Compound this with the knowledge that we are also combinations of all of the above personalities and then we may have different personas for work and home.

Take the time to get to know you. You are truly special and you need to be true to who you are

Cheers - Clare

If you find that too hard, you might like to join in on the Finding Joy workshops I am running at Knapps Cafe in Mt Eliza starting Tuesday June 15th at 1.30pm. The workshops cover the seven steps that Joy takes the girls through in my latest book, Lattes, laughter and Lipstick.

For more information pop into Knapps to pick up a brochure or call me on 0414 339 113.



LORIKEET LODGE

...Quality care is Our Business



Our mission is to deliver the highest standard of care and services by providing a program of health that ensures optimal quality and enjoyment of life.

Everything you need located on site:

- Ageing in Place, Palliative care
- Extensive lifestyle program and activities,
- All meals prepared on site,
- Comfortable, spacious single rooms with ensuites
- Private lounges and dining areas,
- Hairdresser, Physiotherapy, Aromatherapy,
- Reflexology, Pharmacy Services, Library

VACANCIES CURRENTLY AVAILABLE

24-28 Moorooduc Hwy, Frankston Sth
Mel Ref. 106 G1 Phone 5971 3866
www.serenebrook.com.au

Touch™

24 12 6

THE WORLD'S SMALLEST
RECEIVER-IN-CANAL HEARING AID
A genuine breakthrough in design,
sound processing, reliability and style.

ion 200
ion 400

COSMETICS, COMFORT
& CLARITY

The small, powerful aid
with superior Open Ear
technology for incredibly
natural sound.

Velocity™

24 12 6

FOR EVERY LIFESTYLE
AND BUDGET

Designed to meet
individual lifestyle,
budget, and hearing
needs.

6

Natura 6™

5TH GENERATION
TECHNOLOGY – FREE* TO
PENSIONERS AND VETERANS

The latest digital hearing
technology with a range of
features.

Choose the perfect hearing aid to suit your lifestyle.

If you suspect your hearing isn't as good as it once was, now's the time to do something about it. At **HEARINGLife**, we're committed to helping you to address your hearing loss as easily as possible – by giving you the resources that empower you to make your own decision about a hearing solution.

This is why we offer a **FREE** Hearing Test and a **FREE** Home Trial of the latest digital hearing aids, so you can *hear for yourself* the difference a sophisticated and discreet hearing aid could make to your life.

Over the past few years there have been huge developments in hearing aids that are smaller and more effective than ever before, incorporating truly remarkable digital technology. Some models are virtually invisible – so *nobody but you* would ever know you're wearing them and they can be "your little secret".

The features within digital hearing aids are designed to reduce noise, increase wearing comfort and make conversations much easier for you to follow. The very latest automatic hearing aids even adjust to different

listening environments. You could be reading at home, then head off to a busy shopping centre, watch a movie and answer your phone during the course of a day, without having to think about, or adjust, your hearing aids.

Making the right choice

At **HEARINGLife** we offer you the widest range of options – some models are hidden in the ear canal, while others have a tiny tube that's virtually invisible. We give you the chance to take them home for a no obligation, **FREE** Home Trial, so you hear for yourself the difference they can make – particularly in noisy environments that might be proving difficult for you.

Your consultant will advise which models are best suited to your own individual situation and are available for you to take for a Home Trial.

HEARINGLife is accredited to provide subsidised hearing services to qualifying pensioners and veterans, so we can advise if you may be eligible for basic digital hearing aids, free of charge*.

Call us now on 5973 4422 to arrange your **FREE HEARING TEST** and **FREE HOME TRIAL**.

Or request your free copy of our informative brochure *Enjoy life to the full* plus a free pen, valued at \$25.

Shop 2/26 McLaren Place, MORNINGTON
Phone 5973 4422 www.hearinglife.com.au

ALSO VISITING: Sale.

HEARINGLife®

At St John of God Health Care we value...



Hospitality



Compassion



Respect



Justice



Excellence


ST JOHN OF GOD
 NEPEAN REHABILITATION HOSPITAL
www.sjog.org.au

GastroMedicine & ENDOSCOPY

DR Thuy Dinh, Gastroenterologist / Specialist Endoscopist

Keys to Inner Health

During recent years there have been emerging clinical entities to explain many abdominal complaints in otherwise healthy individuals. The incidence of hay fever, asthma, allergic rhinitis and eczema is on the rise. Similarly, for unexplained reasons, allergies and intolerance to very common everyday items, such as peanuts and some sugars (called Lactose and Fructose) have also become very distinct clinical problems.

For many years, doctors have labeled patients who have abdominal bloating, intermittent diarrhoea, abdominal cramps and excessive flatulence as having Irritable Bowel Syndrome. However, in recent medical literature, it is now clear that many of these patients are actually Lactose and Fructose intolerant; additionally, two other relatively common diagnoses of gluten-induced enteropathy (Coeliac Disease) and Small Bowel Bacterial Overgrowth need to be considered. Unfortunately, dietary changes and avoidance of gluten, fructose and lactose-containing products can become a financial burden. Many patients who self-diagnose can spend thousands of dollars even though they do not have the conditions.

Of equal importance to gastrointestinal health is the prevention of bowel cancer. Every year in Australia there are nearly 15,000 patients diagnosed with bowel cancer. The good news is that it can be easily prevented by removing the small pre-cancerous growths in the bowel during a procedure called colonoscopy. The Australian government have launched the National Bowel Cancer Screening program for people over the age of 50 (visit www.cancerscreening.gov.au). The international body of literature has now confirmed the benefits of routine bowel cancer protection endoscopy in patients without any bowel complaints. This is particularly so for family members of people who have been affected with the disease. Waiting for symptoms such as bleeding may be too late.

Bowel cancer prevention endoscopy by a Specialist Gastroenterologist can now be performed at The Bays Hospital, Mornington. Furthermore, simple and painless testing is now available on the Peninsula for Lactose/ Fructose intolerance, as well as Small Bowel Bacterial Overgrowth.



For more information please call 5973 4444.



PETITE BODY TATTOOING

Now you can have that beautiful little tattoo you always wanted!

OUR SERVICES ARE:

- Waxing (incl. Brazilian Waxing)
- St. Tropez Spray Tan
- Eyelash & Eyebrow Tinting
- Eyelash Extensions
- Body Piercing (incl. Dermal Anchors)
- Cosmetic Tattooing (Permanent Make-Up)
- Petite Body Tattooing

ALSO STOCKISTS OF:

St Tropez Tanning Products
Shop 3,
Rear 134 Main St,
Mornington

Ph: 5976 8322



Happy team at Nepean

St John of God Health Care has again been named an Employer of Choice for Women, for the eighth year in a row. The citation recognises the not-for-profit organisation's Flexible Work Options that provide equal opportunities for women in the workplace, and take into account their family needs and commitments outside of work. Over a 12 month period, 233 female caregivers in various positions across the group returned to part-time work after maternity leave. Nine others were recruited to senior management positions, and nearly 300 began or completed management development training.

St John of God Health Care was also one of the first in Australia to introduce a creative 'purchased parental leave' scheme, allowing caregivers to set aside part of their salary to buy extra parental leave – yet another initiative which is of particular benefit to female employees.

Claire Ferguson, Acting CEO/Director of Allied Health at St John of God Nepean Rehabilitation Hospital, the group's Frankston division, said this latest award "further strengthens our position as a principled and attractive employer whose female-friendly work environment encourages and supports women throughout their lives and careers."



Nurses enjoy the happy and supportive atmosphere at St John of God Nepean Rehabilitation Hospital

WEDDINGS *on the Peninsula*

Glassblowers Add Wedding Sparkle

Hand blown art glass may seem a little remote from the usual wedding planning list, but that is about to change if Grant and Eileen at Gordon Studio Glassblowers Red Hill have anything to do with it. Recently, a couple asked them if they would consider blowing a series of clear glass “pods” for the entry path to their reception. The experience was such a stunning success, the master glass blowers are offering similar opportunities to other couples. Tell them what is important to you and working collaboratively, they will create a special work for your wedding, perhaps a unique table centrepiece, a group of candle bowls or a sculpture.

The translucency of glass lends itself to reflection and the romantic play of light, whether during the day, or night and the colour and design possibilities

are endless. The Glassblowers welcome you to discuss your ideas with them without obligation, so that you might create your own unique piece – a work of art and value that will remain with you forever.

They also have a huge range of glass wedding gifts, which will enable you to set up a Wedding Registry of stunning glass pieces that you love, at a wide variety of prices. So if you haven't been to see Gordon Studio Glassblowers, it is definitely worth including in your wedding planning browsing.

Call Eileen, or Grant on 5989 7073. www.gordonstudio.com.au



Rare Artistic Talent

At Rose M Photography in Mornington clients often say they feel they have known Rose for years. She makes them feel relaxed and confident in front of the camera.

Rose's vibrant and easy going qualities make her a wonderful photographer.

Rose has been capturing stunning images for over a decade and has won 18 national level awards including the exclusive “Ian Hawthorn” award. Her work is regularly featured in Cosmopolitan Bride Magazine.

With four years of technical training, she possesses an artistic talent that is rare, and a personality that is warm and engaging.

1/10 Blamey Place Mornington Bookings P: 5976 3218
www.rosemphotography.com.au



ANNETTE SANFILIPPO
MILLINERY ART

*Headwear Couture
Accessories*

*Race Wear . Bridal
Special Occasion*

Studio - Tyabb Craft Village
shop 3, 14 Mornington - Tyabb Rd, Tyabb
ph. 0414 465 344
www.annettesanfilippo.com

Beautiful Art Glass for your Wedding

**GORDON STUDIO
GLASSBLOWERS
Red Hill**

*Enhance your special day with gorgeous glass.
Together we can create something wonderful.*

- Magical glass centre-pieces.
- Shimmering glass pods for the entrance.
- Ideal wedding gifts.
- Register special pieces from our gallery.
- Gift wrapping available.
- We pack and ship anywhere.



290 Red Hill Rd, Red Hill Ph. 5989 7073 www.gordonstudio.com.au

Best Western Brooklands of Mornington welcomes



Mornington

WEDDING & CONVENTION

Centre



Address: 99 - 101 Tanti Avenue, Mornington (Mel: 104 F, 11)

Phone: 03 5973 9200 **Fax:** 03 5975 9989

Accommodation: info@brooklandsofmornington.com.au

Functions: functions@brooklandsofmornington.com.au

Web: www.brooklandsofmornington.com.au



Congratulations to Liam and Naomi who tied the knot on the 1st of May 2010 at Stillwater at Crittendens.

Here comes the bride...

I know what you must be thinking: why is Lorna talking about weddings when we are heading into winter? But guess what, if you are getting married any time in 2010 you need to start now to get those locks ready for the big day! So, what bridal hair trends are we seeing now?

Hair is being worn out more often. Women want to look natural, fresh and glowing. It's a really youthful, carefree look. As a long-hair stylist, I am happy to say we are seeing a return to the classics. For those of you who prefer to wear your hair up, try a classic chic French roll, chignon, rucked out braids, a high bun or soft 1940's waves: even though the looks are structurally classic, they look amazing when the top layer of the style is slightly dishevelled. So NO crunchy, tricky hairstyles, and your look should be pinned in not sprayed in.

Here are my top 5 tips:

1. Consult with your stylist 6-12 months before the big day

I know this may sound a bit over the top, but if your hair grows an average of a quarter of an inch each month, it gives you and your stylist time to get your hair into the best possible shape, length and of course condition for the big day.

2. Think about what colour you would love your hair to be on the day. A good stylist will take into consideration your skin tone. Remember, you should look like a princess version of you, so it's probably not a good idea to completely change your look close to your wedding date. HOT TIP: Plan out your colour appointments for the months ahead. Following up every 4-6 weeks will keep your colour clean and avoid demarcation lines.

Always have a treatment on the day of your colour: in-salon treatments are nine times stronger than any you

can do at home and will put back what you take out from colouring.

3. Cut out pictures of hair styles that you love and start making your own scrapbook. Pictures are fantastic when you come in for your trial. You need to look like you are going on the date of your life, so choose ideas that both you and your fiancé will love!

4. That brings me to the burning question, "When do I have my hair trial?"

Ideally, your trial appointment should be 2-3 weeks before your wedding day. Bring with you your veil and any hair jewellery. I often get asked to do a trial on a day that the bride is going out (so her hair done for that evening), but this is not a good plan. Imagine when you do your hair at home and the first style doesn't work so you pull it out and start again. It can often get worse each time. A trial is a time for you and your hairdresser to have a play around with a few different looks. On the trial day, we are looking for a total concept rather than the perfect finish. And remember, we are working with hair and it never sits exactly the same twice.

5. On the big day, be ready on time for your stylist to arrive. There is nothing worse than a bridal party that is flustered because they are running late. Plan an area to work on your hair and makeup. (A bathroom is not a great choice; it can be cramped and become stuffy with hair product in the small space.) HOT TIP: Make sure you and your bridal party have all the right products to shampoo, condition and dry your hair. Preparation is soooooo important! Ask your stylist to write up a preparation plan and stick to it. Last of all, sit back, sip on a glass of chilled champers and enjoy every minute of your day.

Happy planning - Lorna xx

Zumay 5977 0711



MP
Mornington Peninsula
Weddings

For natural beauty, range of quality venues and depth of professional services, the Mornington Peninsula is the ultimate wedding location.

www.peninsulaweddings.com.au

Wedding Wear for Women and Men

Joie Bridal and Formalwear have branched out and since moving to their new bigger premises at 182 Main Street Mornington after almost 10 years in Mt Eliza. They not only stock magnificent bridal gowns, deb gowns, mother of the bride or groom outfits and flower girls dresses, but NOW also menswear.

At Joy there is a range of business and leisure suits either to buy or hire, and being a licensee for Ferrari Formalwear are able to offer

a wide selection of formal suits, shirts, ties, vests, shoes and accessories on the first floor.

All menswear is 10% discounted for brides who purchase their gown from Joie.

Pop in and meet Joy, Lesley, Heidi or Julie for friendly personal service that now accommodates the whole bridal party.



MORNINGTON COUNTRY COTTAGES

Bed & Breakfast

- New modern Bed and Breakfast Cottages set on a working Olive Grove.
- Beautiful views of Balcombe Valley through to Arthurs Seat.
- Friendly, helpful hosts and a calm, peaceful country outlook.
- BBQ facilities and Tennis Courts.



www.morningtoncottagecottages.com.au

0433 847 551 | 900 Mooroduc Hwy, Mornington
enquires: crea@bigpond.net.au | f. 5978 8650 | p. 59788 622

Weddings Made Easy

Whether you're looking for a cosy winter wedding by a cheery log fire, an intimate celebration in a garden or homestead, or an informal and joyful beach ceremony, the Mornington Peninsula has it all. From the simple to the elegantly grand, there's the perfect solution for every couple.

Here at **Mornington Peninsula Weddings**, we make wedding preparations easy, ensuring you're relaxed, organised and confident when the big day arrives.

Because we live here, we're in an ideal position to provide you with a list of relevant venues and service providers; simply browse

through our website and you'll find everything you need at the click of your mouse!

Through Mornington Peninsula Weddings, every detail and aspect of your wedding celebration can be sourced and provided locally ... from venue and bridal wear to flowers, limousines, invitations, photography, hair & beauty treatments and more, even delightful honeymoon accommodation for overnight or longer.

So sit back, relax and enjoy a wander through our website www.peninsulaweddings.com.au



It's Your Day

Civil marriage celebrant Alisa Melhuish moved to the Peninsula in 2000 with her husband to start their married life by the sea.

"My Peninsula adventure has taken me from the kitchen of Harry's in Mornington to Head chef and wedding coordinator at Solair, Manager at The Enchanted Maze, Mother of 2 beautiful kids and now to Marriage celebrant."

She says that meeting new people is the best part of her job.

"Everyone has their own story and a series of remarkable events that have led them to where they are, and ultimately to each other. While some see marriage as the start of the story, in my eyes your story has already begun; marriage is just a new chapter. My role as a marriage celebrant is to bring your stories together, narrate the chapter to your audience, and send you off to write your very own ending. (a fairytale one, of course!)"

She loves to laugh and have a chat. She will want to know all the details -- especially of the proposal, her favorite bit! "I want you to feel like you know me too. I am 32, honest, generous with my time and open-minded. I have a fresh approach to wedding ceremonies, so if you want your dog to be your bridesmaid I might giggle but I won't judge. It is, after all, your day!"

Call **Alisa Melhuish 0408 485 526**



The Wedding and Convention Centre

The Mornington Wedding and Convention Centre is located one block away from the shores of the Mornington beaches and in the grounds of Brooklands of Mornington. Stylishly renovated, the venue is a fine blend of old world charm and modern innovation. They offer unlimited potential for creating a special day that both you and your guests will treasure forever. Their professional and experienced team are dedicated to the finest attention to detail ensuring your day is the wedding you have always dreamt about. They have a fantastic range of cocktail and dinner menus to help make your day extra special and stress free, and can cater for 150 guests seated & 220 guests cocktail style.

They look forward to assisting with all your individual requirements. In order for the friendly function team to give you their undivided attention, please call and book an appointment with one of their wedding coordinators on (03) 5973 9200 or email us at functions@brooklandsofmornington.com.au

Contemporary Comfort with a country view.



Jann and Frank Crea are delighted to have opened their new bed and breakfast cottages and look forward to sharing them. The Mornington Country Cottages provides the ideal place for

bridal parties to prepare for the big event. With a quiet relaxed atmosphere this will be a great beginning to a beautiful day.

The two new modern 1 bedroom bed and breakfast cottages set on a working Olive Grove with views of Balcombe Valley through

to Arthurs Seat, enjoy a calm, peaceful country outlook. Mornington Country Cottages also offer a chauffeured service for drop offs and pick ups with two immaculate cars for you to arrive in style. Ask for further information when booking accommodation. These cars are also available for Bride and Groom transport.

Located 5 minutes drive from Mornington's trendy café's, shopping on Main street and clean picturesque beaches. The cottages are also a fantastic place to set up family and friends who need accommodation close by the event location.

Continental Breakfast Basket provided each day of your stay.

Joie
Bridal | Bridesmaid | Evening Formal wear | Mother of the Bride | Mens Formal

MENS FORMAL WEAR NOW AVAILABLE

www.joiebridal.com.au
182 Main Street, Mornington **5976 8819**

OPEN HOURS
Monday to Friday 10am - 5pm
Saturday 10am - 3pm

'Biggest Range in Victoria'

Crop nights and days, Classes for beginners to advanced. Friendly, expert service in scrapbooking, invitation making and card making.

OPEN SEVEN DAYS
Monday - Thursday 9am-5.30pm • Friday 9am-6pm
Saturday 10am-4pm • Sunday 11am-4pm

Paper²
papercrafts | scrapbooking
901 nepean highway
mornington victoria 3931
t: 03 5975 8550 f: 03 5975 9220

www.papersquared.com.au

Pole Divas

- Studio Functions
- We Come To You
- Hen's Tour Packages
- Afternoon & Evening packages

Fun & Sexy Hens Party Packages!

www.poledivas.com.au

7/4 Terca Tee Mornington 3931
03 5976 2978 mornington@poledivas.com.au

Weddings at Willow Creek Vineyard

Home to breathtaking views, spectacular wines and the award-winning Salix Restaurant & Bistro, Willow Creek Vineyard is the perfect spot for that memorable celebration.

This stunning Mornington Peninsula site offers a number of picture-perfect locations to make your day perfect, including their recently renovated homestead, McCormick House, its surrounding rose garden, the barrel hall and of course the renowned Salix Restaurant and Bistro.

Salix Restaurant & Bistro's award-winning executive chef and proprietor Bernard McCarthy has a wealth of experience in the restaurant and catering industry, having worked in some of Melbourne's finest venues throughout his career. Bernard and the dedicated events team will work closely with you to make sure your every need is met, from the initial planning stages through to the glorious day itself.

With a host of diverse locations, truly professional service and fresh innovative cuisine, Willow Creek vineyard is sure to make your special day a beautiful and relaxing occasion. For more information, please call 03 5989 7640 to discuss your event in more detail.

Romantic Celebrations

Create your own unique function with the versatility of Summerfields for a country weekend wedding.

Designed by the owners to reflect the grand tradition of summer homes in the north eastern US, each house has been beautifully furnished and decorated in a vintage chic style.

Both properties offer wonderful spaces for your wedding – in the first house a grand salon with double storey windows is a glorious indoor space for your ceremony should the weather be inclement or you just prefer to be indoors. Upstairs on the second level are five comfortable guest rooms, all with ensuite and very well appointed. Follow the spiral staircase to the third floor to discover a lovers retreat, a private bridal suite complete with bath in the bedroom and all other mod cons. Very romantic indeed! Should you choose to stay at the estate, a four course breakfast can be arranged for you and your guests the morning after your wedding, complete with a champagne toast to the new Mr & Mrs.

The second property houses the function room with views over the olive gardens – the french doors and ornate iron furniture create an airy, romantic

Raise a Glass to TOAST

Toast magazine is the local one-stop Mornington Peninsula wedding & celebration guide!

Here's cheers to their 4th annual edition of TOAST Mornington Peninsula magazine and website.

This year they're celebrating the diverse locations and seasonal delights our Peninsula has to offer, with special features on day spas, photography and wedding expos, plus as always they have lots of great ideas and insider tips on how to stage that perfect wedding. They also hope you enjoy the photography featured throughout, all by local photographers of real weddings just like yours.

They are proud to feature only Peninsula based businesses and are confident that you will benefit from both their expertise and experience when planning your big day. So relax – everything you need to create your perfect Peninsula wedding is here.

Happy planning everyone!

TOAST magazine is available free of charge at selected outlets around the Mornington Peninsula – visit their website at www.toastmorningtonpeninsula.com.au.



feel and the tables can be configured several ways to suit your needs, with both square and round settings available.

Snowy white linens are available for use and complement any colour scheme – all you need to do is add your own personal touch. The team of chefs have been with Summerfields since it opened seven years ago and pride themselves on preparing every aspect of your wedding food on site with the freshest of ingredients. The estate can cater for small or large weddings – simply ask them about the array of food and beverage packages available, including some containing excellent local wines. Outside the extensive grounds offer several different aspects for photography. The long grasses, haybales and gum trees are uniquely Australian, as is the selection of wildlife, with geese, galahs, lorikeets and woodducks all making an appearance on the rolling green lawns. The terraced rose garden leading down to the lake is a lovely location for an outdoor ceremony, while the many verandahs, balconies and formal garden spaces are all picture perfect. Another advantage of the property is that it is green all year round, thanks to bore water and the evergreen eucalypts, so autumn and winter brides still have plenty of scope for beautiful photographs. You can also take advantage of lower rates over winter than in the spring and summer season – depending on your requirements of course.

Whether you want a weekend long celebration, or simply a glorious day in the countryside, Summerfields Estate offers everything you need under one roof.

Summerfield Country House- Ph 5983 6700
www.summerfields.com.au

TOAST
bridal & wedding magazine
mornington peninsula

your ultimate local wedding & celebration guide

WE
D
E

FREE COPY

Raise a glass to TOAST, your one-stop Mornington Peninsula wedding & celebration guide!

Your ultimate wedding and celebration guide. Whether local or visiting, TOAST has everything you need to plan the ultimate event on the fabulous Mornington Peninsula; from birthdays and bucks days to lavish weddings, it's all covered. We've done all the hard work - all you need to do is choose. Pick up your **free** copy at selected outlets, or visit our website at:

www.toastmorningtonpeninsula.com.au

EDITION 4 OUT JUNE : NEW WEBSITE ONLINE

ALISA MELHUISSH
ENTERPRISES

Civil Marriage Celebrant

Alisa Melhuish
0408 485 526
alisa@peninsulacebrant.com.au

www.peninsulacebrant.com.au

Your Special Day Deserves a Special Place

Summerfields Estate
Weddings Functions Accommodation

On the Beautiful Mornington Peninsula

Summerfields
country house

Weddings ■ Functions ■ Accommodation ■ Olive Groves

17 Hunts Road, Bittern on the beautiful Mornington Peninsula Victoria
T: 03 5983 6700 E: info@summerfields.com.au www.summerfields.com.au



Celebrations at Lindenderry

Lindenderry at Red Hill offers couples and their guests the ideal wedding venue; the 30 acres of manicured gardens and vineyard creates a stunning backdrop for any ceremony, inside you will find quiet sophistication and elegance, featuring neutral colours, fine art, relaxing lounges and an open fireplace, you and your guests are sure to feel welcome.

While executive chef Bob Coley creates distinctive menus, working alongside Wedding Coordinator, Donna Bennett and the Lindenderry guest service team, they combine remarkable regional food and wine with friendly, professional service to ensure each wedding is as individual as it is successful.

Lindenderry at Red Hill not only provides the ultimate setting for your wedding ceremony and reception, it also allows your friends and family to enjoy a relaxing, indulgent weekend away. With 40 luxury guest rooms & onsite Endota Day Spa, your guests are sure to make the most of the celebrations.

Lindenderry welcome site inspections by appointment, call Donna on 5989 2933

Weddings at Stillwater- Unique, Stylish, Contemporary

Set overlooking the magnificent lake at Crittenden estate, and surrounded by 25-year-old vines and beautiful gardens, Stillwater is the ideal venue for one of the most important days of your lives.

The multi award-winning restaurant offers brides and grooms exceptional quality food and a variety of menus to choose from, as well as an extensive selection of wines and beverages. In fact, the cornerstone of the philosophy at Stillwater lies in our commitment to sourcing and using only top quality ingredients and the freshest of produce and the food we prepare for our weddings and events is treated with the same love and attention as the food we prepare for our dining room – that is, you get a real restaurant quality feel to your wedding. If good food is important to you for your special day, then Stillwater can certainly accommodate.

Whether it be a grand sit down affair, an elegant cocktail style or even a gourmet BBQ, Stillwater can cater to your individual needs with experienced advice ensuring your event is memorable and a complete success.

Imagine your perfect evening with champagne and canapés beside the lake for sunset and photos, before hosting a true feast of the senses in the restaurant for your guests.

Our guests love the fact that Stillwater offers the whole package, you don't have to travel across the peninsula from ceremony, to reception, to accommodation.

As soon as the bride and groom are married our staff are standing by with drinks and canapés, meaning no one has to wait. The transition from ceremony to reception is seamless with guests constantly delighted that they are being looked after from the very beginning.

Wet weather plans are taken care of with our large cellar door, with wood fire and large bar areas, perfect for a ceremony and pre dinner drinks should the weather turn.

Winter weddings are also very popular at Stillwater, think candles, slow cooked foods, rich reds and of course, the vineyard in winter is suburb and perfect for unique wedding pictures.

The 4 ½ star lakeside villas are a wonderful addition to the estate. Our guests can now stay overnight and take in all that the venue has to offer. Perched right over the lake and with kind sized bedroom, double spa, deck with BBQ, full kitchen and laundry, you wont wan to leave.

A gourmet country breakfast and bottle of sparkling wine is included in your tariff.

Don't just take our word for it; here is what our brides have to say about there weddings at Stillwater:

"Everything was perfect. The room, the food and the service were fantastic. Everybody absolutely love it"
Sarah and Mikko, March 2010

" Thank you for the wonderful food, wine, service and stress free style that you provided us with for our wedding day. The food was superb! The staff were so helpful and nothing was a problem for them. Thank you, thank you, thank you!"
Rachael and Terry Swanton, March 2010

"A huge thank you to you and your staff...the food was outstanding!!! All our family and friends are raving about it! The service was perfect, everyone was so accommodating and friendly, what a lovely team you have to work with. We will be recommending Stillwater to anyone looking for a wedding venue, dinner or accommodation because all of it was sensational!!!"
Kim Degan Feb 2010

Log onto our webpage to download the full wedding package and feel free to pop in any time for a coffee and chat- we would be happy to show you through our beautiful venue and assist you in planning your special day.



papercache

papers for business & pleasure



Exceptionally beautiful invitations designed with your day in mind...

With a reputation for excellence in invitation design and production spanning over 12 years, PaperCache is the place for invitations.....

our ideas are endless
our service exceptional

566 main street mordialloc open 7 days
425 bay street brighton open 6 days

ph. 9587 8899
ph. 9596 2882

STUDIOMAX
PHOTOGRAPHY

NOW INCLUDING
all your
HIGH RESOLUTION
professionally retouched
and **ENHANCED**
DIGITAL FILES

other bonuses include...
engagement portrait session
professional hair & makeup
for your engagement portrait
personalised web page
multimedia dvd
designer thank you cards

STRICTLY VALID for the
first 20 weddings booked
so ring now...

1300 100 MAX

studiomax.com.au

ringwood studio 1/37 seymour st. p. 9870 8444
mornington studio 208a main st. p. 5975 4422
templestowe studio 27e anderson st. p. 9846 7444

Ringwood, Mornington & Templestowe

Your perfect day is here.

Stillwater at Crittenden
on the beautiful Mornington Peninsula
restaurant • vineyard • special events



Stylish. Contemporary. Intimate. Secluded.

Everything you could possibly dream for your perfect wedding ceremony and reception. Wow your guests with drinks and canapés by the lake at sunset, before hosting a true feast of the senses in our beautiful restaurant for up to 130 guests.

Our event packages are tailor made to suit any budget. From an elegant sit down affair to feasting on your feet or a gourmet BBQ, the choice is yours.

For a reception your guests will never forget and a venue that will indulge your senses; Stillwater at Crittenden is your dream wedding venue.

stillwater
AT CRITTENDEN

ph: (03) 5981 9555 fx: (03) 5981 9588

www.stillwateratcrittenden.com.au

Stillwater at Crittenden located at 25 Harrison's Road
Dromana, Victoria 3936.

Harvey Norman[®]

Adjustable Beds



\$2499

'MK6 Fremantle' King Single Adjustable Ensemble.

Ideal if you have breathing, heart, back or leg problems, poor circulation or painful arthritis. Features electric head and foot lift with quiet operation, European stretch knit cover and deluxe innerspring mattress. Also available with optional massage action to help improve circulation. 5 year guarantee.

\$6499

Silentnight 'Royal Luxury Buckingham' King Mattress.

The ultimate in sleeping comfort. Hand crafted utilising luxurious comfort layers of cashmere and Performa foam plus a unique 'Pocket Spring on Pocket Spring' design. Minimises partner disturbance. 10 year guarantee.



Silentnight
BY BEARD SINCE 1899



Harvey Norman
THE BEDDING SPECIALIST

www.harveynorman.com.au

Product offers end 27/06/10.

Harvey Norman stores are operated by independent franchisees.

Accessories shown are not included.

**FRANKSTON
POWER CENTRE**
87 Cranbourne Rd 8796 0600

185291_FRA